

January 21st, 2025

To: Fourth Grade Parents

RE: Human Growth and Development Lessons

Dear Fourth Grade Families,

As part of the Webster Groves School District health curriculum, physical education/health teachers will share Human Growth and Development information with students.

Our primary goal is to provide accurate information to ensure our students are physically and emotionally safe. The classes will cover the developmental changes occurring during puberty (emotional and physical changes), female puberty changes, and male puberty changes.

During our Human Growth and Development unit, students will watch the Always Changing and Growing Up-Co-Ed Puberty Education Video in the co-ed classroom setting. Students will have an opportunity to write down questions they have during the lesson privately, and those questions will be answered anonymously later.

Families do have the option to opt-out of these lessons. Please contact your child's school for an opt-out form if desired. All opt-out requests need to be turned into your child's school before February 3. Lessons will take place between February 3 and March 21.

If you have any questions or concerns, please feel free to contact us.

Thank you for your support and cooperation,

Webster Groves School District

P.E. & Health Instructors