

CURL

- Player starts by running forward and then curling back to the ball.
- QB (thrower) throws the ball once the player curls back in.

Quarterback



Player running
route



FLY

- Player starts by running forward.
- QB (thrower) throws the ball once the player starts to run out forward, like a lead pass.
- Make sure player running turns to look for the ball before throwing.

Quarterback



Player running
route

POST

- Player starts by running forward and cutting in on a slanted line towards the center of field
- QB (thrower) throws the ball once the player cuts in.

Quarterback



Player running
route

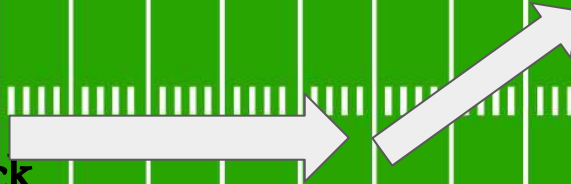
FLAG

- Player starts by running forward and cutting in on a slanted line towards the sideline of field.
- QB (thrower) throws the ball once the player cuts in.

Quarterback



Player running
route



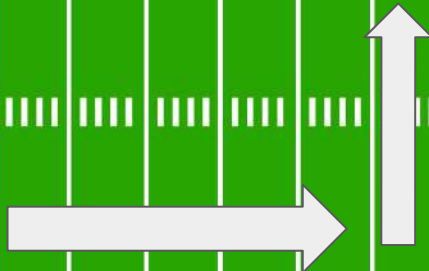
DOWN AND OUT

- Player starts by running forward and cutting in on a straight line towards the sideline of field.
- QB (thrower) throws the ball once the player cuts out.

Quarterback



Player running
route



DOWN AND IN

- Player starts by running forward and cutting in on a straight line towards the center of field.
- QB (thrower) throws the ball once the player cuts in.



Quarterback



Player running
route