Flashlight Foot Tag

People needed: minimum of 2 (**there are two options for a way to play; please read both and pick one**)

Option 1: play with someone who lives in your house
Equipment needed: 1 Flashlight

How to play:
1. Decide who will be the tagger first and who will be the runner (dodging)
2. Whoever will be the tagger first will need the flashlight first
3. Designate a place, for the person, with the flashlight, to stand (person must stay in that spot while they are the tagger). Only the dodger can move around.
4. On the signal (someone yells go, someone whistles, etc…), the tagger tries to make the flashlight light touch their opponent's foot, while the other person tries to dodge the light (jumping, running, pivoting, etc…), of the flashlight.
5. When the person dodging gets tagged, that person becomes the tagger (gets the flashlight), and the person who was tagging becomes the dodger now.

Option 2: with a neighbor friend, if you choose this option, follow the following steps, in order, to remain at a safe distance, from each other
   1. Plan a time to play with someone who lives close to you (beside you, across the street: directly across or diagonally across)
   2. At the time you have chosen to play, go out your front door.
   3. Each player walk to the middle, of **YOUR** own, front yard. (you should be in your yard and the other player should be in their yard). **YOU STAY IN YOUR OWN YARD TO PLAY!**
   4. Decide who will be the tagger first.

Note: look at the word document for pictures of how/where you and your friend might stand
Equipment needed: 2 Flashlights (one for each person)

Playing Cooperative
Games WHILE social

How to play:
1. Decide who will be the tagger first and who will be the runner (dodging)
2. Whoever will be the tagger first will need their flashlight.
3. Designate a place, for the person, with the flashlight, to stand (person must stay in that spot while they are the tagger). Only the dodger can move around.
4. Both players stand in their own front yard. On the signal (someone yells go, someone whistles, etc…), the tagger tries to make the flashlight light touch their opponent's foot while the other person tries to dodge the light (jumping, running, pivoting, etc…), of the flashlight.
5. When the person dodging gets tagged, that person becomes the tagger (gets their flashlight), and the person who was tagging becomes the dodger now.

Game too easy? Need a challenge?
   • If the game is too easy, for the tagger, (the dodger has a difficult time dodging), make it harder by requiring the tagger to hold the flashlight with their feet! (the tagger sits on the ground, lays back onto their elbows, picks legs up in the air, puts flashlight between their feet- uses feet to hold the flashlight instead of their hands).