

Flash ball

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Equipment:

2-4 players

3x18 courts

Wal-Mart Giant Play Ball



- Line is in
- Ball must bounce on opposite teams side
- Ball must be caught before thrown
- Ball is thrown where it is caught (one step may be taken to ensure proper throwing technique)
- A player can tip the ball into the air but the ball must be caught before the ball hits the ground. Tip ups are used to when the ball cannot be caught clean.
- If the receiving player misses the ball that player is out and the remaining player gets to serve. Serve must be fair and relatively easy to receive. Players rotate quickly so that the pace of the game stays high.
- Players may not throw within their rectangle.

