

WGSD
Alternative Method of Instruction
(AMI)

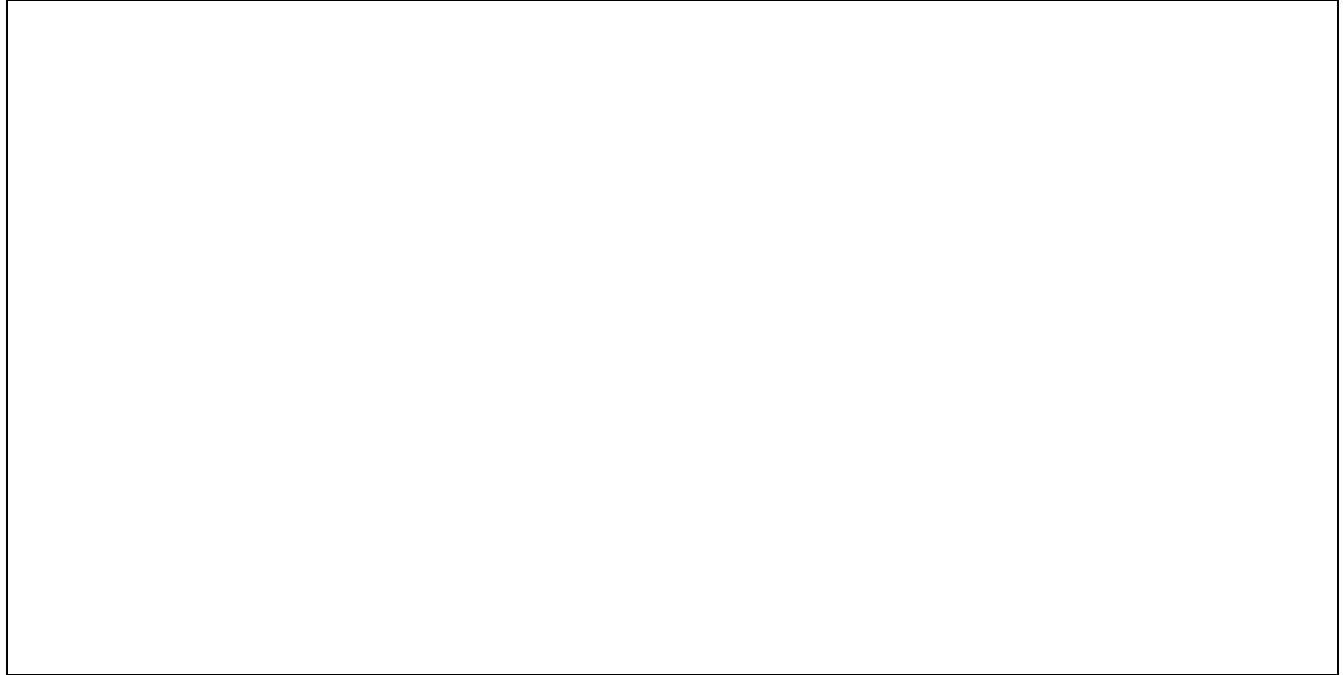
First Grade

Day #3

Student Name: _____

Gus the Pup

Illustrate the story here:



Gus the pup was in the mud. He dug in the mud and got a bug. Gus ran to the rug with his bug. Mom sees Gus on the rug. “No Gus! No bugs on the rug!” Mom jumps up to stop Gus, but he is fast.

Gus runs to the mud. Mom grabs Gus and dumps him in the tub. Mom scrubs Gus. Gus looks glum. Mom pets Gus. Gus is not glum.

UFLI Home Practice

Our end of the week phonics assessment will include each of these skills, please have students reading these words each day.

Read and Write: Reading and writing words with the the short u sounds.

Read

Write with help

Write on your own

spun

spun

plum

plum

dust

dust

rugs

rugs

bump

bump

Review Irregular Words: Read & Write irregular word. Grown ups, read the word to your student, have them write the words on a separate piece of paper.

The spelling of these words will be assessed.

look
♥

book
♥

are
♥

was
♥

UFLI Home Practice

Listen and build: Using letter tiles, writing paper, or online word mat, build the following words. Grown ups read the words to your student and have them write or build the word, changing the sounds as you read.

glum → plum → plug → slug

rust → must → dust → gust

Sentences:

Read the sentences below, rewrite them with your best handwriting. Circle words with short vowel u and underline irregular words.

1. The cubs are fast.

2. I was not in a club.

Objective:

By the end of this lesson, students will be able to describe the roles and responsibilities of key people in government, such as a judge, mayor, police officer, and city council member, in their community.

Materials Needed:

- Pictures of a judge, mayor, police officer, and city council member
 - Paper and crayons/markers
 - Printable worksheet with pictures of the roles (optional)
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1. Introduction: What is Government? (5 minutes)

Start by explaining that government is the group of people who help make rules, keep us safe, and make sure everything in the community works well. In every community, there are different people who have special jobs to help the government. Let's learn about some of them!

2. The Judge (5 minutes)

"A judge is a person who makes decisions in court. If two people disagree about something, the judge listens to both sides and helps decide what is fair. The judge helps make sure people follow the law."

"What do you think the judge does to make sure things are fair?"

3. The Mayor (5 minutes)



"The mayor is the leader of the city or town. The mayor helps make big decisions for the community, like where to build parks or how to make the city safer. The mayor works with other leaders to help everyone in the community."

"What do you think the mayor can do to help make the city better?"

4. The Police Officer (5 minutes)



"A police officer helps keep the community safe. They make sure people follow the law, help people when they are in trouble, and keep the streets safe for everyone."

"What do you think a police officer does to help people?"

5. The City Council Member (5 minutes)



"A city council member is part of a group of people who help make decisions about the city. They listen to what people in the community need and help make rules that are good for everyone. They help decide things like new parks, schools, or how to fix roads."

"What do you think a city council member helps decide for the community?"

7. Wrap-Up (5 minutes)

Review the roles briefly:

- "A judge makes fair decisions in court."
- "A mayor helps lead the city and make important decisions."
- "A police officer helps keep us safe."
- "A city council member helps make rules for the city."

Draw a picture and answer the following question:

- "Who would you like to be when you grow up? Why?"

Grade 1 - Day 3

Art

Shape animals or objects using playdough or clay.

Create a textured sculpture by pressing objects (e.g., buttons or leaves) into clay.

Roll and twist clay to make a simple pattern or design.

Music

Clap your hands or tap a table to the rhythm of your name. Now, can you make a song using your name and some sounds you like?

Name _____

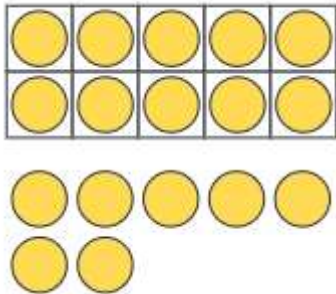
1. What number is before 10?

2.

$$0 + 5 =$$

3. How many sides does a triangle have?

4. How many counters are there?

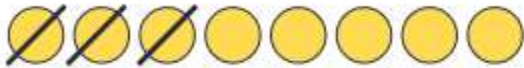


5.

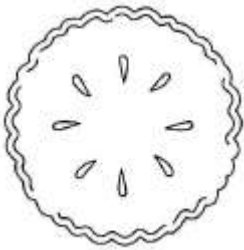
$$10 + 6 =$$

6. Clare has 7 flowers. Noah gives Clare 1 more flower. How many flowers does Clare have now?

7. Write an expression for the picture.



8. Draw a line to show how you and 1 friend can equally share the pie.



9. True or False?

$$4 + 3 = 6 + 1$$

10. Tia counted 10 leaves on a plant. Some fell off. There were 7 leaves left on the plant. How many leaves fell off the plant?

Indoor Physical Activity Checklist for Kindergarteners and First Graders

Choose 3 of the activities listed below. Once completed, check the items off of the list.

- **Jumping Jacks** – Count and do 10-20 jumping jacks.
- **Animal Walks** – Pretend to be different animals (bear crawl, crab walk, frog jumps).
- **Ball Toss** – Throw a small ball (or rolled-up sock) into a basket or bucket.
- **Balance Beam** – Use a piece of tape or a scarf on the floor and walk along it like a balance beam.
- **Yoga Poses** – Practice simple poses like tree pose, downward dog, and cat-cow.
- **Simon Says with Movement** – Play a game of Simon Says focusing on physical movements.
- **Dance Party** – Put on favorite songs and dance freely for 5-10 minutes.
- **Obstacle Course** – Set up pillows, chairs, or other household items to climb over, crawl under, or weave through.
- **Balloon Volleyball** – Keep a balloon from touching the ground using hands or a soft paddle.
- **Follow the Leader** – Lead themselves or siblings in different movements (marching, hopping, skipping).
- **Hopscotch** – Create a hopscotch grid on the floor with tape and practice hopping.
- **Beanbag Toss** – Toss a beanbag (or rolled-up sock) onto marked spots on the floor.
- **Jump Over Lines** – Lay string or tape on the floor and practice jumping over it.
- **Marching Band** – March around the house to a rhythm, using pots and pans or toy instruments.
- **Wall Push-Ups** – Stand a short distance from a wall and practice pushing against it.
- **Freeze Dance** – Dance when the music plays and freeze when it stops.
- **Sock Skating** – "Skate" on smooth floors with socks on.
- **Shape Stretching** – Stretch their body into different shapes (circle, triangle, star).
- **Stepping Stones Game** – Use paper or cloth to create "stones" to step on and avoid touching the "lava."
- **Pretend Trampoline** – Pretend the floor is a trampoline and jump up and down gently.
- **Chair Yoga** – Sit on a chair and do stretches like reaching arms up high, twisting, and touching toes.
- **Scarf Toss** – Toss scarves or lightweight cloths into the air and try to catch them.
- **Shadow Tag** – Try to "catch" their own shadow on the wall by moving quickly.
- **Toy Parade** – Push or pull toy vehicles, dolls, or stuffed animals in a "parade" around the room.
- **Rolling Race** – Lie on the floor and roll from one side of the room to the other.