

**WGSD**  
**Alternative Method of Instruction**  
**(AMI)**

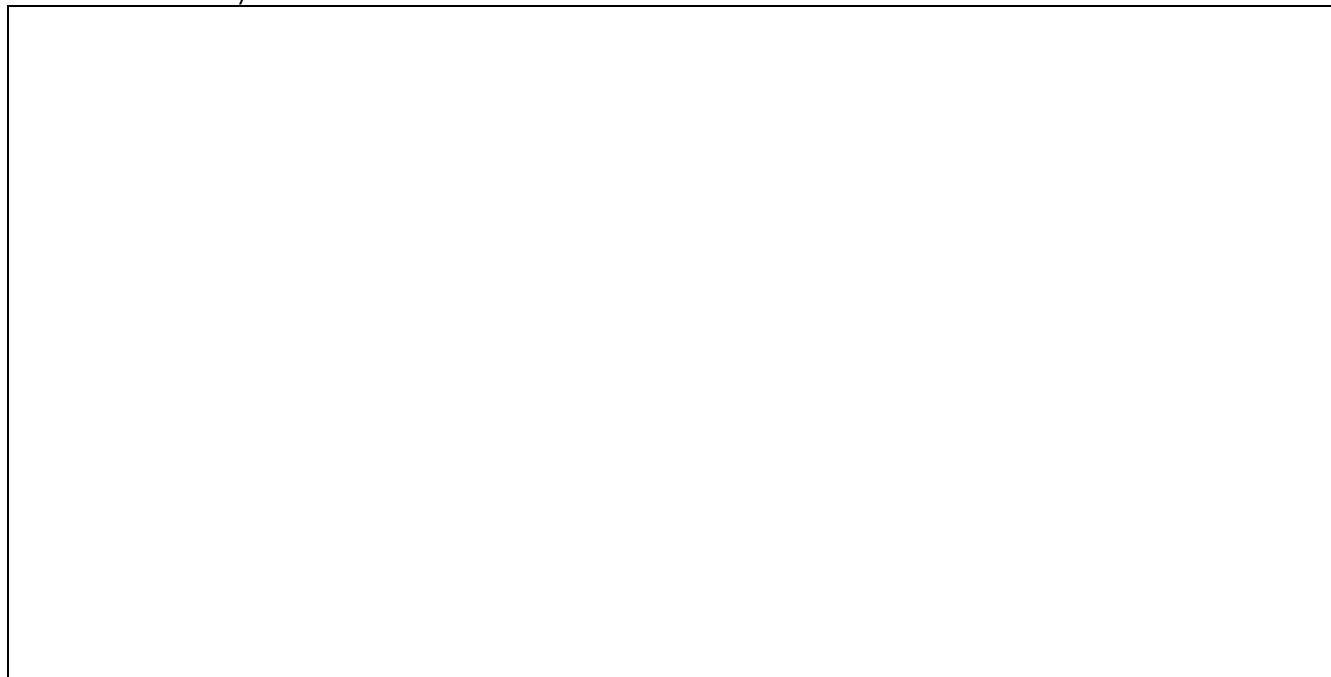
*First Grade*

**Day #2**

Student Name: \_\_\_\_\_

## Brad Quits

Illustrate the story here:



Fran and Brad are in a band. "I quit," said Brad. Brad grabs his bag. He slams it into the van. Fran can see Brad is mad.

Fran and Brad get in the van. "You are mad," said Fran. Brad hits his bag. "Yes! I am mad," said Brad.

Fran grabs his hand. "Let's rest a bit." Brad grins. "Yes. Let's rest." Brad and Fran rest a bit. "I am not mad," said Brad, "I do not quit." "I am glad," said Fran.

# UFLI Home Practice

Our end of the week phonics assessment will include each of these skills, please have students reading these words each day.

Read and Write: Reading and writing words with the the short a, l, o sounds.

Read

Write with help

Write on your own

flag

flag

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

mask

mask

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

slip

slip

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

hint

hint

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

plot

plot

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Review Irregular Words: Read & Write irregular word. Grown ups, read the word to your student, have them write the words on a separate piece of paper.

The spelling of these words will be assessed.

the

l

a

said

to

of

he

be

me

from

do

see

# UFLI Home Practice

Listen and build: Using letter tiles, writing paper, or online word mat, build the following words. Grown ups read the words to your student and have them write or build the word, changing the sounds as you read.

pond → bond → band → land

flap → slap → slip → slit

## Sentences:

Read the sentences below, rewrite them with your best handwriting. Circle words with short vowel a, i, and o and underline irregular words.

1. It is not the last stop.

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2. The kids got to camp.

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**Objective:**

By the end of this lesson, students will be able to recognize and explain the significance of the Statue of Liberty, the U.S. Capitol, the Bald Eagle, and the Liberty Bell as important symbols of the United States.

**Materials Needed:**

- Pictures of the Statue of Liberty, U.S. Capitol, Bald Eagle, and Liberty Bell
  - Paper and crayons/markers
  - Printable worksheet with images of each symbol (optional)
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**1. Introduction: What Are Symbols? (5 minutes)**

Start by explaining that symbols are pictures or objects that represent something important. For example, a heart represents love, and a flag represents a country. In this lesson, we will learn about four important symbols of the United States.

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**2. The Statue of Liberty (5 minutes)**



"The Statue of Liberty stands in New York Harbor. It is a symbol of freedom and welcomes people who come to the United States. The statue holds a torch, showing the light of freedom and hope."

- "What do you think the torch means?"

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### 3. The U.S. Capitol (5 minutes)



"The U.S. Capitol is a big building where the leaders of our country meet to make laws. It is a symbol of the government and the rules that help our country run."

- "Why do you think the Capitol is an important building?"

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#### 4. The Bald Eagle (5 minutes)



"The Bald Eagle is the national bird of the United States. It stands for strength and freedom. The eagle flies high in the sky and is strong, just like the United States."

- "What do you think the eagle represents?"

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## 5. The Liberty Bell (5 minutes)



"The Liberty Bell is in Philadelphia, and it is a symbol of freedom and independence. A long time ago, it rang to tell people that the United States was starting a new country, free from British rule."

"What do you think the Liberty Bell means to people?"

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## 6. Activity: Drawing the Symbols (10 minutes)

Activity Name: "Draw Your Favorite American Symbol"



Choose one of the four symbols (Statue of Liberty, U.S. Capitol, Bald Eagle, or Liberty Bell) and draw a picture of it. They can color their drawing and explain why they chose that symbol.

Encourage them to share their drawing with a parent or caregiver, explaining what the symbol represents.

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## Grade 1 - Day 2

### Art

Use pipe cleaners or beads to make a bracelet or necklace.

Decorate a paper bag to make a puppet.

Build a house or structure using craft sticks and glue.

### Music

Find three things in your house that make different sounds? Tap, shake, or blow on them to discover their sound.

Name \_\_\_\_\_

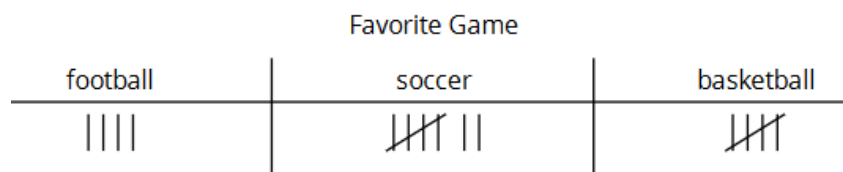
1. Write the number that comes after 5.

2.

$$4 + 1 =$$

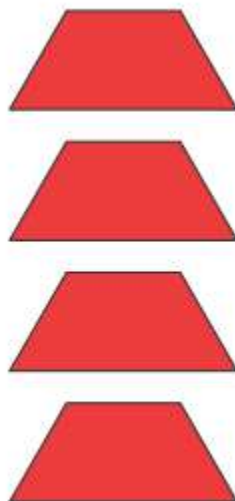
3. Draw a square.

4.

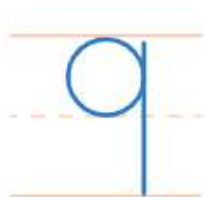
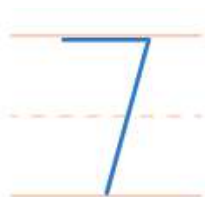


How many students chose soccer as their favorite game?

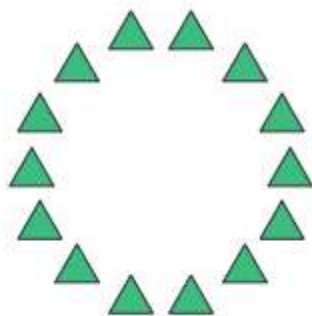
5. Circle the group that has more things.



6. Circle the number that is less.



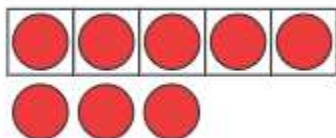
7. How many triangles are there?



8.

$$3 + 10 =$$

9. Write an expression for the picture.



10. Claire ate 1 banana for breakfast. She ate 7 grapes for a snack. How many pieces of fruit did she eat in all?

Claire ate \_\_\_\_\_ pieces of fruit in all.

## Indoor Physical Activity Checklist for Kindergarteners and First Graders

Choose 3 of the activities listed below. Once completed, check the items off of the list.

- **Jumping Jacks** – Count and do 10-20 jumping jacks.
- **Animal Walks** – Pretend to be different animals (bear crawl, crab walk, frog jumps).
- **Ball Toss** – Throw a small ball (or rolled-up sock) into a basket or bucket.
- **Balance Beam** – Use a piece of tape or a scarf on the floor and walk along it like a balance beam.
- **Yoga Poses** – Practice simple poses like tree pose, downward dog, and cat-cow.
- **Simon Says with Movement** – Play a game of Simon Says focusing on physical movements.
- **Dance Party** – Put on favorite songs and dance freely for 5-10 minutes.
- **Obstacle Course** – Set up pillows, chairs, or other household items to climb over, crawl under, or weave through.
- **Balloon Volleyball** – Keep a balloon from touching the ground using hands or a soft paddle.
- **Follow the Leader** – Lead themselves or siblings in different movements (marching, hopping, skipping).
- **Hopscotch** – Create a hopscotch grid on the floor with tape and practice hopping.
- **Beanbag Toss** – Toss a beanbag (or rolled-up sock) onto marked spots on the floor.
- **Jump Over Lines** – Lay string or tape on the floor and practice jumping over it.
- **Marching Band** – March around the house to a rhythm, using pots and pans or toy instruments.
- **Wall Push-Ups** – Stand a short distance from a wall and practice pushing against it.
- **Freeze Dance** – Dance when the music plays and freeze when it stops.
- **Sock Skating** – "Skate" on smooth floors with socks on.
- **Shape Stretching** – Stretch their body into different shapes (circle, triangle, star).
- **Stepping Stones Game** – Use paper or cloth to create "stones" to step on and avoid touching the "lava."
- **Pretend Trampoline** – Pretend the floor is a trampoline and jump up and down gently.
- **Chair Yoga** – Sit on a chair and do stretches like reaching arms up high, twisting, and touching toes.
- **Scarf Toss** – Toss scarves or lightweight cloths into the air and try to catch them.
- **Shadow Tag** – Try to "catch" their own shadow on the wall by moving quickly.
- **Toy Parade** – Push or pull toy vehicles, dolls, or stuffed animals in a "parade" around the room.
- **Rolling Race** – Lie on the floor and roll from one side of the room to the other.