

***CAN YOU  
FIND THE TURKEY?!***



# DIRECTIONS

- You will be shown 3 platters



- Your goal is to guess which platter you think the turkey is under



- You will perform the exercise above the platter you guess for 30 seconds
- If you guess correctly and want to keep score, you can earn 1 point for each correct guess



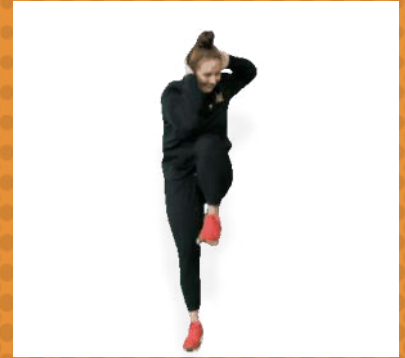
# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Backstroke



Sit-ups



Elbow to Knee



# REST & ADD YOUR SCORE!



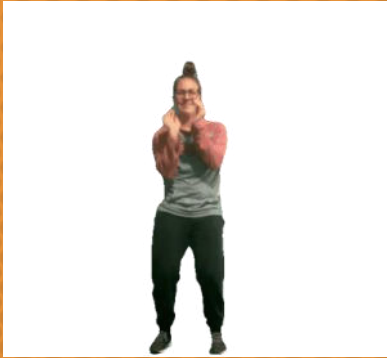
**0**  
**Points**

**0**  
**Points**

**1**  
**Point**



# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Basketball Shots



Punches



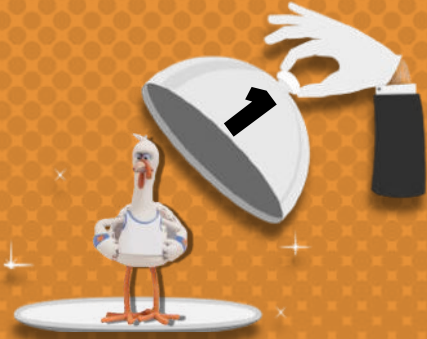
Toe Touches



# REST & ADD YOUR SCORE!



**1**  
**Point**



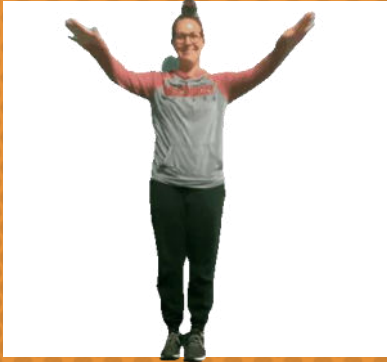
**0**  
**Points**



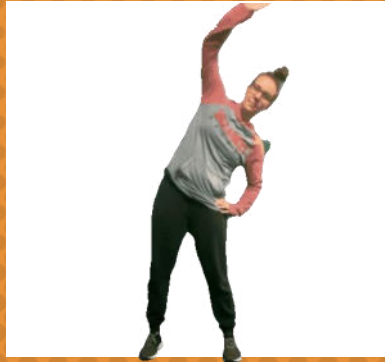
**0**  
**Points**



# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Arm Circles



Side Bends



Running Arms





# REST & ADD YOUR SCORE!



**0**  
**Points**

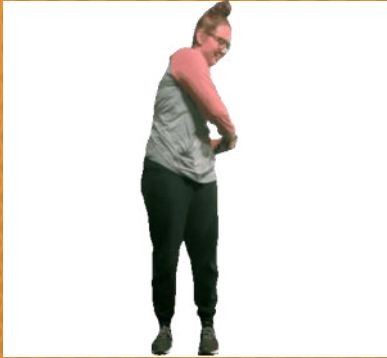
**1**  
**Point**

**0**  
**Points**





# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Side Twists



Uppercut Punches



Jumping Jacks



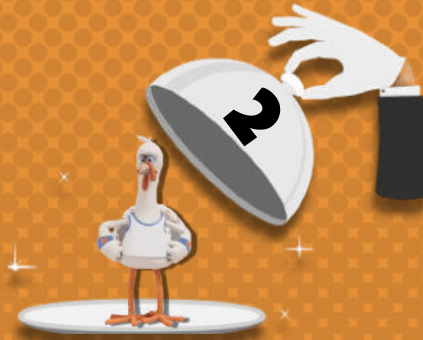
# REST & ADD YOUR SCORE!



**0**  
**Points**

**1**  
**Point**

**0**  
**Points**



# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Cross Jacks



Front Arm Raises



Hook Punches



# REST & ADD YOUR SCORE!



**0**  
**Points**

**0**  
**Points**

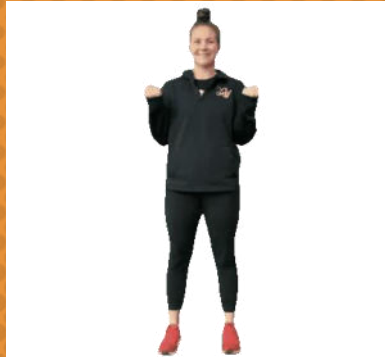
**1**  
**Point**



# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Push-ups



Bicep Curls



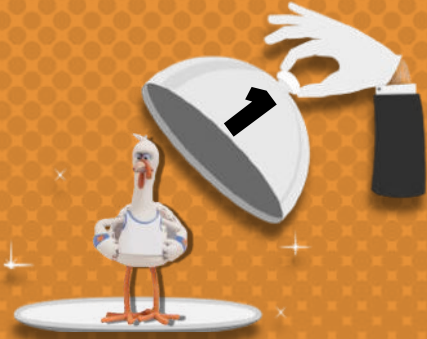
Side Arm Raises



# REST & ADD YOUR SCORE!



**1**  
**Point**



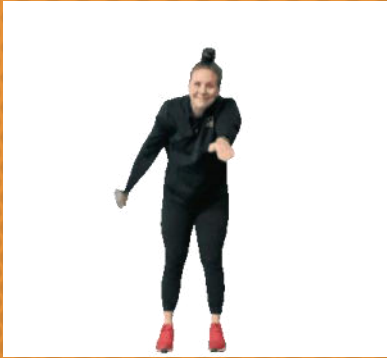
**0**  
**Points**



**0**  
**Points**



# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Front Stroke



Chest Openers



Shoulder Rolls

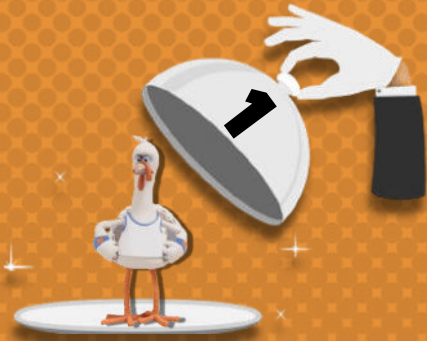




# REST & ADD YOUR SCORE!



**1**  
**Point**



**0**  
**Points**



**0**  
**Points**



# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Sit-ups



Jumping Jacks



Hook Punches



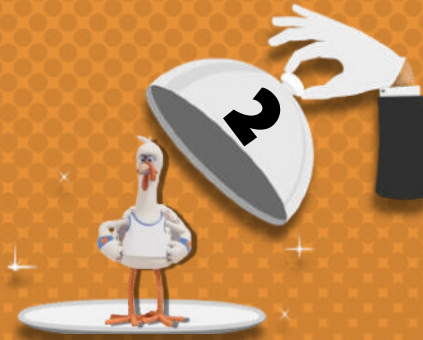
# REST & ADD YOUR SCORE!



**0**  
**Points**

**1**  
**Point**

**0**  
**Points**



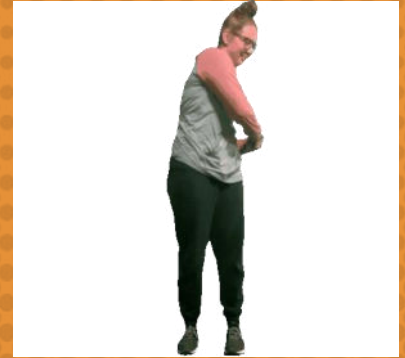
# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Push-ups



Arm Circles



Side Twists



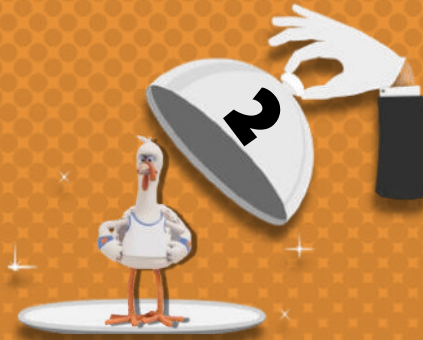
# REST & ADD YOUR SCORE!



**0**  
**Points**

**1**  
**Point**

**0**  
**Points**



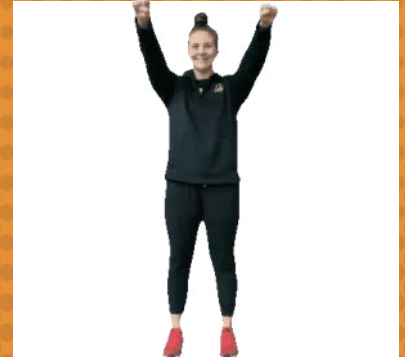
# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Uppercut Punches



Bicep Curls



Front Arm Raises



# REST & ADD YOUR SCORE!



**0**  
**Points**

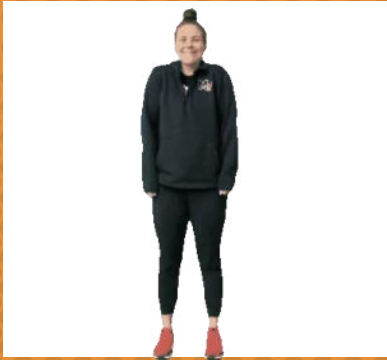
**0**  
**Points**

**1**  
**Point**





# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Shoulder Rolls



Push-ups



Cross Jacks



# REST & ADD YOUR SCORE!



**0**  
**Points**

**0**  
**Points**

**1**  
**Point**



# WHICH PLATTER IS THE TURKEY HIDING UNDER?



Running Arms



Chest Openers



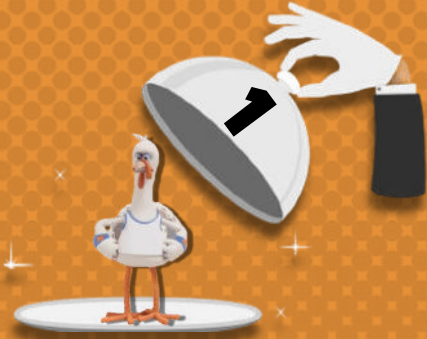
Side Bends



# REST & ADD YOUR SCORE!



**1**  
**Point**



**0**  
**Points**



**0**  
**Points**



# WHAT TURKEY DETECTOR LEVEL ARE YOU?

Found 1 to 3 Turkeys = **ROOKIE**

Found 4 to 6 Turkeys = **ALL-STAR**

Found 7 to 9 Turkeys = **PRO STATUS**

Found 10 to 12 Turkeys = **HALL OF FAME**

