Hilldale Safety for Students in our Community: Get the Facts!!

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Dr. Kaylin Coody, Supt. Hilldale Public Schools

Deborah Tennison, Principal Hilldale High School

Pedro Zardeneta ABLE Commission Capt. Chad Farmer Muskogee Police Dept.

Rodny Brook Muskogee City Attorney Office

> Lt. Bobby Lee Muskogee Police Dept.

Our Purpose Tonight

- To educate our community on safety issues for students
- To educate our community on survey results of our students
- To educate our community on current trends in substance abuse in Oklahoma and the Muskogee area
- To educate our community on social hosting laws in Muskogee County
- To educate our community about distracted driving
- To educate our community on internet safety
- TO KEEP OUR STUDENTS SAFE!!

First, let's look at the data

2012 Oklahoma Prevention Needs Assessment Survey just received

- Totally anonymous and self-reported
- Hilldale Results
 - Grades 6, 8, 10, 12
 - Surveyed 2008, 2010, and 2012

6th Grade – higher use from 2008-2012 (ever used)

- Alcohol 24.2%
- Chewing Tobacco 6.7%
- Marijuana 4.2%
- Hallucinogens 3.3%
- Cocaine 2.5%
- Sedatives 9.2% (nearly 4x 2008!)
- Prescription drugs 5.8%

8th Grade – higher use from 2008-2012 (ever used)

- Chewing Tobacco 13.1%
- Cocaine 1.9%
- Methamphetamines 1.9%
- Other stimulants 3.7%

10th Grade – higher use from 2008-2012 (ever used)

- Marijuana 26.0%
- Inhalants 13.7%
- Hallucinogens 2.0%
- Cocaine 5.9%
- Methamphetamines 4.0% (4x increase)
- Other stimulants 8.0%
- Heroin 2.0%

12th Grade - higher use from 2008-2012 (ever used)

- Marijuana 30.5%
- Inhalants 8.5%
- Hallucinogens 2.4%
- Ecstasy 1.2%

Percentage of students identified as having a problem (above state average)

- Binge drinking
 - $6^{\text{th}}: 5.9\% (5.2\%)$
 - $10^{\text{th}}:30\% (20.2\%)$
 - 12th: 40.0 (28.9%)
- Drinking & driving
 - 10th : 13.5% (7.7%)
 - 12th: 18% (16.6%)
- Riding with a drinking driver
 - 6th: 25% (19.5%)
 - 10th: 26.9% (23.8%)

Of those who said they had used, "How old were you when you first...

...had more than a sip or two of beer, wine, or hard liquor?" 10.7-15.1 years average

...smoked a cigarette, even just a puff?" 10.7-14.2 years average

...smoked marijuana?" 11.0-15.1 years average

Of those students who received alcohol in last year, where did they get it?

- Fake IDs 10th (15%)
- Someone I know older than 21 8th (26.1%) 10th (58.1%)
 12th (79.2%)
- From home with parent permission 10th (20.0%)
- From home without parent permission 10th (40%)

The ABLE Commission

What is going on in Oklahoma and Muskogee with underage drinking?

A look at packaging for alcohol – who is it the target? OUR KIDS!!

So what do we do about it? Be aware! Pay attention to the signs.

Physical symptoms:

- Bloodshot eyes or pupils that are smaller or larger than normal
- Frequent nosebleeds--could be related to snorted drugs
- Changes in appetite or sleep patterns. Sudden weight loss or weight gain.
- Seizures without a history of epilepsy.
- Deterioration in personal grooming or physical appearance.
- Injuries/accidents and person won't or can't tell you how they got hurt.
- Unusual smells on breath, body, or clothing.
- Shakes, tremors, incoherent or slurred speech, impaired or unstable coordination

Behavioral symptoms

- Drop in attendance and performance at work or school; loss of interest in extracurricular activities, hobbies, sports or exercise; decreased motivation.
- Complaints from co-workers, supervisors, teachers or classmates.
- Unusual or unexplained need for money or financial problems; borrowing or stealing; missing money or valuables.
- Silent, withdrawn, engaging in secretive or suspicious behaviors.
- Sudden change in relationships, friends, favorite hangouts, and hobbies.
- Frequently getting into trouble (arguments, fights, accidents, illegal activities).

Psychological symptoms:

- Unexplained change in personality or attitude.
- Sudden mood changes, irritability, angry outbursts or laughing at nothing.
- Periods of unusual hyperactivity or agitation.
- Lack of motivation; inability to focus, appearing lethargic or "spaced out."
- Appearing fearful, withdrawn, anxious, or paranoid, with no apparent reason.

Muskogee Police Department

- Internet Safety Perpetrators CAN reach your home. Or your child's phone!
- Distracted driving it's a REAL danger!
- Social hosting What is this? How does it affect each of us?
- What's happening in the Muskogee courts with students?
- Synthetic cannabis our biggest threat currently know what it is, what it looks like, where to get it, and the dangers!

What do parents need to do?

- Be involved with your students!
- These behaviors are NOT a "right of passage"! They're illegal!!
- Keep them involved!
- Know the signs!
- Be alert!
- Trust but verify!
- Call other parents!
- Call the police when you hear of problems!
- KEEP YOUR CHILD SAFE!

Our goal is simple....

Keep our students safe!!!

Please contact us with questions or concerns