



Frustrated
Frustrado



Embarrassed
Avergonzado



Sad
Triste

**This
is
how
I
feel
today!**



Mad
Enojado



Nervous
Nervioso



Happy
Alegre



Proud
Orgullosa



Scared
Asustado

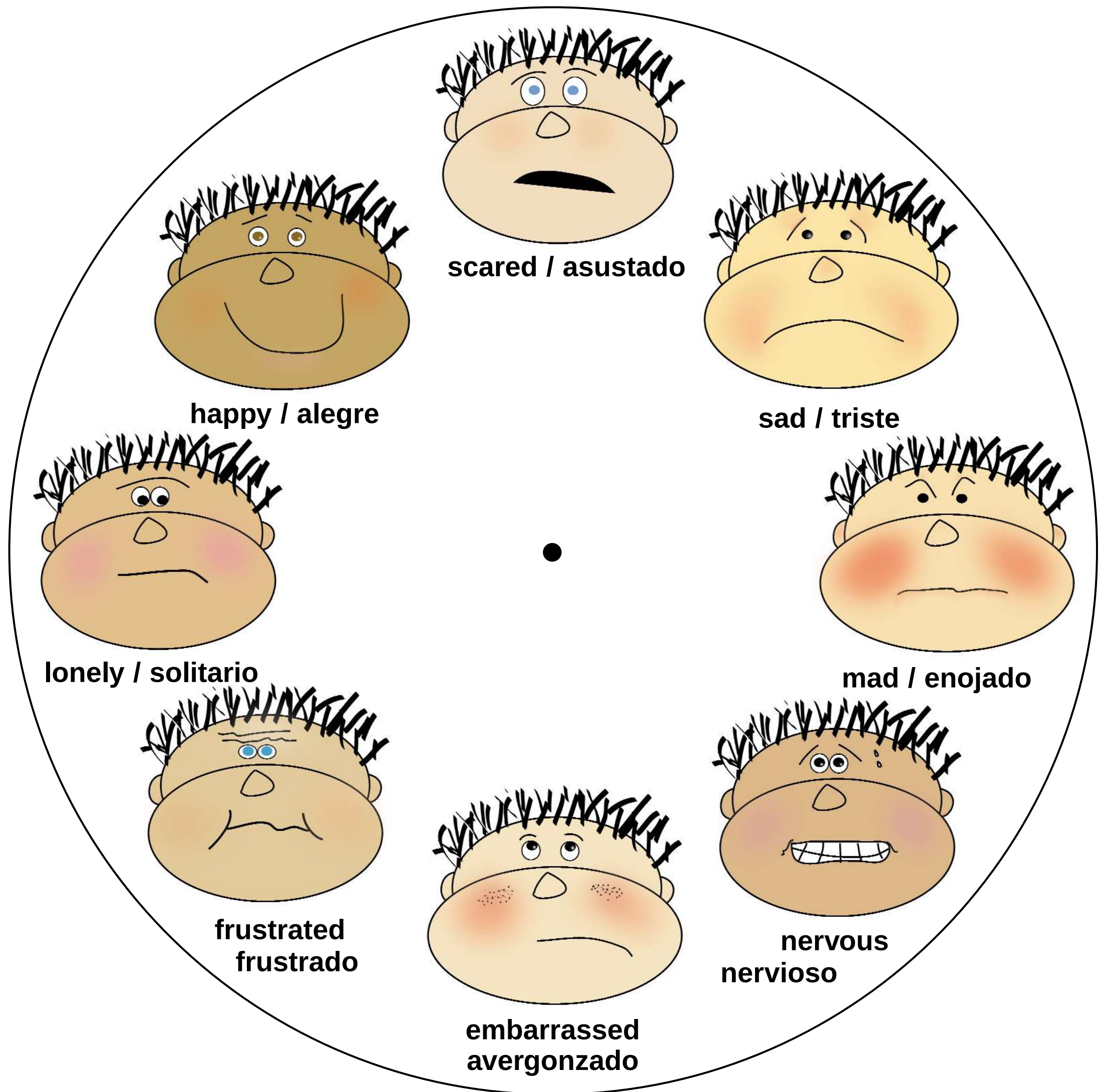


Loved
Amado / querido

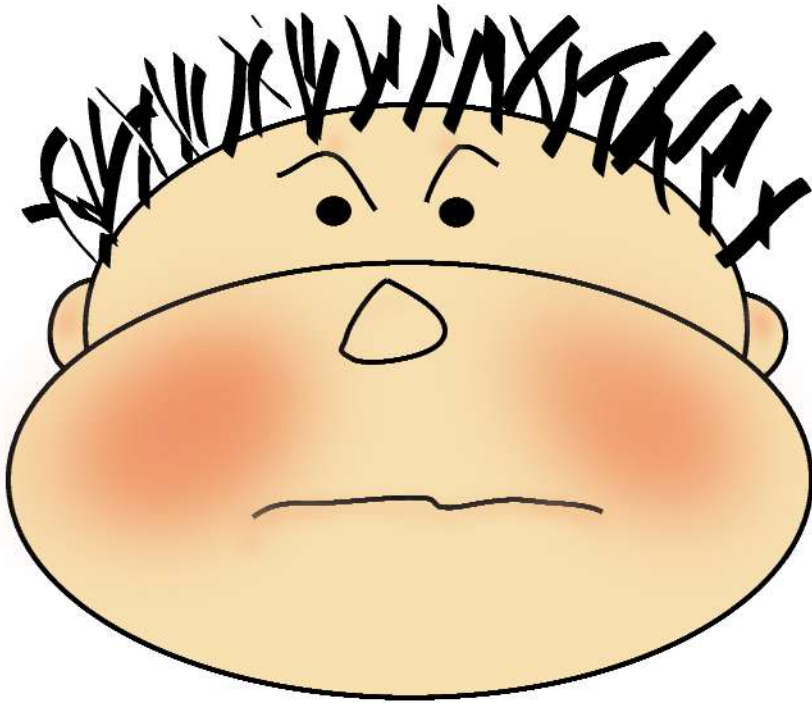
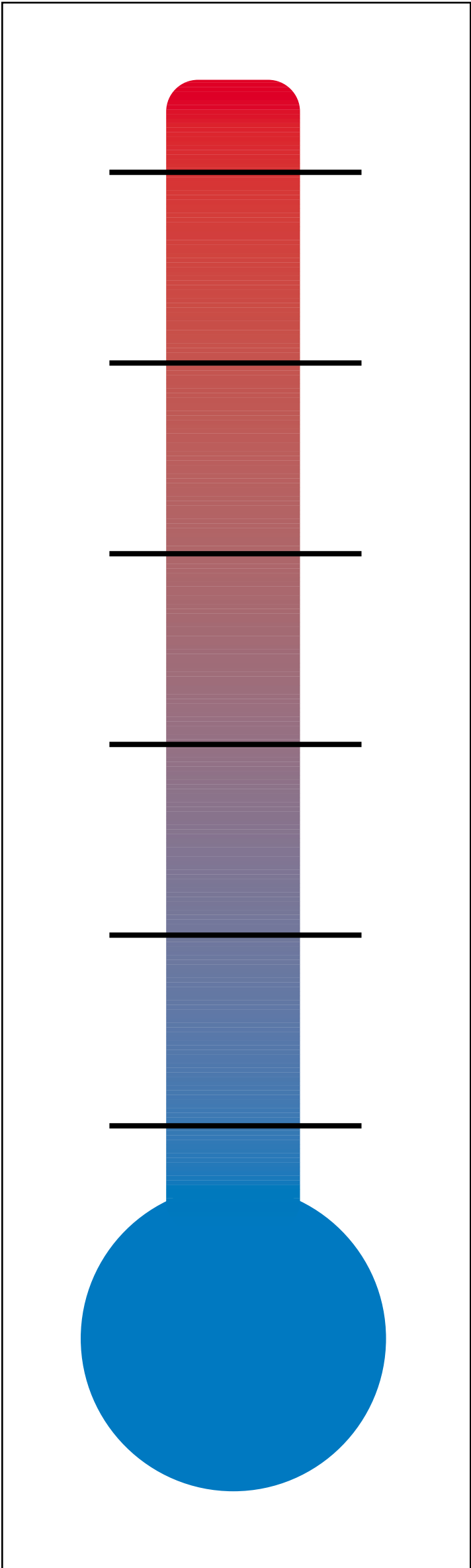


Lonely
Solitario

Feeling Wheel



Relaxation Thermometer



Mad

**Take 3
deep breaths
1...2...3**



Relaxed / relajado



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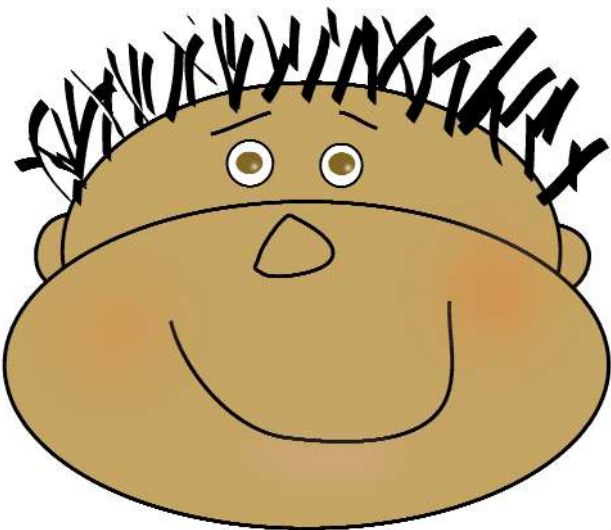
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