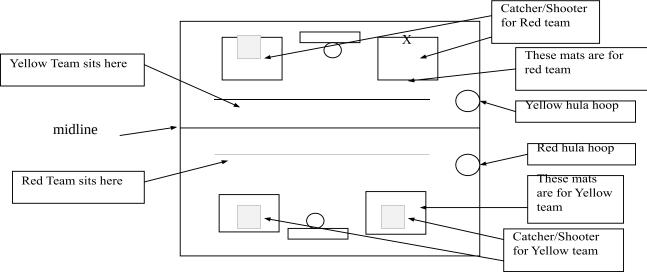
Feed the Shooters (Nofzinger/Stevens-2010)

Equipment: 8-10 gator skin balls, 4 mats, 12 cones and a midline, one red hula hoop, one yellow hula hoop, 15 red pinnies, 15 yellow pinnies



- 1. Divide class into 2 teams. One team wears one color of pinnie and the other team wears another color pinnie.
- 2. The object of Feed the Shooters is for each team member to go to the mat on the other team's side of the gym and make a basket.
- 3. Have each team put on their pinnies.
- 4. If one team has more players, then give a player another jersey and that player will have to be a catcher/shooter twice.
- 5. Each team chooses two teammates to go onto the mats on the other side of the midline. These people are called the Catcher/Shooters. Everyone else is called a Tosser/Blocker.
- 6. Give each team 4-5 gator skin balls. (Can be played with more balls, too.)
- 7. The tosser/blocker has two jobs.
- 8. The first job of each Tosser/Blocker is to throw (toss) a ball, from behind the midline, to a Catcher/Shooter. This is what I call feeding the shooters.
- 9. The second job of each Tosser/Blocker is to block the other teams' throws and shots at the basket.
- 10. Tosser/Blockers may block passes and shots; however, they cannot knock a ball out of a Catcher/Shooters hand or take the ball away from the shooter.
- 11. Tosser/Blockers are not allowed to jump over any part of the mat while trying to block a shot. (I had several blockers jump over a corner of the mat and slam right into another player.)
- 12. Tosser/Blockers may not step on the mats. If the tosser/blocker steps on the mat, then the tosser/blocker must give a ball to the person on the mat and let them have a free shot at the basket without anyone blocking.
- 13. The catcher/shooter has two jobs.
- 14. First, catch a ball IN THE AIR!
- 15. When a ball is caught **in the air** by the Catcher/Shooter, the catcher/shooter will shoot the ball at the basket.
- 16. The Catcher/Shooter gets three chances to make a basket. If the Catcher/Shooter does not make a basket after three tries, then he returns to his team and chooses someone to take his place.

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- 17. If the catcher/shooter makes the basket, then he will trade places with someone from his team who has not made a basket, **then he will remove his/her pinnie and place it in the hoop on his/her side.** This is an important thing to remember. The catcher/shooter will ONLY remove their pinnie and put it in the hoop on their side WHEN THEY MAKE A BASKET!!!
- 18. Once all the catcher/shooters have had a turn, the catcher/shooters that did not make a basket may go again.
- 19. Play continues until all team members have made it to the mat and made a basket. You will know when this happens when the mats are empty and all the pinnies are in the team's hoop.
- 20. When a Catcher/Shooter makes a basket and returns to his side, then he will be a Tosser/Blocker until the game is over.