

The Peace Table

In Our Montessori Classrooms

“Any education that rejects and represses the promptings of the moral self is a crime” – Maria Montessori

What is the Peace Table used for?

- Promoting peaceful leadership
- Peaceful conflict resolution
- Enabling the children to resolve problems with limited adult intervention
- emphasis is on self-discipline, rather than imposed discipline

Your Peace Table items

Personalized items can include:

- Artwork
- Items chosen by your students
- Book(s) about Peace
- Other 'Peaceful Work', ie. Growth mindset work, Good Citizens/Sad citizens work
- Peaceful Leaders
- Timer (if you feel one is necessary for your students)
- Messages that promote peace



Peace Begins with Me.....and You

To be Peace Advocates, we need to experience peace within ourselves. We all get bogged down by 'life stuff'. We are human and need to accept that about ourselves.

What we also need to embrace is that we can foster peace within ourselves and among each other by acknowledging some of the wonderful things we witness at home, in our neighborhoods, at our school, etc.

Whether we are directly impacted, or happen to be a bystander to an act of kindness, a job well-done, a sharing of peace....it only takes a moment to recognize it. You will be teaching your child to recognize peace within themselves and the world they live in.

Books about Peace

- The Peace Rose
- I AM PEACE

A Book of Mindfulness

- The Peace Book
- Can You Say Peace?
- A Little Peace
- Peace Is An Offering
- Children Learn What They Live



What can you do to foster the Montessori Peace Curriculum at home?

- Ask them to talk about how they are feeling (emotionally and physically) and why they are feeling that way. It may take a minute, so be patient.
- Listen to calming music, especially at stressful times
- Share books about Peace
- Try mindfulness exercises when your child is upset or angry (Yoga is a great option!)
- Ask them how they want to solve a problem they're having and don't assume they can't.
- Mirror the Peace Table by using the Peace Rose at home

this is Lucas, five years ago, with is
family Peace Flower>>>>>>>>>>>



Peace be with you!

