

FAULCONER-CHAPMAN MIDDLE SCHOOL ATHLETIC HANDBOOK



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SPORTS LOCATIONS

Amity

Volleyball and Basketball: 115 Church Street, Amity, OR 97101 (Middle School)

Football: 433 S. Bridge Street, Amity, OR 97101 (High School)

Gaston

304 Park Street, Gaston, OR 97119

Nestucca

Volleyball and Basketball:

19995 Blain Road, Beaver, OR 97108 (Beaver Middle School)

Perrydale

7445 Perrydale Road, Amity, OR 97101

Sheridan

332 SW Cornwall Street, Sheridan, OR 97378

Track: 433 Bridge Street, Sheridan, OR 97378

Taft

3780 SE Spy Glass Ridge Drive, Lincoln City, OR 97367 (Taft High School)

Willamina

1100 NE Oaken Hills Drive, Willamina, OR 97396

Yamhill-Carlton

Volleyball and Basketball: 310 E. Main, Yamhill, OR 97148 (YC Intermediate School)

Football: 275 Maple St., Yamhill, OR 97148

Track: 275 Maple St., Yamhill, OR 97148

FAULCONER-CHAPMAN PARENT-COACH COMMUNICATION GUIDE

This communication guide is designed for the parents of FCS athletes. This guide supports communication between student-athletes, their parents and the athletic department/coaches. We support the initiative that school athletics promote the values of respect, integrity, cooperation, self-discipline, sportsmanship & citizenship. It is important to learn to control one's emotions & conduct, not only in defeat, but in victory as well. Violent, threatening, negative or abusive language and/or behavior have no place in our school-sponsored activities.

Athletes, coaches, students & parents are expected to demonstrate and promote the positive values & characteristics of good sportsmanship in all aspects of interscholastic athletics.

Sports Etiquette: "The Team Bench"

The team bench is an athletic classroom. Athletes on the bench are expected to focus and concentrate on the game, listen to the coach, and support their teammates. The bench area can provide an important and unique opportunity to learn and teach. Athletes may be asked to go in at any time. It is their responsibility to know what is going on: offensive game plan and defensive assignments, any adjustments already made, opponents' defensive tendencies, key offensive/defensive strategies, techniques and skills the coach is trying to identify and teach.

We ask that parents and spectators give the coach and players the respect and courtesy that they would do teachers and students in the academic classroom. Most all of our playing fields/gyms provide ample spectator viewing areas. Please maintain an appropriate distance as to allow the athletic classroom atmosphere around our team benches.

Communication Philosophy

To be successful, communication is vital and requires involvement, dedication, sacrifice and commitment from parents, student-athletes and coaches.

Expectations from the coach:

- Location & times of all practices & games.
- Team requirements (practice/game behavior, special equipment)
- Procedure followed should your child be injured during a practice/game. > Any discipline that may result in the denial of your child's participation.

Expectations from parents:

- Concerns expressed directly to the coach. Email is utilized to forward information, not for voicing concerns.
- Notification of schedule conflicts in advance.
- Specific concerns with regard to a coach's expectations.
- Support for the program & the attributes of dedication, commitment and responsibility that are essential ingredients for success and excellence. Encourage your child to excel.

Appropriate concerns to discuss with coaches:

- The treatment of **your** child, mentally & physically.
- Ways to help **your** child improve & develop.
- Concerns about **your** child's behavior.

Issues **NOT** appropriate to discuss with coaches:

- Playing time
- Team strategy
- Play calling
- Other student-athletes

If you have a concern to discuss with a coach, call the coach for an appointment. If the coach cannot be reached, call the Athletic Director to set up an appointment. Coaches base decisions on what they believe to be the best for the team. There are certain areas and issues that can and should be discussed with your child's coach.

Please do not attempt to confront a coach before, during, or after a contest or practice. These can be emotional times for both the parent and coach and this situation does not promote resolution nor objective analysis.

Parent's role & responsibilities when in attendance of a game/practice:

- Remain in spectator area during contest.
- No derogatory comments directed towards officials, coaches or players of either team.
- Do not officiate from the sidelines.
- No attempts to coach from the sidelines.
- Be in control of emotions.
- Show interest, enthusiasm and support for your child.
- Demonstrate & promote the positive values and characteristics of good sportsmanship.
- Do not question/criticize the coach or his/her decision in front of the athletes.
- Realize that athletics is an integral part of the school's total curriculum.

Research shows that students involved in athletics are most likely to succeed at their chosen profession and make creative contributions to their communities. Many of the character traits, qualities and attributes required to be a successful student-athlete are exactly those that will promote a successful life after high school. We hope that the information provided within this handbook makes your child's and your experience with FCS athletic program more enjoyable. We are constantly trying to improve communication with students and parents. For our programs to be successful, it is necessary that everyone involved understand the direction and goal of the FCS athletic program.

FAULCONER-CHAPMAN ATHLETIC POLICY STUDENT-PARENT AGREEMENT

Faulconer-Chapman teachers and administrators believe that athletics have a vital place in the total educational program when they are effectively planned, organized, administered, supervised and evaluated. Through school athletics, many of the interests and needs of young people can be served better than through any other channel. For this reason, it is important that school administrators, teachers, students, parents and community members determine what educational objectives seem most desirable and plan athletic programs in keeping with the overall purpose of the school program.

Underlying every phase of the athletic program should be a primary concern for the athlete as a person, student & a member of society. At all times, emphasis should be placed upon progressing levels of maturity-both physical & emotional, integrity-both personal & social and responsibility-both for one's self & to all involved in the athletic program. Any play between organized teams or individuals from different schools is defined as an "interscholastic athletic contest" and shall be subject to all regulations pertaining to such contests.

Behavior:

The code of conduct established for athletes was developed to ensure that students are aware of the role they have within the school and the behavior standards that are expected for those who represent Faulconer-Chapman in the athletic arena. The following are some examples of these expectations:

- | | |
|--|---|
| *Be a school leader & positive role model | *Play for the success of the TEAM |
| *Accept victory modestly & defeat graciously | *Treat visiting teams with the utmost respect |
| *Be prepared both academically & physically | *Respect the officials |
| *Play fair at all times | *Show pride in your school |
| *Observe all the rules of the game | *Honor yourself by your actions |

Athletic participants are expected to model exemplary behavior. Students participating in inter school athletic competition must demonstrate the ability to conduct themselves in an acceptable manner in the classroom, on the court/in the field and during competition. Behavioral infractions including but not limited to harassment, defiance, disrespect, insubordination, and/or actions deemed unsafe may result in athletic probation and/or suspension from competition. Continued behavior infractions may result in permanent exclusion from the team. School administration and/or the Athletic Director will make such determination. **Students who are out-of-school suspended may not practice or participate in games while suspended. Eligibility of students who are in-school-suspended will be determined by Athletic Director and Administration at time of suspension. All suspensions will require a return to play meeting between athlete and Athletic Director or Administration.** If a student is suspended, it may result in removal from the athletic team, depending on the circumstances. The Principal and/or Athletic Director will make the final decision. In the case of removal from the team due to behavioral reasons, the sports fee will not be refunded.

FAULCONER-CHAPMAN ATHLETIC POLICY STUDENT-PARENT AGREEMENT

Grades:

Athletes are reminded that being a good student is the most important job they have in school. Faulconer-Chapman understands the varying needs of the student athletes and recognizes the abilities of each student is different as well as the rigor of the coursework in the classes being taken. It is because of these differences that the athletic eligibility policy is as stated. Our goal is to encourage and support all students in their athletic endeavors, but also maintain integrity within the academics of the school system. Students must be turning in assignments regularly, putting forth their best effort in the coursework and on track to improvement in the classroom. Grades are important, but they do not always tell the whole story of what's going on in the classroom.

Athletes will stay in good academic standing in order to participate in their sport. Faulconer-Chapman uses a proficiency based scoring system with a 0-4 rubric for grades. **Athletes with an overall grade below a 1 in two or more classes will be placed on academic probation and will not compete in games until deemed appropriate by the Athletic Director and Administration. Athletes with an overall grade below a 1.5 in two or more classes will work with the Athletic Director to create a correction plan. If the plan is not carried out, the Athletic Director or Administration may suspend the athlete from team activities.**

An athlete who ends one (1) sport season on probation or with an ineligible status will begin the next season with the same status. Students must be cleared at the beginning of the season by the Athletic Director in order to participate in the sport.

FAULCONER-CHAPMAN ATHLETIC POLICY STUDENT-PARENT AGREEMENT

Attendance:

Students are expected to have regular attendance at school & be at daily sports practices. The following guidelines will

- Students must be in attendance a minimum of a half day of school on the day of the scheduled game, practice or school activity to participate. The absence must be excused or the student will NOT be allowed to practice or play in a game that day.
- Students who go home for the afternoon because of sickness shall not be allowed to practice or participate in a game that day.
- Any partial or full day unexcused absence on the day of an activity or pattern of irregular attendance may be reviewed by the administration at any time and may result in a short/long term activity ineligibility as determined from a review of the situation.
- Any athlete who continuously misses school the day before and/or after an athletic event, as determined by an attendance record review, may be suspended from further athletic competition during the sports season.
- Circumstances beyond the control of the athlete may be grounds for exception to the rule, as determined by FCS Principal and/or Athletic Director.
- Students who miss practice or game(s) must communicate with the coach prior to the practice and/or game(s). The coach will determine the playing time allowed for each player in the case of an absence from practice and/or game(s).
- Students who are released from school to participate in a sporting event are responsible for all work in the classes missed and must be prepared for full participation with classwork on the day of the return. Athletes are not given extra time for assignments missed, as they should have made prior contact with the teacher.

Citizenship & Sportsmanship:

Good citizenship and sportsmanship shall always be required of participants in extra-curricular activities. Any serious issue may result in the student's removal from the team. Gross disrespect to the coaches, teammates, opposing team and/or officials of a contest will not be tolerated. Any athlete who is removed from a game for such behavior will be suspended from the team for a minimum of one (1) week. Any further problems will result in removal from the team.

Dress Code:

Athletes must wear clothing that conforms to the school dress policy. All athletes should dress to show pride & honor for FCS.

Insurance:

All athletes are to be adequately covered by medical insurance before participating in a sport, including practices. The plan is offered by the school, or a student may have his/her parents fill out the home insurance form that is available in this packet and/or at the school office. Students MUST have insurance to be able to participate and the school is not responsible for insurance payments.

FAULCONER-CHAPMAN ATHLETIC POLICY STUDENT-PARENT AGREEMENT

Physical Examinations:

Each athlete must be in good physical condition to be able to participate in a sport. Every two (2) years the athlete must have a physical examination from a doctor and cleared for participation. The examination form must be completed and signed by the doctor who performed the physical exam.

In the case of an injury that resulted in going to a medical facility, a doctor must sign a release form in order for the athlete to participate in practice and games. The athlete will not be allowed any type of participation in the sport until he/she is released from the doctor.

Playing Time:

Playing time is the sole responsibility of the coach of the team. He/she is in the best position to determine the amount of time an athlete competes and should base the decision on ability, skill, team contribution, practice, attitude and effort put forth. The participation fee does not equate to equal playing time; however, every effort will be made to give all athletes time on the court/field.

Use of Alcohol, Tobacco or Drugs:

Any student involved in a competitive athletic program shall not knowingly possess, buy, use, transmit or be under the influence of alcohol, tobacco, performance enhancing drugs, look alike drugs being represented as a controlled substance(s); or controlled substances of any kind during the school year. If a student is found violating this policy, the Athletic Director and Administration will determine which of the following consequences are appropriate:

- Level 1 Offense: Twenty-one (21) calendar days of suspension from participation in interscholastic athletic competition from the date of the in-season athlete has been notified of the suspension. If not currently competing, the suspension will begin on the first official playable meeting(s) with an appropriate drug specialist and demonstrate willingness to follow his/her recommendations. The athlete will be required to comply with the recommendations following the Level 1 Offense or he/she will be disciplined as though a Level 2 Offense has been committed.
- Level 2 Offense: Forty-two (42) calendar days of suspension from participation in interscholastic athletic competition from the date the in-season athlete has been notified of the suspension. If not currently competing, the suspension will begin on the 1st official playable date of the subsequent season in which the student participates.
- Level 3 Offense : Full suspension from all athletic programs for the remainder of the school year.

SHERIDAN SCHOOL DISTRICT ATHLETIC PARTICIPATION FEES

Sheridan School District 48J recognizes the importance of athletics as an extension of a good educational program. Students who participate in activities tend to have higher grade point averages, better attendance records, lower dropout rates and fewer discipline issues than a student who elects not to participate in activities.

Fees:

Students who participate in the interscholastic athletic program shall pay a participation fee to partial defray the expenses of the athletic programs. This fee doesn't influence the manner in which coaches select participants for events.

The following rules & procedures will apply:

- Students grades 6-8 involved in any school sponsored interscholastic athletic sport will be assessed a \$40 participation fee per sport.
- A maximum fee of \$290 per family/\$150 per individual will be assessed regardless of family size for combined 6-12 grades.
- **Sports fees are to be paid PRIOR to the 1st practice (or arrangements made with the financial secretary in the main office) for a student to be able to participate in that sport.**
- Parents shall have the responsibility of notifying the school that the maximums have been reached for the year.

Payment Schedule:

Payment Schedules will be established on specific uniform dates in the district. The Athletic Director will establish the due date in conjunction with the date of the 1st practice. The arrangements must be made or payment made BEFORE a student may participate in any practice.

Fee Waiver:

Any student/parent who feels that he/she should have the fee waived, should contact the Athletic Director to set up a meeting. The Athletic Director and Principal shall determine if the fee is to be waived. If approval is granted, it will cover up to half of the athletic fee.

Refunds:

No refund will be given to students who earned their participation fee through waiver/work plan of assistance or if the athlete was removed from the team due to disciplinary action. Pro-rated refunds will be available only when participation is ended due in no-fault of the student, but will not be given after the 3rd game of the season.

This form must be returned to the front office prior to the first scheduled game/meet.

THE FOLLOWING MUST BE TURNED INTO THE ATHLETIC DIRECTOR BEFORE THE STUDENT WILL BE
CLEARED TO PARTICIPATE IN THE 1ST PRACTICE OF THE SEASON:

FCS officials are committed to a partnership between school and parents regarding student achievement, performance and improvement. It is our ultimate goal to provide opportunities for all students while maintaining high standards for behavior and achievement. By the signing below, the student and parent/guardian have acknowledged reading and understanding the Athletic Policy, as well as accepting the outlined guidelines and consequences. It authorizes Sheridan School District to photograph, videotape or audiotape the students and to disclose the student's name, height, weight, grade, position and photograph, videotape or audiotape image, in connection with the student's participation in Sheridan School District athletic programs.

_____	_____	_____
Parent Name (Print)	Parent Signature	Date
_____	_____	_____
Student Name (Print)	Student Signature	Grade

This form must be returned to the front office prior to the first scheduled game/meet.

Athletic Participation Form/Insurance Verification Form

Student Name _____ Grade _____ Date of Birth _____

Address _____ City _____ State _____ Zip _____

Parent/Guardian Name(s) _____ Phone # _____

Emergency Name: _____ Emergency Phone # _____

Physician Name _____ Phone # _____

If you do not have a physician, would you authorize the Principal/Athletic Director to contact a school district approved physician? Yes _____ No _____

Insurance Requirements:

Students participating in athletics are **required** to be covered by insurance, either by a family plan or a plan available through the school district.

Name of insurance company _____ Policy # _____

➤ Student's last physical exam date: _____

➤ Has your child had any serious accidents, illnesses and/or injuries since the last physical exam?
Yes _____ No _____

If yes, please explain: _____

****If you answered yes to the above question, clearance from a physician is required in order for your child to participate in athletics this school year.**

➤ Is there anything unique to your child's physical fitness that the school should know? Yes/No If yes, please explain: _____

➤ Do you give consent of your child to participate in all sports offered in the school? Yes/No If no, please explain: _____

By signing this form, I agree that the above information is correct & I give permission for my child to participate in Sheridan School District athletics. I authorize the district to transport my child to any event in which he/she is participating as a team member. I authorize coaches/trainers/school administrators to act for me, in my absence, according to their best judgement in any emergency requiring medical attention. I am aware that during sports participation, certain activities will require strenuous physical exertion, which could result in physical injury. I understand that my child may be at risk of an undisclosed illness without a physical examination. I know of no physical condition, chronic illness or injury that would prevent my child from participation. I will be responsible for any medical or other charges in connection with his/her participation.

Parent/Guardian(s) Signature: _____

This form must be returned to the front office prior to the first scheduled game/meet.

Faulconer-Chapman Athletic Emergency Card-School Copy

Athlete Name _____

Gender M / F Grade _____ DOB _____

Mother/Guardian _____ Phone _____

Father/Guardian _____ Phone _____

Other Contact _____ Phone _____

Previous Injuries _____

☐ Asthma

☐ Anemia

☐ Diabetes

☐ Concussion

☐ Infections

☐ Allergies

Allergies List _____

I hereby give my permission to FCS staff to administer first aide to my child if I am unavailable or otherwise unable to provide authorization directly. In case of a medical emergency, my child may be transported to the hospital. It is understood that all expenses incurred in such situations shall be my responsibility and not FCS administration and staff. This authorization is valid for the current school year.

Parent/Guardian Signature

Date

School Year

This form must be returned to the front office prior to the first scheduled game/meet.

**Sheridan School District
Faulconer-Chapman**

Sports Waiver Form

Financial assistance may only be requested for students who are currently enrolled in Sheridan School District. Applications will be processed on a first come, first serve basis. If approved, the waiver will be applied to all sport(s) the student intends to play & the following conditions will apply:

- The student/parent or guardian will pay half the fee (\$20)
- The student will work for the district to offset the fee. This will involve 2 hours of community service on the school grounds for every sport played.

Sports interested in playing: (check all that may apply)

_____ Volleyball _____ Football _____ Basketball _____ Track _____ Cross Country

Student Name: _____ Grade: _____

Male/Female (circle one)

Parent/Guardian Name(s) _____ Phone Number _____

Applicant must meet two (2) of the criteria: (Check all that apply)

- | | |
|----------------------------|---|
| ____ On free lunch program | ____ Living with a handicapped person |
| ____ No parent's | ____ Parent(s) receiving state assistance |
| ____ Single parent | ____ In foster care |

____ Other special circumstance: (Please explain)

Parent/Guardian Signature

Date

(Office Use Only)

Athletic Director Signature

Date

Amount Approved

