



Weekly Bell Ringers

LIFELONG LEARNING

Week 1
Reflective Learning



General Instructions



- There will be 5 activities assigned on the first day of each week to complete at the beginning of class (**no more than 5 minutes unless otherwise noted**)
- All 5 activities are to be completed by the last day of the week (**even if there is no school on a certain day or days or you were absent**)
- If you do not complete the daily activity before class begins, you are expected to finish it during any downtime or as homework.
- Further instructions may be available in the **speaker notes** section on individual slides
- **Monday** introduces the topic
- **Tuesday** provides advice, a how-to, or some other activity on the topic
- **Wednesday** deals with the past, present, or future of the topic
- **Thursday** gives you scenarios, questions, or aha moments to ponder and write about the topic
- **Friday** digs deeper into the truth of the topic and allows for reflection
- Activities will vary from week to week
- Remember, it's okay to collaborate, just remember to work together and not just copy each other's answers

Monday

Meanings

REFLECTIVE LEARNING

(1) - DICTIONARY
DEFINITION

(2) - WHAT DOES THE TERM OR
CONCEPT MEAN TO YOU

(3) - LIST TWO ASSOCIATED
WORDS OR PHRASES

(4) - DRAW OR FIND A GRAPHIC TO
VISUALLY REPRESENT THE CONCEPT

**Paste graphic
here and resize
to fit this space.**

Paste the URL for the graphic here or type "original work" if you drew it.

Tuesday Track

Think of your commute to school/work this morning. Using the model for self-reflection in the infographic, reflect upon this event. The graphic is hyperlinked to the source if you need to view it larger or need more information about this process of self-reflection.

1. What?
2. So what?
3. Now what?



Wednesday Wisdom



Recall a time in your life when you had a difficult time learning something. It could be personal, school, or work related. Using the 3-step model to self-reflection used Tuesday, reflect on this time. If you are having difficulty recalling a time, you may use the following scenario.

Meet Jamie, a high school junior passionate about computer science. Jamie has always excelled in mathematics and programming, but recently encountered a challenging new concept in an advanced coding class. The concept revolves around complex algorithms and data structures, and Jamie finds it difficult to grasp. They received a failing grade on their homework and just found out this concept will be a large part of the upcoming exam.

1. What? (if you use the above scenario, summarize it in your own words for this step)
2. So what?
3. Now what?

Thursday Thoughts



Emma, a recent graduate, lands her first job at a small marketing firm. Excited about the opportunity, she quickly becomes involved in a major collaborative project for a new client. As she digs into the project details, she discovers that a competitor's confidential marketing strategy has somehow made its way into their files. Feeling the pressure to impress her new colleagues and worried about the potential consequences of reporting the issue, Emma decides to use the competitor's strategy as a reference for their own project. She believes that this shortcut will help the team meet tight deadlines and solidify her role in the eyes of her coworkers and superiors.

Friday Feedback



Congratulations on making it to the last day of your first week! This week's objective in Lifelong Learning was *Reflection*. This concept will be something we practice all year long and something you should practice for life. Today, I'd like you to think about how your first week went, what went well and what didn't. In the space below, provide some feedback that might help someone provide a better environment for learning and growing.