

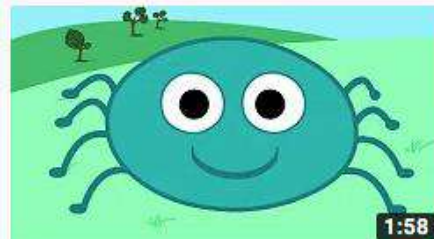
Favorite Music, Videos, Yoga, Websites and Apps for Movement as of May 2020

Songs and Videos		
 If You're A Kid Dance Around	 Baby Shark Dance Along	 Hokey Pokey by The Learning Station
 Follow the Leader by Dana's Music Playground	 Teddy Bear Turn Around by The Kiboomers	 Freeze Dance by The Kiboomers
 Listen and Move by The Kiboomers	 Get Yo Body Movin' by GoNoodle	 It's Peanut Butter Jelly Time
 Ring Around the Rosie by Funtastic TV	 Beanbag Beatbox	 Beanbag Boogie by Greg&Steve/ Discover Dance

Favorite Music, Videos, Yoga, Websites and Apps for Movement as of May 2020



[If You're Happy and You Know It](#)



[Itsy Bitsy Spider by Twinkle Little Songs](#)



[Shake Your Sillies Out](#)



[Zero Counts to 100 by Jack Hartman](#)



[Lazy Monster 7 Minute Workout](#)



[Animal Actions by PINKFONG](#)



[Herman the Worm by The Learning Station](#)



[Gummy Bear Song by Just Dance Kids 2](#)



[Sid Shuffle Ice Age: Continental Drift](#)



[Head Shoulders Knees and Toes](#)



[Wheels on the Bus by Katie Cutie Kids](#)



[Do What Mark D Pencil Says by Mark D Pencil](#)

Favorite Music, Videos, Yoga, Websites and Apps for Movement as of May 2020



[Pop See Ko](#) by Koo Koo Kanga Roo GoNoodle



[Milkshake](#) by Koo Koo Kanga Roo GoNoodle



[Can't Stop the Feeling](#) by GoNoodle



[Happy](#) Despicable Me 2: Minions



[Cha Cha Slide Dance Animation](#) by DJ Casper

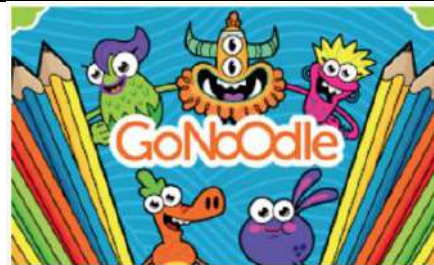


[Better When I'm Dancing](#) by Meghan Trainor

Websites



www.CosmicKids.com



www.GoNoodle.com



[Super Stretch Yoga](#)



www.nfl.com/play60



[The P.E. Chef on YouTube](#)



www.enrichedva.com/easypetv/

Favorite Music, Videos, Yoga, Websites and Apps for Movement as of May 2020



[Dranesville Elementary PE on YouTube](#)



[GoNoodle with Spanish resources](#)



[Let's MOVE Active Schools!](#)



[Cosmic Kids Yoga on YouTube](#)



[Yoga for Kids on YouTube](#)



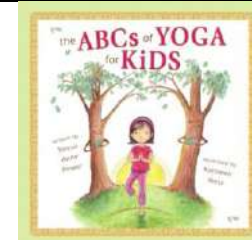
[Yoga Brain Break for Teens on YouTube](#)



[Yoga for Teens on YouTube](#)



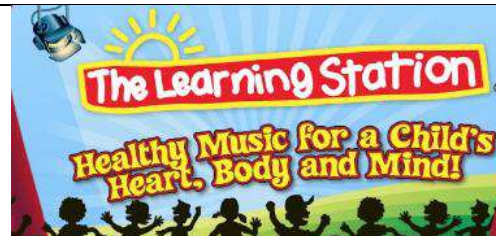
[Relaxation for Kids on YouTube](#)



[ABCs of Yoga for Kids on YouTube](#)



[Jack Hartmann Kids Music Channel](#)



[The Learning Station Channel](#)



[Patty Shukla Kids TV Channel](#)

Favorite Music, Videos, Yoga, Websites and Apps for Movement as of May 2020

 <u>National Center on Health PA Disability NCHPAD</u>	 <u>Special Olympics School of Strength</u>	 <u>HASFIT Heart and Soul Fitness</u>
Apps		
 <u>APE at HOME APP</u>	 <u>The Cosmic Kids APP</u>	 <u>Lazy Monster APP</u>
 <u>Super Stretch Yoga APP</u>	 <u>hy-vee KIDSFIT APP</u>	 <u>Sworkit Kids APP</u>
 <u>Abilities TV APP</u>	 <u>NFL Play 60 APP</u>	 <u>GoNoodle APP</u>

