



## **FAQ's OF FREE BREAKFAST AND LUNCH**

### **HOW IS MY CHILD RECEIVING A FREE BREAKFAST AND LUNCH???**

The Community Eligibility Provision (CEP) is a non-pricing meal service options for certain schools and school districts. CEP allows certain schools and districts to serve breakfast and lunch at no cost to all enrolled students without collecting household applications.

### **WHAT DOES MY CHILD RECEIVE WITH A FREE BREAKFAST AND LUNCH???**

#### **A Breakfast could consist up to:**

- ~ A Breakfast Choice- Hot or Cold
- ~ Fruit- Fresh & Canned offered daily
- ~ Juice- 100% Fruit juice
- ~ Milk- 1% Low Fat or Chocolate

#### **A Lunch could consist up to:**

- ~ A Lunch Choice- Hot or Cold
- ~ Fruit- Fresh, Canned or Juice
- \*High School students may choose 2 Fruits*
- ~ Two Vegetables- Hot & Cold offered daily
- ~ Milk- 1% Low Fat or Chocolate

### **DOES MY CHILD HAVE TO TAKE ANYTHING SPECIFIC TO RECEIVE A FREE BREAKFAST OR LUNCH???**

To make sure that your child is receiving a Free **Breakfast**, they need to take at least:

- ~ A Complete Breakfast Choice AND
- ~ A Fruit or Fruit Juice

*\*If they do not take ALL of these, their account will be charged*

To make sure that your child is receiving a Free **Lunch**, they need to take at least:

- ~ A Complete Lunch Choice AND
- ~ A Fruit or a Veggie (they can take both if they would like, but need to take at least one)

*\*If they do not take ALL of these, their account will be charged*

Packers that may still be hungry could receive a Free Lunch following the guidelines above, OR by taking ALL of the following:

- ~A Fruit,
- ~A Vegetable AND
- ~A Milk

*\*If they do not take ALL of these, their account will be charged*

Please reach out with any questions or concerns.

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