

FAMILY SUPPORTS & SERVICES RESOURCES

FAMILY SUPPORTS & SERVICES- ADVOCACY

Virginia Autism Project (VAP)

Access for children who are seen in our outpatient clinics for extended periods of time. Four of our HEP consultants serve numerous outpatient children and provide a vital link between our clinics and your child's school.

www.virginiaautismproject.com/

Lavada Guthrie

lguthrie@virginiaautismproject.org

FAMILY SUPPORTS & SERVICES- ADVOCACY

Virginia Board for People with Disabilities

Serves as Virginia's Developmental Disabilities (DD) Planning Council. DD Councils are in every state and territory of the United States. They work for the benefit of individuals with DD and their families to identify needs and help develop policies, programs and services that will meet these needs in a manner that respects dignity and independence.

1100 Bank Street

7th Floor

Richmond, VA 23219

<https://www.vaboard.org/>

info@vbpd.virginia.gov

804-786-0016

FAMILY SUPPORTS & SERVICES- ADVOCACY

FACES

We are parents of Special Needs children educating our community and school districts about our children. We will be providing trainings, workshops, special education advocacy services, education consulting services, parent to

parent mentoring while connecting parents to the resources and services available in SW VA to ensure the children wrap around services.

<https://www.facebook.com/FAPETownHall/videos/339722176995079/>

Amy Trail

amytrail@faces-va.org

FAMILY SUPPORTS & SERVICES- ADVOCACY

Center for Family Involvement

Center for Family Involvement works with families to increase their skills as advocates, mentors, and leaders so families, children, and young adults with disabilities can lead the lives they want. Through a variety of direct service, training, technical assurance, and information dissemination, parents of children and young adults with disabilities receive emotional, informational, and systems navigational support.

www.centerforfamilyinvolvement.org

Dana Yarbrough

Director, Center for Family Involvement

dvyabrough@vcu.edu

Helpline - 877-567-1122

cfihelpline@vcu.edu

FAMILY SUPPORTS & SERVICES- AUTISM INFORMATION & TRAINING

The ARC of Central Virginia -18+

The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their inclusion and participation in the community throughout their lifetime.

1508 Bedford Avenue

Lynchburg, VA 24503

<https://arcofcva.org/>

434-845-4071

Rebecca Campbell

rebecca.campbell@arcofcva.org

Theresa Simmons
theresa.simmons@arcofcva.org

FAMILY SUPPORTS & SERVICES- AUTISM INFORMATION & TRAINING

BRAAC: Blue Ridge Autism and Achievement Center -2-22 years

BRAAC provides specialized educational programs in a private day school setting as well as direct and consultative educational services in public schools. BRAAC also offers an after-school tutoring program which provides continuity and reinforces consistency for students and families. Services for children in their homes as well as in-home training for parents is also provided under the BRAAC umbrella.

150 Linden Ave
Lynchburg, VA 24503
<http://braacroanoke.org/our-programs>
434-525-4790
Damian Murtagh
Damen.Murtagh@svhservices.org
Christina Guiliano
Christina.Giuliano@svhservices.org

FAMILY SUPPORTS & SERVICES- AUTISM INFORMATION & TRAINING

Family Insight -18 mo-21 years

Parent support services help parents develop the skills to establish: daily routines, a schedule, a budget, attending/maintaining community appointments, and advocating for their family. Services include assessment, individual service plan development, concept introduction, skill building, and coaching for technique application by the family.

1933 Thomson Drive
Lynchburg, VA 24501
[https://familyinsight.net/services/family-support-services/
peter.doyle@familyinsight.net](https://familyinsight.net/services/family-support-services/peter.doyle@familyinsight.net)
434-616-6762

FAMILY SUPPORTS & SERVICES-AUTISM INFORMATION & TRAINING

I'm Determined

The I'm Determined project, a state-directed project funded by the Virginia Department of Education, focuses on providing direct instruction, models, and opportunities to practice skills associated with self-determined behavior. This project facilitates youth, especially those with disabilities to undertake a measure of control in their lives, helping to set and steer the course rather than remaining the silent passenger.

<http://www.imdetermined.org/>

FAMILY SUPPORTS & SERVICES-AUTISM INFORMATION & TRAINING

Partnership for People with Disabilities at VCU Richmond, VA

Strives to partner with people with disabilities and others to build communities where all people can live, learn, and play together. They offer diagnosis for autism spectrum disorders, community engagement, and educational services for individuals with developmental disabilities.

Box 843020
1st Floor
Suite 140
700 East Franklin Street
Richmond, VA 23219
www.vcu.edu/partnership/
804-828-3876

FAMILY SUPPORTS & SERVICES- AUTISM INFORMATION & TRAINING

PEATC (Parent Educational Advocacy Training Center)- All ages

Builds positive futures for Virginia's children by working collaboratively with families, schools and communities in order to improve opportunities for excellence in education and success in school and community life.

8003 Forbes Place
Suite 310

Springfield, VA 22151
<http://www.peatc.org/>
703- 923-0010
Suzanne Bowers, Executive Director
bowers@peatc.org

FAMILY SUPPORTS & SERVICES-AUTISM INFORMATION & TRAINING

LACIL Disability Services

LACIL encourages and supports people with disabilities who desire to live happily within their community—empowering them with the services and tools for independence, including: Self-advocacy, Educational training, Building and maintaining healthy family environments, accessing functional needs, Promoting accessibility and community awareness

500 Alleghany Avenue
Suite 520
Lynchburg, VA 24501
<http://www.lacil.org/>
Adrianne Douglas
Adrianne@lacil.org
Heather Dooley
hdooley@lacil.org

FAMILY SUPPORTS & SERVICES-AUTISM INFORMATION & TRAINING

FEAT (Families Embracing Autism Together)

Families Embracing Autism Together is a group of volunteers that share the desire to partner with area families and educators in order to promote community awareness and provide free education, training and resources to those impacted by Autism Spectrum Disorder in Southside Virginia.

1319 Union Mill Road
La Crosse, VA 23950
<http://www.ssvafeat.org/home-1.html>
Amanda Calhoun
ssvafeat@gmail.com

SUPPORTS & SERVICES-AUTISM INFORMATION & TRAINING

VCU CFI (Center for Family Involvement)

Partners with the Virginia departments of Behavioral Health & Developmental Services (DBHDS), Education (VDOE) and Health (VDH), the federal Maternal and Child Health Bureau (MCHB), the Administration on Developmental Disabilities (AOD), and others in supporting a variety of activities to strengthen family involvement.

700 East Franklin Street

Richmond, VA

[https://centerforfamilyinvolvement.vcu.edu/
cfihelpline@vcu.edu](https://centerforfamilyinvolvement.vcu.edu/cfihelpline@vcu.edu)

Jen Reese; Rebecca Stickler

877-567-1122

FAMILY SUPPORTS & SERVICES-AUTISM INFORMATION & TRAINING

Virginia Autism Resource Center Library (VARC)

The Virginia Autism Resource Center at Virginia Commonwealth University's Autism Center for Excellence is a statewide resource center dedicated to improving the lives of individuals with autism spectrum disorders and their families.

<http://www.varc.org>
info@varc.org
1-877-667-7771

FAMILY SUPPORTS & SERVICES-AUTISM SUPPORT GROUPS

Moms in Motion

A Consumer-Directed Service Facilitation provider for individuals approved for Virginia's Medicaid Waivers (CCC Plus, CL & FIS, EPSDT program). We focus on using person-centered practices and strive to continually expand our

knowledge, share resources, and engage in advocacy through community-and state-wide networks, in order to best assist individuals in navigating the waiver world's constant changes.

<https://momsinmotion.net/>

540-263-2169

Lori Adcock

LoriA@MomsInMotion.net

Jennifer Smith

Jennifer.Smith@momsinmotion.net

Mary Lawson Webb

maryw@momsinmotion.net

FAMILY SUPPORTS & SERVICES-AUTISM SUPPORT GROUPS

Special Needs Siblings Rock

Our goal is to provide a safe place where special needs siblings can gather to share goals, accomplishments, struggles and have friends who understand.

<https://www.facebook.com/SNSRockCentralVA/>

540-263-2169

Jazmine Klinedinst

Info.snsrock@gmail.com

FAMILY SUPPORTS & SERVICES-DAY SUPPORT PROVIDERS

DePaul Community Resources - 18+yrs

To encourage social inclusion and individual growth our OPTIONS centers provide an array of programs, activities, and projects that are tailored to the abilities and interests of the participants. Activities are both center-and community-based, offering unique and/or individualized opportunities.

4859 Waterlick Road

Forest, VA 24551

<https://www.depaulcr.org/support-services/options-day-support-services/>

Pam Lewis

Director of Day Support

plewis@depaulcr.org

434-455-3727

FAMILY SUPPORTS & SERVICES-DAY SUPPORT PROVIDERS

Lutheran Family Services of Virginia - 22+

Lutheran Family Services of Virginia offers a day support program for adults with intellectual or developmental disabilities. They focus on skill building in self/social/environmental awareness, sensory stimulation, fine/gross motor skills, personal care skills, and community living skills, among others.

3601 Old Forest Road Lynchburg, VA 24501

<https://lfsva.org/day-support/>

info@lfsva.org

434-385-0262

FAMILY SUPPORTS & SERVICES-DAY SUPPORT PROVIDERS

Katie's Place - 22+

Katie's Place Day Support is a St. Vincent's Home Program whose mission is to meet the needs of individuals with unique learning challenges across the lifespan. Katie's place provides opportunities to learn and develop social skills and daily living skills through gardening, cooking, cleaning, caring for chickens, community outings, and so much more! We help local non-profits with much needed tasks and in return, learn valuable job skills.

150 Linden Ave

Lynchburg, VA 24503

<https://katiesplacedaysupport.org/>

Heather Hicks

heather.hicks@svhservices.org

FAMILY SUPPORTS & SERVICES- DAY SUPPORT PROVIDERS

United and Empowered Care

Our Day Support Program offers a structured day of social and physical activities for individuals with intellectual and other developmental disabilities.

Our staff provides individualized training and support enhanced by weekly outings in the community. Our Day Support Program also offers skilled nursing services that cater to individuals with medical needs.

1149 Vista Park Dr.
Suite D
Forest, VA 24551
<http://www.uecares.com/>
434-385-0757
hedwards@uecares.com

FAMILY SUPPORTS & SERVICES-DAY SUPPORT PROVIDERS

Harmony Day Support

Harmony Day Support provides individual encouragement and support to adolescents and adults with various levels of developmental disabilities in order to lead to harmony and balance in their daily lives. Through providing a curriculum that focuses on whole person development, both at their day support facility and in our community, they are able to lead others towards this goal.

1173 London Links Drive
Suite A
Forest, VA 24551
<https://harmonydaysupport.org/>
434-582-4556

FAMILY SUPPORTS & SERVICES-HOUSING/RESIDENTIAL

DePaul Community Resources, Sponsored Residential Care - 9 years to adult

DePaul's Sponsored Residential program offers compassionate care in a home-based setting by carefully matching children and adults with intellectual and developmental disabilities to sponsored residential homes. DePaul's sponsored residential home providers empower individuals with intellectual and developmental disabilities to be active members of families, experience community involvement, and find normalcy in everyday life. Individuals must have the Community Living Waiver to be placed in a sponsored residential home.

Lynchburg, VA

<https://www.depaulcr.org/sponsored-residential/>

Emily Moore, Regional Recruiter

emoore@depaulcr.org

(434) 455-3727

FAMILY SUPPORTS & SERVICES-HOUSING/RESIDENTIAL

Support Services of Virginia, Inc. - 18 years and older

The Sponsored Residential Program provides full-time, 24-hour, support for individuals with Intellectual/Developmental Disabilities. Placement in one of SSVA's SR homes guarantees that the individual will benefit from intensely personalized and consistent supports provided in a residential setting that is built around positive interactions. Some sponsored homes offer a close, family-like setting, while others offer more independent options, like a private apartment/mother-in-law type suite within the home.

<https://www.ssvainc.org/residential/>

Karen Buxton

karen@ssvainc.org

FAMILY SUPPORTS & SERVICES-HOUSING/RESIDENTIAL

Horizon Behavioral Health, Intermediate Care Facilities – 18 years and older

Horizon's group homes give adults with the primary diagnosis of intellectual disability the freedom to be themselves while providing them with round-the-clock care. They want their clients to live their lives to the fullest, so they encourage personal growth and independence by offering the least restrictive setting possible. Adults that have a dual diagnosis of mental illness and intellectual disability can also be served in their programs.

Lynchburg, VA

<https://www.horizonbh.org/appomattox-drug-treatment/housing/>

434-477-5000

FAMILY SUPPORTS - HOUSING/RESIDENTIAL

Department of Behavioral Health and Developmental Services - 18+

For eligible individuals that have access to dedicated housing resources that have been made available to help adults in the Settlement Agreement Population who want to live in their own home in the community with supports.

<https://dbhds.virginia.gov/developmental-services/housing>

Marie Fraticelli

Region 1 Housing Coordinator

marie.fraticelli@dbhds.virginia.gov

434-953-7146

FAMILY SUPPORTS & SERVICES-HOUSING/RESIDENTIAL

Wall Residences, Sponsored Residential Care -18+(case by case under 18 years)

"In this service with Wall Residences, up to two individuals live in the home of a professional service provider and become an integrated part of the family. The family providers provide most of the needed services, and they may employ other trained and certified workers to assist them with care responsibilities. These substitute workers are thoroughly trained and directed to implement all services as outlined in the Individual Plan for Supports (PFS). This service is offered to adults of all ages and on a case by case basis to individuals under the age of 18.

Lynchburg, VA

<http://www.wallresidences.com/locations/>

admissions@wallresidences.com

434-610-7578

FAMILY SUPPORTS & SERVICES-PARENT RESOURCE CENTERS

Horizon Behavioral Health

Programs that provide information, technical assistance and support which relates to the development, implementation, review and revision of individual Education Programs (IEPs) for students with disabilities and/or Individual

Family Service Plans (IFSPs) for infants and toddlers with disabilities who are eligible for early intervention services.

2215 Langhorne Road
Lynchburg, VA 24504

<http://horizonbh.org/services/child-family-services/parent-services/>
434-948-4831

FAMILY SUPPORTS & SERVICES-PARENT RESOURCE CENTERS

Bedford County SEAC (Special Education Advisory Committee)

SEAC is open to the public for anyone interested in special education. SEAC identifies needs in the education of students with disabilities and develops advice and recommendations on how the school division can meet those needs. Local SEACs inform, counsel, recommend, suggest or guide and provide advice based on sound judgments developed from accurate information and facts.

Bedford, VA

https://bedford.sharpschool.net/departments/special_education_information/special_education_advisory_committee

seac@bedford.k12.va.us

FAMILY SUPPORTS & SERVICES-PUBLIC SAFETY/POLICE

Project Lifesaver

Bedford Project Lifesaver utilizes state-of-the-art technology to bring loved ones home who suffer various conditions causing them to wander and become lost. Many times, these people end up inside a building, deep in the woods, or simply in a closet in the basement of a residence. It is because of these locations that Project Lifesaver utilizes radio telemetry tracking technology and not GPS or cell phone technology which requires the assistance of satellites or complicated signal repeater systems.

1345 Falling Creek Rd

Bedford, VA 24523

<https://bedfordcountysheriff.org/project-lifesaver/>

540-587-6011

FAMILY SUPPORTS & SERVICES-RESPITE

Lynchburg Department of Human Service -14-adult

Home-based services, adult foster care, adult day care, case management, nutrition, assessments for adults, living in assisted living facilities, and screenings for adults entering living facilities or those who need Medicaid funding home/community waivers are all services provided at the Lynchburg Department of Human Services.

99 Ninth Street

Lynchburg, VA 24505

FAMILY SUPPORTS & SERVICES-OTHER SUPPORTS

Assistive Technology Loan Fund Authority

The Assistive Technology Loan Fund Authority (ATLFA) is a Commonwealth of Virginia State Authority created with public funds to help Virginians with disabilities obtain assistive technology. The ATLFA provides affordable financing alternatives (loans with below-market interest rates, no down payments, longer repayment terms, etc.) to help make adaptive equipment a possibility for individuals who might not otherwise be eligible for borrowing.

1602 Rolling Hills Drive

Richmond VA 23229

www.atlfa.org/

atlfa@atlfa.org

866-835-5976

FAMILY SUPPORTS & SERVICES - SERVICE ANIMALS

Service Dogs of Virginia

Service Dogs of Virginia is a 501 (c)(3) non-profit organization that raises, trains, and places dogs to assist people with disabilities. Highly trained dogs perform a multitude of tasks that allow greater personal freedom and independence. We serve clients residing in the Commonwealth of Virginia, and are based in Charlottesville, Virginia.

218 Albemarle Square Shopping Center (off Rt. 29 and Rio Rd.)
Charlottesville VA 22901

<https://www.servicedogsva.org/>

info@servicedogsva.org

434-295-9503

FAMILY SUPPORTS & SERVICES - TRANSPORTATION

Otter Bus Bedford

Public transportation bus provided for Bedford community residents. Bus stops at places like the YMCA, grocery stores, town administration buildings, restaurants, Horizon Behavioral Health and pharmacies.

<https://www.facebook.com/BedfordOtterBus/>

www.otterbus.com

FAMILY SUPPORTS & SERVICES - TRANSPORTATION

Paratransit Service

Is a public transportation service offered by the Greater Lynchburg Transit Company (GLTC) for qualifying individuals whose disability prevents them from using the regular GLTC bus routes. Para-transit is currently \$4 each way and \$8 round trip.

<https://www.gltconline.com/paratransit/>