

# PTMS FALL SPORTS 2014-2015

To All Incoming McMurray Students, Students New To The District and To Their Parents:

Welcome to Peters Township Middle School! At PTMS, we offer a variety of athletic activities for you to compete in. When we return to school in August, we will begin preparing for our fall sports season. Some of the fall sports we offer here at PTMS are: Boys Football (starting in early August); Cross Country (boys and girls); Girls Volleyball, and Swimming (boys and girls).

Some of our fall sports programs start with practices before school begins. Cross Country, Boys Football, and Girls Volleyball all start practices in early August. On this sheet, we have tried to summarize information about our fall sports programs. Contact information for each of the head coaches is provided. Please read the information carefully and contact the appropriate coach for that sport.

## **PTMS Cross Country (For Boys & Girls)**

The Peters Township Middle School Cross Country team is a competitive running group that looks to cover a little under two miles as quickly as possible during a race.

If you would like to participate, **please express your interest** in joining the PTMS Cross Country team **by e-mailing Ms. Renee Brown** a brief note at [brownr@pt-sd.org](mailto:brownr@pt-sd.org) **by Friday, July 18<sup>th</sup>**. She will then use this email address in order to send you updates throughout the summer and during the season.

**In August**, the PTMS Cross Country team holds several practices and conditioning sessions to help our athletes better prepare for the upcoming Cross Country season. In order to prepare properly for the season, as well as to meet and inform all of you about the team, we will be scheduling a few summer get-togethers at Peterswood Park in August before the school year begins.

Remember to get your physical and other waiver forms completed, as they must be submitted **before** you may work out with us during our school season. Please submit all forms to Ms. Brown before the first day of school. These revised forms can be picked up in person from the Middle School Guidance Office or found on the school website at:

<http://www.ptsd.k12.pa.us/SportsPhysical.aspx> . (You're looking for the three links under PIAA Pre-Participation Physical Evaluation.)

If you have any questions, please email Ms. Renee Brown at [brownr@pt-sd.org](mailto:brownr@pt-sd.org) We look forward to seeing you this summer and at the beginning of the school year!

Sincerely,

Ms. Renee Brown – Coach

Mrs. Jessica Kiefer – Coach

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## **PTMS Football**

Summer workouts will be held on Tuesdays and Thursdays, starting on June 19th. There will be no workouts scheduled for June 17th, due to the school picnic, and July 1st and 3rd, due to the holiday. Workout times are from 6:00 – 7:30 p.m. **All workouts will be held at the PTMS football field.** No equipment is needed for these workouts. Players just need to bring a drink and wear spikes. Equipment will be handed out over the summer, mostly likely by the end of July. We will start practices with helmets and shoulder pads by the middle of August. Practices with full gear will start when school resumes. Players can purchase any equipment of their own. Players will need a physical completed before the first full practice (when school resumes) or they will not be allowed to participate. We will have physical forms available over the summer. Forms can also be downloaded via the school district website or picked up from the Athletic Director's office at the high school.

Any questions can be directed to Coach Joe Scaglione at: [scaglionej@pt-sd.org](mailto:scaglionej@pt-sd.org)

## **PTMS Girls Volleyball**

The Middle School Volleyball season will begin earlier for the 2014-2015 school year. We will actually be starting ***August 19<sup>th</sup>, the week before school starts.*** The reason for the early start is that we have a scrimmage the fourth day of school. ***Practice on the days of August 19<sup>th</sup>, 20<sup>th</sup>, and 21<sup>st</sup> will begin @ 3:30 and end @ 5:00. Practice when school is in session will end @ 4:30.*** IF YOU ARE INTERESTED IN PARTICIPATING WITH THE VOLLEYBALL TEAM, PLEASE EMAIL MR. AMEND AT [amendw@pt-sd.org](mailto:amendw@pt-sd.org) so he can add you to his email list.

Players should come to school (or the week before school this year) prepared with practice clothes and sneakers. A practice/game schedule will be sent home with your daughter after their first practice on August 20th. ***It is imperative that your daughter has all of her physical information completed so she is able to practice/participate. The link to find all necessary paperwork is.....***

<http://www.ptsd.k12.pa.us/SportsPhysical.aspx> . (You're looking for the three links under PIAA Pre-Participation Physical Evaluation.)

PIAA Physical packets are also available on the PTMS website and in the PTMS Main Office.

The coaching staff feels that your daughter has made a commitment by coming out for the Middle School Volleyball team. We, as coaches, have arranged our schedules to meet this commitment and would like the same consideration from your daughter. When possible, please schedule appointments around the hours of volleyball practices and matches. Even if your child can come to part of a practice, we would greatly appreciate the effort.

I have also attached a summer camp brochure with this document. If your daughter is interested in playing volleyball for the Middle School, I recommend that she attend one of these camps.

Thank you very much for allowing your daughter to participate! I know we will have a great season. If you have any questions, please feel free to e-mail me at the address provided below.

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[amendw@pt-sd.org](mailto:amendw@pt-sd.org)

## **PTMS Swimming**

Our 2014 season promises to be another exciting season for the PTMS swim team. As a team we will continue the fine tradition of swimming in Peters Township! The first day of practice will be the first school day after Labor Day, (Tuesday, September 2<sup>nd</sup>). The season runs from September 3 – approximately October 14<sup>th</sup>. Our team will compete in numerous dual meets held at PTHS and other area schools, including against rivals Bethel Park, Upper St. Clair, and Mt. Lebanon.

If you would like to participate, **please express your interest** in joining the PTMS Swimming team **by e-mailing Coach Michelle** a brief note at [row0319@gmail.com](mailto:row0319@gmail.com). She will then use this email address in order to send you updates throughout the summer and during the season. Additionally, the PTMS and PTHS Swim Teams are in the process of building a website- please look for information when it is completed.

PIAA Physical packets are available for students in the Middle School main office or can be found at the link listed below. Your completed physical packet must be submitted to Coach Michelle on the first day of practice. Please make sure your child picks up a physical information packet available in the middle school main office. It is required that your child have all the necessary forms completed so that they may practice with the team.

<http://www.ptsd.k12.pa.us/SportsPhysical.aspx> . (You're looking for the three links under PIAA Pre-Participation Physical Evaluation.)

Thank you very much for allowing your child to participate! I know we will have a great season. We look forward to you joining our FUN and FAST team!

If you have any questions, please feel free to e-mail me at the e-mail address provided below.

Sincerely,

Coach Michelle Rowles  
E-mail: [row0319@gmail.com](mailto:row0319@gmail.com)

## **PTMS Cheerleading**

The Peters Township Middle School Cheerleading program is about learning the basic fundamentals of cheerleading, promoting school spirit, and building self-confidence. To be a PTMS cheerleader, you must be dedicated, willing to work and excited to support our football and basketball teams.

We will have two squads: one seventh grade team and one eighth grade team. There are no tryouts; therefore, our squads will consist of all girls interested in joining.

All cheerleaders must attend scheduled cheer camps in August. At this time we will teach basic fundamentals including, but are not limited to, proper conditioning techniques, motions, jumps and stunts, as well as chants, cheers and dance routines.

In order for you to participate, you must complete the PIAA Physical and waiver forms. They must be submitted BEFORE August's camps. These revised forms can be found on the school website at: <http://www.ptsd.k12.pa.us/SportsPhysical.aspx>. They are also available in the PTMS Main Office.

To express interest in joining the PTMS Cheerleading program, please send an e-mail to [ptmscheer@aol.com](mailto:ptmscheer@aol.com). Coaches will host an informational meeting on Thursday, May 22<sup>nd</sup>, 2014, at 6:30 p.m. in the PTMS LGI.

Sincerely,  
Ms. Melissa Giaquinto - Head Coach

Ms. Jessica Carpenter – Assistant Coach  
(Rev. 5/20/14)