

NOVEMBER

2014



Community High School

THE FALCON FORUM

Dr. Robert D. Livernois—*Superintendent*

Mr. Joseph Konal—*Chief Academic Officer*

Mr. Paul M. Yestrepky—*Director of Alternative Education*

2899 Fox Hill
Sterling Heights, MI 48310
586.825.2900

www.wcskids.net/chs/

OPERATION GRADUATION



BE PRESENT
BE PRODUCTIVE
BE POSITIVE



Attendance Policy

Students who are absent or tardy to school must have their parents call by 9:30am. Students absent without parental contact are **UNEXCUSED**.

ABSENT REPORT LINE - (586) 698-4608

All students finding it necessary to leave before the end of the day will need to sign out at the main office.

Please inform the office by a written

note or a phone call, before 1st hour, when necessary for your student to leave early. Have your student report to the office to sign out and receive their pass. Upon return, students will sign back in at the security desk.

A STUDENT THAT LEAVES CAMPUS WITHOUT PROPER CHECKOUT CAN AND WILL BE SUSPENDED.

Parent Teacher Conferences

We encourage you to make every effort to attend Parent/Teacher Conferences which will be held on the following dates and times:

Monday, November 24, 2014 5:00 pm to 8:00 pm

Tuesday, November 25, 2014 12:30 pm to 3:00 pm & 5:00 pm to 8:00 pm

We ask that you limit your conferences to 5 minutes. Should you find you need more time, please schedule an appointment with the teacher to continue the conference at a later time.

Homework Request

All homework requests for student absences are to be made to the attendance office at (586)825-2900. Please allow 24 hours for your request to be processed.



Winning Futures is an award winning non-profit organization that makes a difference in the lives of young people. We offer school-based mentoring programs and workshops for middle school and high school students in Southeast Michigan.

All of our programs focus on the life skills of character value identification, goal setting, career preparation, and strategic planning. We partner with organizations throughout the country to implement our life skills workbooks and activities.

The people at winning futures have a mission to be an exemplary business-education partnership that inspires and prepares young people to be self-reliant and successful through life skills, strategic planning, mentoring, and scholarship programs.

After participating in the program:

- Over 95 percent of mentored students plan to continue their education at a higher level.
- Nearly 100 percent believe they can accomplish their career goals.
- More than 80 percent have a better understanding of their values.
- All participants believe they can set realistic, detailed goals.
- Teachers and mentors report improvements in attitudes, focus, teamwork skills, goal setting, and confidence.
- Ninety percent of parents reported that their children are more prepared for the future, have a better attitude, and have initiated conversations about their future.



25 volunteer mentors began their mentoring journey at Community High School in partnership with Winning Futures! Over the next eight months, mentors will help their new mentees with personal and professional development, develop their employability skills and offer them valuable insight into possible career paths.

Blessings In a Backpack



Mr. deCardenas' 4th hour leadership class is working hard packing backpacks full of non-perishable food items for students throughout the district. They work hard every Wednesday to fill the backpacks to be distributed on Fridays



Parking Permits

What you need to get a parking permit:

- Valid Michigan drivers license
- Copy of your proof of insurance
- Vehicle that the permit will be for
- Parent signature

Where to park:

- North parking lot
- ** Do not park in West parking lot****

Ways to be denied a permit:

- Provide the wrong paperwork
- Having an invalid drivers license

Ways to get your parking permit

taken away:

- Possession of tobacco, alcohol or illegal substances
- Reckless driving

Parking Permits are FREE



Graduates

Congratulations
to our November
Graduates



Kevin Ericson
Dewan Hassan
Miriam Kiryakos
Andrew McVeigh
Daniel Panknin
Nathan Pippin
Mackenzie Rodgers
Daijae Warren

OPERATION GRADUATION

BE PRESENT
BE PRODUCTIVE
BE POSITIVE

AlNet



Upcoming Events

- Quiz Bowl
- November 13th
- Volleyball
- December 11th



Congratulations

To the boys basketball team on yet again another championship. The A-team went undefeated in a field of 16 teams from 8 different schools

Pink Out Day

Pink Out Day, also known as National Breast Cancer Awareness Day, is an annual international health campaign organized by major Breast Cancer charities every October to increase awareness of the critical disease and to raise money for research into its cause, prevention, diagnosis, treatment and cure.



Congratulations to Mrs. Collins' class for winning the Pink Out competition!

Seminars



Managing Anger and Other Emotions

- November 6th, 13th and 20th
- All meetings are from 6 to 8pm.

Seminar Credit

Community High School students have an opportunity to earn high school credit for seminars they attend.

Please see counseling for more information.



Extra Credit Union will be presenting on Savings and Checking accounts on November 14th.

Meet the Community High School Staff!!!

Mr. Cavalier



Mr. Cavalier is another teacher that is very strict, but also laid back. He lets students have chances to make up work. He teaches astronomy, World History, and American History. He is the Alnet director for Community High

School and coaches the Alnet teams in various competitions. He also enjoys some after school activities like hunting and fishing. He's also a certified charter captain.

How did you get into coaching basketball?

- He played growing up, and coached both daughters.

How long have you been teaching?

- He's been teaching for 17 years.

How do you feel about being in a new school and class?

- Great, he's been at Butcher for 14-15 years and his class is a little bigger.

What other sports do you coach?

- He coaches basketball, volleyball, softball, and football.

What does teaching mean to you?

- It's an exciting career and every day is different.

How many tournaments have you led?

- All of them and 51 Alnet championships.

Do you have any pets?

- 1 dog named Jack.

Ms. Collins



Ms. Collins is a very open minded, laid back, but strict teacher at Community High. She loves her students and they love her back. She's very understanding and loves pets.

Just recently Ms. Collins had

to put her dog Kitty down in September. May Kitty Rest in Peace <3

What made you want to teach?

- Both of her parents were teachers, she grew up knowing the business, was good in science but wanted to teach a higher level.

What made you decide that WCS was the best place for you to teach

- Her dad taught in the district for 30 years and his last year in the district was her first year. She knew how good the district was and wanted to be a part of it. She did student teaching at Sterling Heights High and got a recommendation from the principal.

How long have you been teaching?

- She has been teaching for 19 years all in WCS.

Why were you and Mr. Brylewski so eager to start the ecology club?

- They are both are pretty busy outside of school, but they realized their a pretty solid science team. They work well together and wanted to have a club similar to the traditional schools. They are both very eager to get things started.



LOCAL ORGANIZATIONS & AGENCIES THAT OFFER COMMUNITY SERVICE OPPORTUNITIES

- Salvation Army (various locations)
- St. Vincent de Paul (various locations)
- Sacred Heart Chaldean Catholic Church (Detroit)
- Gleaners Food Bank (Warren)
- Open Hands Food Pantry (Royal Oak)
- Hope Center in Macomb (Fraser)
- Warren Goodfellows (Warren)
- All About Animals Rescue (various locations)
- Interfaith Volunteer Caregivers (Centerline)
- Leaps & Bounds Family Services (Warren)
- Macomb County Warming Center (Eastpointe)

COMMUNITY SERVICE OVERVIEW

Students can earn 0.5 credits for every 60 hours of community service they complete, with a maximum of 2.0 credits (240 hours) possible.

Community service placements must be approved by the counselor and must be with a non-profit "helping" agency and/or organization. Students are not permitted to work for free and consider it community service. Some of the most common community service opportunities utilized by students include: hospitals, Salvation Army, nursing homes, food pantries, animal shelters and churches. Specific organizations and agencies are listed above.

Students must meet specific requirements in order to earn credit for their community service work.



COMMUNITY SERVICE REQUIREMENTS

Students are responsible for finding their own community service agency/location.

Students must complete a Community Service Learning Agreement, which provides student information, agency/organization information, supervisor information and necessary signatures.

The organization and/or agency site **MUST** have a landline phone number listed under the locations name and come up when searched online via Google or other search engines. Cellular phone and home phone numbers will **NOT** be accepted.

Students must complete a Time Log Packet that includes time log information for each day/time service was done, supervisor evaluation, and student evaluation of the experience including reflection question responses.

***Summer Hours:** The Community Service Agreement must be completed and turned in no later than May 26, 2015 to earn service hours over the summer. Students who completed and turned in an agreement earlier in the school year do not need to complete a new agreement to finish completing their hours over the summer.

COMMUNITY HIGH * NOV. '14

A nourished student is a learning student!



USDA is an equal opportunity provider and Employer.

Sun



**WCS
NUTRITION
SERVICES IS
LOOKING
FOR A FEW
GOOD
EMPLOYEES
TO FULFILL
OUR NEED
FOR
SUBSTITUTE
CAFETERIA
HELPERS.
APPLY
ONLINE
TODAY!**

Call Caroline
Dylewski at
586.698.4660 to
express your
interest in
employment.

Mon

3

Whole Grain
Chicken
Quesadilla with
Salsa
& Sour Cream
Refried Beans

Fruited Jello
**Sweet Potato
Fries**

10

2 for 1 Reduced Fat
Beef Tacos on
Ultragrain
Tortillas
with **Salsa** & Sour
Cream

Refried Beans
Fruited Jello

Sweet Potato Fries

17

Chicken Parmesan
With a Whole
Grain Roll

Broccoli Slaw
Fruited Jello

Sweet Potato Fries

24

Whole Grain
Chicken
Quesadilla with
Salsa
& Sour Cream
Refried Beans

Fruited Jello
**Sweet Potato
Fries**

Tue

4

Beef Ravioli
With Whole Grain
Roll

Steamed Broccoli

Fruited Jello

**Sweet Potato
Fries**

11

Italian Sausage with
Green
Peppers & Onions

Seasoned Green
Beans
Fruited Jello

**Sweet Potato
Fries**

18

Whole Grain Mini
Chicken Corn Dogs

Seasoned Corn

Fruited Jello

Sweet Potato Fries

25

Breakfast
Service
Only

Half Day

Wed

5

Meat &
Cheese
Nachos
Sour Cream
& **Salsa**

Green Beans
**Sweet Potato
Fries**

12

Chicken Pot
Pie

Broccoli Slaw

**Sweet Potato
Fries**

19

Fiestada
Salsa & Sour
Cream

**Steamed
Broccoli**

**Sweet Potato
Fries**

26

Thu

6

Whole Grain
Breaded
Chicken
Nuggets with
Whole Grain
Roll

Oven Fries

13

Whole Grain
Breaded
Chicken Nuggets
with Whole
Grain Roll

Mashed Potatoes
& Low Sodium
Gravy

20

All Beef
Hot Dog on a
Whole Wheat
Bun

**Vegetarian
Baked Beans**

Oven Fries

27

Fri

7

Popcorn
Chicken Bowl

Mashed
Potatoes
&
Low Sodium
Gravy

14

Breakfast
Service
Only

Half Day

21

Potato Crunch
Pollock Sandwich

Oven Fries

28

Sat

**Also
Offered Daily:**
Cold
Sandwiches,
Salad Bar,
Chicken
Sandwiches,
Hamburgers,
Bosco Sticks,
Hummus Plate,
and Pizza.

Try any of our
assorted fresh
fruits and
vegetables
offered daily.

A complete
lunch
consists of one
entrée, up to
two fruits &
two
vegetables,
and a choice
of milk.

A serving of a
fruit or
vegetable is a
required
component of
complete

Breakfast	\$1.50
Lunch	\$3.25
Milk	\$0.60





Notes from Nursing



I got mine, did you get yours??

The Flu season has begun but it's not too late to get immunized against the seasonal flu.

Who should get vaccinated this season? Everyone who is at least 6 months of age should get a flu vaccine this season. It is especially important for some people to get vaccinated. Those include:

- People who are at high risk of developing serious complications like pneumonia if they get sick with the flu:
 - People with asthma, diabetes, and chronic lung disease
 - Pregnant women
 - People 65 years and older
- People who live with or care for others who are at high risk of developing serious complications.

When should you get vaccinated? October or November is the best time to get vaccinated, but you can still get vaccinated in December and later. Getting the vaccine early gives the body enough time to build up immunity to or protection from, the flu virus before infection rates start to climb in the cold months. It takes about two weeks after vaccination for antibodies to develop in the body and provide protection against the flu. A flu vaccine is needed every year because flu viruses are constantly changing. It is not unusual for new flu viruses to appear each year.

What are the symptoms of the flu? Symptoms of seasonal flu include **fever** plus one or more of the following: **cough, sore throat, body aches, headaches, chills, fatigue, diarrhea, or vomiting.** The virus can also cause pneumonia, which can make it hard to breathe.

Is there a treatment if I get sick with the flu? Antiviral medications used to treat common seasonal flu can ease symptoms and shorten the duration of the illness.

When to keep kids home... When to Keep a Child Home from School*

1. Fever: A child has a temperature of 100 F taken by mouth or 99 F taken under the arm. **The child should not return until 24 hours of no fever, without the use of fever-reducing medications.**
2. Diarrhea: A child has two loose or watery stools, even if there are no other signs of illness. The child should have no loose stools for 24 hours prior to returning to school.
3. Vomiting: A child that is vomiting. The child should have no vomiting episodes for 24 hours prior to returning to school.


Prevention: Teach and practice healthy habits. Wash your hands often with soap and warm water for at least 20 seconds. Avoid touching your eyes, nose and mouth, because the virus can spread when you touch surfaces that are infested with germs.



No School- District In-service PD	November 4
Half Day	November 14
Evening Parent Teacher Conferences	November 24
Half Day- Afternoon and Evening Parent Teacher Conferences	November 25
NO SCHOOL- Thanksgiving Break	November 26-28
Classes Resume	December 1
Half Day	December 19
NO SCHOOL- Winter Break	December 22-January 4
Classes Resume	January 5
Half Day- High School Exams 1 & 2	January 14
Half Day- High School Exams 3 & 4	January 15
Half Day- High School Exams 5 & 6	January 16
NO SCHOOL- Martin Luther King Day	January 19
Half Day	January 30

WARREN CONSOLIDATED SCHOOLS

31300 Anita | Warren, Michigan 48093 | 888-4WCS-KIDS | www.wcskids.net

<u>Student Achievement</u>	<u>Clear Expectations</u>	<u>Strong Relationships</u>
<i>A focus on measurable student achievement in our Professional Learning Communities.</i>	<i>Clear expectations for every stakeholder, including students, staff and parents.</i>	<i>Strong relationships among all stakeholders, including: teacher-student, parent-teacher, principal-teacher, and superintendent-board member.</i>
<u>2013-2014 Board of Education</u> Brian White, President Elaine G. Martin, Vice President Susan Jozwik, Secretary Megan E. Papasian-Broadwell, Treasurer I. Susan Kattula, Trustee Benjamin I. Lazarus, Trustee Susan G. Trombley, Trustee Dr. Robert D. Livernois, Superintendent		In compliance with Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, the Americans with Disability Act of 1990, the Elliott-Larsen Civil Rights Act of 1977, and the Genetic Information Nondiscrimination Act of 2008, it is the policy of the Warren Consolidated Schools that no person shall, on the basis of race, color, national origin, sex, (including sexual orientation or transgender identity), disability, age, religion, height, weight, marital or family status, military status, ancestry, genetic information, or any other legally protected category, (collectively, "Protected Classes") be excluded from participation in, be denied the benefits of, or be subjected to, discrimination during any program, activity, service or in employment. Inquiries should be addressed to the Chief Human Resources Officer, 31300 Anita, Warren, Michigan 48093, (586) 825-2400, ext 63110.