## MINDFUL

MONDAY

Look at Example email!

EMAILED BOOK BUDDY & TEACHER WITH SPECIFIC GOALS FOR THE WEEK AND REFLECTIONS.

## T E L L – A L L

TUESDAY

Using the RACES strategy write a brief summary of what you read today.

Restate the ? Answer the ? Cite text evidence Explain the evidence Summarize WOW-WEDNESDAY

Insert a quote from what you read today.

Explain why you chose this quote. What does it mean? What makes it a "wow" quote? What techniques did the author use?

