

ERIN'S LAW AND HEALTHY BOUNDARIES

WELLNESS- MS. SNAPP

WHAT IS ERIN'S LAW?

- Erin's Law is named after childhood sexual assault survivor, author, speaker and activist Erin Merryn, who is the founder and President of Erin's Law.
- **“Erin's Law** requires that all public schools in each state teach prevention lessons about child sexual abuse.
- “Erin's Law” requires that all public schools in each state implement a prevention-oriented child sexual abuse program which teaches body safety, and sex abuse prevention.
- As of 2019, 38 states have approved Erin's Law lessons! Oregon SB858.
- 12 states are pending to pass this law.

WHY DO WE NEED TO LEARN ABOUT THIS?

- Keeping yourself and your body safe is the priority of the law and of our schools.
- We want to give you tools to help you recognize when a situation is not safe for you.
- We want you to know what to do if you are ever faced with someone violating your personal space or your body.
- We want to help you identify the people you can go to if this were to happen to you or a friend.

WHAT ARE HEALTHY BOUNDARIES?

- When you have healthy boundaries you are **aware** of what your personal boundaries are.
- When you set boundaries with people you are telling them how you want to be treated and how to respect you emotionally/mentally and physically.
- No one has a right to violate your boundaries.

CONSENT: DIRECT, VERBAL AGREEMENT OF BEHAVIOR

CONSENT – WHAT IT IS:

- DIRECT
- VERBAL
- VOLUNTARY
- MUTUAL

CONSENT – WHAT IT IS NOT

- COERCED – FORCED
- SILENT
- IMPLIED
- ONE-SIDED

WHAT IS CONSIDERED A VIOLATION OF YOUR BOUNDARIES??

- If someone does not respect your request to stop doing something.
- If someone asks you to keep a secret about violating your boundaries.
- If you set a boundary and it is ignored.
- If someone does something to you and it scares you or you feel uncomfortable and want it to stop.
- Trust your intuition – if it doesn't feel right – it's not!
- Red Flag!!! Asked to keep a secret or will threaten you/family
- Personal bubble – side hug, high five, smile, etc
- On line safety – sexting
- You will get into trouble/no one will believe you if you tell

SEXUAL HARASSMENT, VIOLENCE, ABUSE

VIOLATION = NO CONSENT (DIRECT, VERBAL AGREEMENT TO BEHAVIOR)

Harassment

Whenever someone bothers you (unwanted) with words, actions, or pictures of a sexual nature – can happen to boys/girls

Verbal: words, gossip or threats

Non verbal: Pinching, rubbing, brushing up against, etc.

Online: Sexting, Photos, Memes

Violence

Threatening or forcing someone into sexual activity

Kissing - Sexual touching

Attempted sexual intercourse

Rape

Exposure of person's genitals

Sexual Harassment

Photo of a person who is nude

Exposure to pornography

Abuse

Whenever someone uses physical behavior that violates personal & private boundaries, over time and imbalance of power (abuser – adult & abused – minor)

FLIRTING/JOKING VS SEXUAL HARASSMENT

FLIRTING

- Compliments – you feel good, flattered or neutral
- You don't mind attention
- Easy to make stop
- Not against the law

SEXUAL HARASSMENT

- You don't want the attention
- You feel uncomfortable
- You feel powerless to stop it
- Against the law and violates school rules

WHAT IF YOU ARE UNSURE IF THE CONTACT OF YOUR BODY IS VIOLATED?

- Talk to a trusted adult and tell them what happened to you.
- Understand that what happened was not your fault and reporting it to a trusted adult is the right thing to do.
- If someone asks you to keep a secret about inappropriate touching or sexual abuse, talk to an adult.
- You are not responsible for the actions someone else took with you. You are only responsible for keeping yourself and body safe. Talk to an adult
- Tell an adult!

**WHAT QUESTIONS
DO YOU HAVE?**

**THANK YOU FOR BEING A GOOD
AUDIENCE!**