# Epipen Administration Training for School Staff

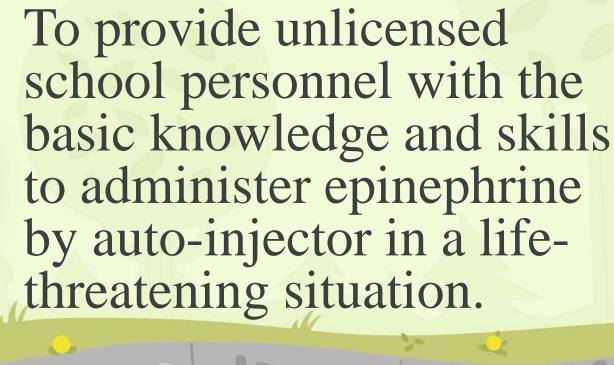
Plainville School District

Massachusetts Department of Public Health





### Purpose



## Epipen Training Module

Please watch the following Food Allergy training module:

"Food Allergies and Anaphylaxis in School: What School Staff Need to Know"

\*\*Must copy and paste this link into Explorer Search Engine\*\*

https://www.allergyhome.org/schools/food-allergy-school-staff-training-full-length-module/





#### Common Sources of Hidden Ingredients

**Milk:** Breads, caramel, hot dogs and deli meat, non-dairy creamers, cheese alternatives, canned tuna, guacamole, chocolate, butter substitutes, sauces...

**Soy:** Processed foods, breads, soups, sauces, canned meats, pea- nut butter, cereals, crackers...

**Eggs:** Mayonnaise, meringue, egg substitutes, cake mixes, frosting, pasta, salad dressing, meatballs, sauces, ice cream, glaze on soft pretzels...

**Peanuts/Tree Nuts:** Artificial and mixed nuts, desserts, ethnic cuisine, ice cream, barbeque and other sauces, marzipan, nou- gat, pesto, energy bars, granola, cereal, chocolate candies . . .

**Fish/Shellfish:** Worcestershire sauce, Caesar salad dressing, imitation crab products, Asian cuisine...

Wheat: All grain-based products, processed foods, food starch,



#### How to Use the EpiPen Auto-injector Yellow case-Adult dose Green case-Junior dose

- 1. Pop open the yellow or green cap from the carrying case and remove the EpiPen from its storage tube.
- 2. Grasp unit with orange tip pointing downward.
- 3. With your other hand, pull off the blue safety release cap.
- 4. Swing and jab firmly into outer thigh until it clicks so that unit is at 90-degree angle with thigh (can go through clothing).
- 5. Hold firmly against thigh for **3** seconds.
- 6. Remove unit from thigh and massage injection site for 10 seconds.

Call 911 and seek immediate medical attention. Symptoms may reoccur

#### Video for Epipen Auto-injector

 Please watch the following video on how to use an Epipen Autoinjector:

 https://www.youtube.com/watch?v= EYyOqBXJeiw







#### How to Use Adrenaclick Auto-injector

- 1. Pull off grey cap labeled "1": You will now see a red tip. **Never** put hand or fingers over the red tip.
- 2. Pull off grey end cap labeled "2".
- 3. Place the red tip against the middle of the outer side of the thigh (upper leg). It can go through clothes.
- 4. Press down hard until auto-injector fires and the needle enters the thigh. Hold in place while slowly counting to **10**.
- 5. Remove Adrenaclick from thigh and check the red tip. If the needle is exposed, the dose was given. If needle is not seen, repeat step.
- 6. Immediately call 911. Symptoms may reoccur.





#### Adrenaclick How to Video



 Please click the link below to watch the Adrenaclick video:

 https://www.amazingannie.org/how -to-administer





#### Auvi-Q auto-injector

 1st auto-injector that has a voice that talks you through each step of the injection process

• Counts down when you are done, beeps and has a red flashing light to tell you

injection was successful

Compact Design fits in pocket

• 2 doses -

• \* Child dose – 0.15mg (33-66 pounds) Blue packaging

• \* Adult Dose – 0.3mg (over 66 pounds) Orange packaging

Needle injects and retracts automatically



#### Emergency Plan Steps for Trained Staff

- If the nurse is unavailable:
  - 1. Obtain the Epinephrine from the nurse's office, cafeteria, or student.
  - 2. Administer the epinephrine.
  - 3. Call 911 immediately or designate someone to do this. Student must be transported to the ER even if symptoms improve after treatment.
  - 4. Notify Principal and Parent. The emergency contact information is on the emergency plan. Also found on Schoolbrains.
  - 5. Department of Public Health to be notified by School Nurse.





#### Competency Award

 Please take the following Competency test and print out/send certificate to school nurse records:

https://www.proprofs.com/quiz-school/story.php?title=food-allergy-competency-test

 Meet with school nurse to demonstrate the administration of the Epinephrine auto-injector.

#### Thank you and Congratulations!



