

## **Barnstable Public Schools**

### **Protocol: Travel Guidelines (updated 11/17/21)**

**ALL students and staff (regardless of vaccination status) who travel, either within the United States or internationally, must monitor for COVID-19 symptoms for 14 days after their return.**

**If symptoms develop, the individual must not report to school, and must get tested for COVID-19.**

### **After-Travel Test and Quarantine Recommendations**

The following guidelines are strongly recommended, but not required, after travel and before returning to school

#### **Travel within the United States**

For unvaccinated students and staff who travel within the country, it is **recommended** to:

- Get tested 3-5 days after travel.
- Stay home and self-quarantine for a full 7 days after travel, even if you test negative at 3-5 days.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.

Those who are fully vaccinated (who have received two doses of either the Moderna or Pfizer COVID-19 vaccines or who have received a single dose of the Johnson & Johnson vaccine, 14 days before travel) and those who have had PCR-confirmed COVID-19 within 90 days of their travel **AND** who do not have symptoms *do not need to test or quarantine, but should monitor for symptoms*

#### **International Travel**

For ALL (vaccinated and unvaccinated) students and staff who travel out of the country, it is **recommended** to:

- Get tested 3-5 days after travel.

For unvaccinated students and staff who travel out of the country, it is **recommended** to:

- Get tested 3-5 days after travel.
- Stay home and self-quarantine for a full 7 days after travel, even if you test negative at 3-5 days.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.

*All COVID-19 protocols will be reevaluated regularly based upon community transmission data, vaccination rates, and in conjunction with federal, state and local guidance.*