

Empathy

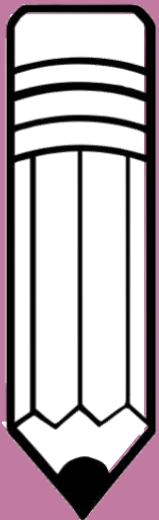
Click this Link & Watch the Video:
Empathy: The Human Connection



Based on what you learned in the video, which of the following best describes empathy?

- A. Feelings of pity and sorrow for someone else's misfortune
- B. The comfort received by a person after a loss or disappointment
- C. The ability to understand and share the feelings of another
- D. The state or fact of responding in a way similar or corresponding to an action elsewhere

Click this Link to Dig Deeper:
Empathy vs. Sympathy



Write about a time that someone was going through a difficult time. How did you react and what did you say? After watching this video and reading this article, how would you change your response or actions?

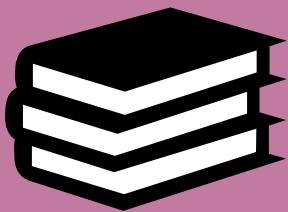
How empathetic are you?

Empathy Quiz



Empathy Quiz Results:
Your empathy score is _____ / 110,
indicating a _____
level of empathy in general.

In what ways can you nurture and grow your empathy skills?
Include at least three ways - be specific with explanations.



Read a Little More:
Empathy in Healthcare

In your own words: Why is empathy important for those
who are working in healthcare?

