

2021 Cedar Crest Elementary XC Series

DATES

Wednesday, 9/15

Practice @ CCHS, 5:30-6:30 PM

Meet at the CCHS Pavilion

Wednesday, 9/22

Practice @ CCHS, 5:30-6:30 PM

Meet at the CCHS Pavilion

WEDNESDAY, 9/29

Elementary XC Races

1st & 2nd Grade= 5:30 PM

3rd & 4th Grade= 5:50 PM

5th & 6th Grade= 6:10 PM

-Post-Race Snack & Awards Will

Follow 5th/6th Race

Boys & Girls run together.

Rain Date for XC Races:

- Thursday, 9/30

**INTRODUCING
FUTURE
CHAMPIONS TO
THE SPORT OF
CROSS COUNTRY!!!**

Calling all Up & Coming Runners (Grades 1-6) in the Cornwall-Lebanon School District...you are invited to participate in the Elementary XC Series this fall! Come and experience what the sport of Cross Country is all about, meet new friends, and get into great shape all at the same time. All athletes will get individualized instruction & encouragement from high school coaches and athletes for two practices along with the opportunity to compete in an age-group cross country race!



District Champion Alex Galli

**Pre-Registration
Preferred By
Monday 9/13/2021
Walk-Up Registrations
Accepted, but no
guarantee of a T-Shirt**

Registration Fee: \$25 (Cash or Check)

- Fee includes T-Shirt, a Post-Race Snack, & a FUN TIME!!!
- Checks made payable to CCXC Booster Club

Contact Person: Brandon Risser

Mail form & registration fee to:

Brandon Risser
Cedar Crest XC Coach
Cedar Crest H.S.
115 East Evergreen Rd.
Lebanon, PA 17042

Athlete's Name

Phone Number

Method of Payment:
\$25 Registration Fee

☐ Check # _____

☐ Cash

Address

Grade in Fall of 2021

Male OR Female

Address

Parent/Guardian Name

Parent/Guardian Email

Signature

* Checks made payable to CCXC

T-Shirt Size:

- | | |
|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> Youth Small | <input type="checkbox"/> Adult Small |
| <input type="checkbox"/> Youth Medium | <input type="checkbox"/> Adult Medium |
| <input type="checkbox"/> Youth Large | <input type="checkbox"/> Adult Large |

Please Print Neatly