

RHSD 3 Elementary School Counselor

eLearning Activities

<b>K/1</b>	<b>2/3</b>	<b>4/5</b>
<p><b>Random Acts of Kindness-</b></p> <ul style="list-style-type: none"> <li>• Students show kindness by baking or making a treat with family members to share with each other</li> <li>• Write compliment cards, letter, or notes for a neighbor, friend, or family member.</li> <li>• Watch a read-a-loud on youtube or another reading site relating to kindness- (Ex. "Have you filled a bucket today?" "Extraordinary Many", or "How Full is your Bucket?"</li> <li>• Bucket filler/Bucket dipper activity- See Attached activity</li> </ul> <p><b>Cooperation Lesson-</b></p> <ul style="list-style-type: none"> <li>• Play a game, puzzle, or choose an activity to do together as a family. (Please write down what you played and who you played with)</li> </ul> <p><b>Career Lesson-</b></p> <ul style="list-style-type: none"> <li>• Ask someone 3 questions about their job</li> <li>• Draw a picture of a career they could be when they grow up.</li> </ul> <p><b>Safety and Trust-</b></p>	<p><b>Random Acts of Kindness-</b></p> <ul style="list-style-type: none"> <li>• Students show kindness by baking or making a treat with family members to share with each other</li> <li>• Write compliment cards, letter, or notes for a neighbor, friend, or family member.</li> <li>• Watch a read-a-loud on youtube or another reading site relating to kindness- (Ex. "Have you filled a bucket today?" "Extraordinary Many", or "How Full is your Bucket?"</li> <li>• Bucket filler/Bucket dipper activity- See Attached activity</li> </ul> <p><b>Cooperation Lesson-</b></p> <ul style="list-style-type: none"> <li>• Play a game, puzzle, or choose an activity to do together as a family. (Please write down what you played and who you played with)</li> <li>• Make a snowman or do an outdoor activity together as a family or a group.</li> </ul> <p><b>Career Lessons-</b></p> <ul style="list-style-type: none"> <li>• Pick any object in the house and think of how many jobs it took to create the object. (Ex. Book- Author,</li> </ul>	<p><b>Random Acts of Kindness-</b></p> <ul style="list-style-type: none"> <li>• Students show kindness by baking or making a treat with family members to share with each other</li> <li>• Write compliment cards, letter, or notes for a neighbor, friend, or family member.</li> <li>• Watch a read-a-loud on youtube or another reading site relating to kindness- (Ex. "Have you filled a bucket today?" "Extraordinary Many", or "How Full is your Bucket?"</li> <li>• Bucket filler/Bucket dipper activity- See Attached activity</li> </ul> <p><b>Cooperation Lesson-</b></p> <ul style="list-style-type: none"> <li>• Play a game, puzzle, or choose an activity to do together as a family. (Please write down what you played and who you played with)</li> <li>• Make a snowman or do an outdoor activity together as a family or a group.</li> </ul> <p><b>Career Lessons-</b></p> <ul style="list-style-type: none"> <li>• Pick any object in the house and think of how many jobs it took to</li> </ul>

<ul style="list-style-type: none"> <li>• Safety Rules and Trusted Triangle- See Activity</li> <li>• Discuss at least 5 ways we keep ourselves safe at home, school, and in the community.</li> </ul> <p><b>Friendship-</b></p> <ul style="list-style-type: none"> <li>• Draw a picture of an example of a good friend</li> <li>• Do something nice for a friend and write down what you did.</li> <li>• Make as many words out of the word F R I E N D S H I P</li> </ul> <p><b>Responsibility-</b></p> <ul style="list-style-type: none"> <li>• Have student trace their hand and in each finger write how they can help at home.</li> <li>• Practice shaking a hand at least 3-5 people. You may also use stuffed animals that have shakable arms.</li> <li>• Do Choirs or take care of a pet. Write down what you did.</li> </ul> <p><b>Exercise-</b></p> <ul style="list-style-type: none"> <li>• Exercise at least 30 minutes any activity</li> <li>• Play outside for at least 30 minutes</li> </ul> <p><b>Other-</b></p> <ul style="list-style-type: none"> <li>• Draw and label a picture of your family.</li> </ul>	<p>illustrator, tree logger, publisher, ink maker, etc...)</p> <ul style="list-style-type: none"> <li>• Ask someone 3 questions about their job</li> <li>• Draw a career picture of something they currently do that can be related to a future career</li> <li>• Career word search</li> <li>• Write a list of questions you would ask someone famous about their job.</li> <li>• Communicate/talk with a family member (or other safe-grown-up) about what they do on their job.</li> <li>• Write a story (Draw a picture of) about working your dream job or attending a college you like.</li> </ul> <p><b>Safety-</b></p> <ul style="list-style-type: none"> <li>• Discuss at least 5 ways we keep ourselves safe at home, school, and in the community</li> <li>• Write 5 ways you kept yourself and others safe on your day off.</li> <li>• Safety Rules and Trusted Triangle- See Activity</li> </ul> <p><b>Friendship-</b></p> <ul style="list-style-type: none"> <li>• Do something nice for a friend and write down what you did.</li> <li>• Write down 10 things that makes a good friend</li> <li>• Draw a picture of a good friend</li> </ul>	<p>create the object. (Ex. Book- Author, illustrator, tree logger, publisher, ink maker, etc...)</p> <ul style="list-style-type: none"> <li>• Go to vacareerview.org click on grades K-5 at the top. Click on “Kid Search” Chose one career to research. What career cluster does your job fit in? Determine the salary for your career. How much education is needed?</li> <li>• Ask someone 3 questions about their job</li> <li>• Career Crossword puzzle or word search.</li> <li>• Write a list of questions you would ask someone famous about their job.</li> <li>• Communicate/talk with a family member (or other safe-grown-up) about what they do on their job.</li> <li>• Write a story (Draw a picture of) about working your dream job or attending a college you like.</li> </ul> <p><b>Safety-</b></p> <ul style="list-style-type: none"> <li>• Discuss at least 5 ways we keep ourselves safe at home, school, and in the community</li> <li>• Write 5 ways you kept yourself and others safe on your day off.</li> <li>• Safety Rules and Trusted Triangle- See Activity</li> </ul> <p><b>Friendship-</b></p>
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<ul style="list-style-type: none"> <li>• Sing and dance to the music. Write down what you did.</li> <li>• Write a sentence about your best day ever.</li> <li>• Help your parent prepare a snack or meal</li> <li>• Learn a new skill. Example: wash dishes, fold clothes, clean the room, etc..</li> </ul>	<ul style="list-style-type: none"> <li>• Go to a friend's house and invite them to play</li> <li>• Make as many words out of the word F R I E N D S H I P</li> </ul> <p><b>Responsibility-</b></p> <ul style="list-style-type: none"> <li>• Write 5 ways the student can be responsible at home</li> <li>• Describe 5 ways you help your family as a team</li> <li>• Practice shaking a hand at least 3-5 people. You may also use stuffed animals that have shakable arms.</li> <li>• Do Choirs or take care of a pet. Write down what you did.</li> </ul> <p><b>Exercise-</b></p> <ul style="list-style-type: none"> <li>• Exercise at least 30 minutes any activity</li> <li>• Play outside for at least 30 minutes</li> </ul> <p><b>Other-</b></p> <ul style="list-style-type: none"> <li>• Write a sentence story about your best day ever.</li> <li>• Help your parent prepare a snack or meal</li> <li>• Learn a new skill. Example: wash dishes, fold clothes, clean the room, etc..</li> </ul>	<ul style="list-style-type: none"> <li>• Do something nice for a friend and write down what you did.</li> <li>• Write down 10 things that makes a good friend</li> <li>• Draw a picture of a good friend</li> <li>• Go to a friend's house and invite them to play</li> <li>• Make as many words out of the word F R I E N D S H I P</li> </ul> <p><b>Responsibility-</b></p> <ul style="list-style-type: none"> <li>• Write 10 ways the student can be responsible at home and in school.</li> <li>• Describe 5 ways you help your family as a team</li> <li>• Practice shaking a hand at least 3-5 people. You may also use stuffed animals that have shakable arms.</li> <li>• Do Choirs or take care of a pet. Write down what you did.</li> </ul> <p><b>Exercise-</b></p> <ul style="list-style-type: none"> <li>• Exercise at least 30 minutes any activity</li> <li>• Play outside for at least 30 minutes</li> </ul> <p><b>Other-</b></p> <ul style="list-style-type: none"> <li>• Write a sentence story about your best day ever.</li> <li>• Help your parent prepare a snack or meal</li> <li>• Learn a new skill. Example: wash dishes, fold clothes, clean the room, etc..</li> </ul>
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