

Dear Eighth Grade Families,

As part of the Webster Groves School District health curriculum, physical education/health teachers will share Human Growth and Development information with students. Our Human Growth and Development lessons will be taught between February 3 and March 21.

Our primary goal is to provide accurate information to ensure our students are physically and emotionally safe. This educational unit includes topics such as:

- Understanding Sexual Health
- Consent
- Healthy relationships
- Reproduction and teen pregnancy
- STI and HIV facts

All lessons will be conducted in a co-ed setting. [Click here](#) to access the WGSD K-12 Health curriculum overview.

Here is an informational slideshow that explains what will be covered with eighth grade. Please preview the materials included in this email prior to February 3. While we feel this curriculum is valuable to all students, parents may choose to share this information in their own way and do have the option to opt-out of these class lessons. Please contact your child's teacher directly (email addresses below) or complete the opt-out form to your child's teacher if you would like to opt your child out of some, part, or all of these lessons. All opt-out requests need to be turned into your child's teacher before February 3.

Thank you for your support and cooperation,

Webster Groves School District  
P.E. & Health Instructors

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