

# Energy Outline

There are four basic elements of this energy to have a successful life:



1. How to **Get** it.
2. How to **Interface** with it.
3. How to **Evolve** with it.
4. What it **Provides**.



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## The Matrix.

The matrix is the parts of our past that don't serve us and that keep us from being connected to the energy. To explain, we contrast the energy with the matrix as follows:

### Matrix

- What seems to be **happening**
- Produces an **unsuccessful** life
- **Generates** adversity and difficulty
- Keeps you worried or confused
- **Restrictive** – having you be insufficient like a tourniquet around your neck, arms, legs and the people you are interacting with
- Happens automatically whether you are paying attention or not
- Easy to surface in your consciousness
- Always there nipping at your cuff like a dog
- Requires **nothing** of you

### Energy

- What is really **happening**
- Allows a **successful** life
- Generates wonder and gliding
- Adds to your focus and ability to differentiate your best options
- **Freeing** – having you become sufficient and open, needing nothing externally or internally to be happy
- Happens with your constant focus and attention
- Must take action to surface in your consciousness
- Like a slippery fish, one must connect and reconnect
- Must ask and be in **action**

Actively and consciously bringing forth the energy to confront this con-stant pressure from the matrix to have you be unsuccessful brings the energy to the foreground and has it win over the matrix to support you in evolving to sustain a successful life.

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## What the Energy Provides

**A Magical Life.** When you get and properly use the energy, then what can you expect from it and what does it provide to you? Most of us who use and practice it say that "I have never felt better and never been happier."

You can expect to feel as though someone is looking out for, protecting and providing things for you. This is the magic and power of the energy. It supports a magical life.



ENERGY  
FOR SUCCESS