

Executive Functioning Rubric

	SA	TI	P	O	TM	F	EC	RI	WM	M	GDP
Mastery	Today, I focused until all my work was complete. I got back to work after being distracted.	Today, I worked the entire period. My teacher did not remind me to get to work. I did this on my own.	Today, I had a plan but ran into trouble. I changed my plan and reached my goal.	Today, I had my class materials neat and orderly	Today, I completed all my assignments on time. I was able to estimate how long each assignment would take, even without the clock on my phone.	Today, my schedule and/or assignments were changed without warning. I adjusted to the changes with my materials quickly and was able to still work.	Today, I was able to control my emotions even when the situation was difficult.	Today I did not not interrupt and I thought about my answers before volunteering them.	Today, I knew what I was supposed to be doing, how to do it, and when to do it. I did not need to check back with my teacher or the directions.	Today, I was able to think about what I was doing in class and improve my performance all the time.	Today, I was able to work towards my goal and worked towards it the entire class period.
Sustained	Today, I avoided distractions and picked good times to take a break.	Today, I started work on my own. My teacher only asked me to get to work once or twice.	Today, I created a plan for what I was going to get done. In my plan, I expected that there would be problems.	Today, I was able to find my class materials but they were sloppy and out of order	Today, I completed most of my assignments on time, but I still wasn't able to finish all of them.	Today, I was able to go from one activity to another, but I wasn't able to have all my materials in place for the next activity	Today, I was able to control my emotions during class except when the situation became difficult.	Today, I was able to identify situations I should have stayed out but after the fact.	Today, I knew what I was supposed to be doing, how to do it, and when to do it. I did need to check back with my teacher or the directions once or twice.	Today, I was able to think about what I was doing in class and improve my performance a few times.	Today, I was able to work towards my goal but I slowed down at the end.
Emerging	Today, my teacher had to remind me a couple of times to pay attention. My teacher had to remind me that I was distracted.	Today, I put my headphones and phone away when my teacher told me.	Today, my teacher helped me create a plan for what I was going to get done in class	Today, my teacher helped me find my class materials	Today, my teacher helped me complete class work on time and helped me prioritize my assignments.	Today, my teacher helped me adjust to changes in the schedule and to go from one activity to another	Today, my teacher helped me manage my emotions during class time. My teacher could not help me manage my emotions during a difficult time.	Today, my teacher helped me understand situations where I respond in inappropriate ways.	Today, my teacher helped me do things in my head. I was able to follow directions or arithmetic without having it written down	Today, my teacher helped me think about what I was doing in class.	Today, my teacher helped me state my goal and tried to help me reach my goal.
Starting Point	Today, my teacher had to remind me importance of focusing on a task.	Today, my teacher reminded me that getting to work is important.	Today, my teacher reminded me it was important for what I was going to do during class time	Today, my teacher showed me how my organization has an affect on my classwork	Today, my teacher helped me understand my ability to manage time has an affect on my classwork.	Today, my teacher told me how my ability to deal with change affects my classwork.	Today, my teacher helped me understand my ability to control my emotions.	Today, my teacher helped me understand my ability to think before I act	Today, my teacher was able to show me how holding information in my head is valuable while working.	Today, my teacher helped me understand the importance of knowing what I am thinking.	Today, my teacher helped me understand how well I am able to keep working on my goals.