

Brandon Valley School District
District Learning Plans
April 13-17, 2020

EC - 2nd Grade
Encore



Brandon Valley School District Distance Learning Plan

SUBJECT/GRADES: Encore / EC - Grade 2

DATES: April 13-17, 2020

What do students need to do? <u>Link to an important PE video message</u> <u>Link to PE instructional video</u> <u>Link to an important Music video message</u> <u>Link to Music instructional video</u> <u>Link to an important Counselor video message</u> <u>Link to Counselor instructional video</u> <u>Link to an important Art video message</u> <u>Link to Art instructional video</u>	Monday (4/13): NO SCHOOL Tuesday (4/14): Music • Listening BINGO activity (15 min) Wednesday (4/15): Counselor • Growth Mindset: Mindfulness and Deep Breathing Thursday (4/16): Art • Not a Box Friday (4/17): PE • Fitness Friday ○ Warm-Up (2-3min): Jump Rope Tricks ○ Activity (8-10 min): Exercise Challenges ○ Cool Down (2-3min): Go for a walk outside with a parent/guardian
What do students need to bring back to school?	Students are not required to submit evidence of completion; however, (if they wish) they may submit participation photos to their Encore teachers.
What standards do the lessons cover?	PE: 1: Motor Skills and Movement Patterns, 3: Enhance level of physical activity and fitness, 5: Recognizes physical activity for enjoyment, challenge, self-expression and social interaction Music: K-12.Pr.4 Analyze, interpret, and select artistic works for presentation, K-12.Cn.11 Relate artistic ideas and works Art: PK.VA:Cr.1.1 Engage in self- directed creative making that tells a story about a familiar place or object. K.VA.Re.8.1.a. Describe what an image represents. 1.VA.Cn.10.1.a Create art that tells a story or expresses a mood about a life experience 2.VA.Cn.10.1.a Create art that tells a story or expresses a mood about events in home, school or community life. Counselor: ASCA Standards Alignment: Behavior: Self-Management Skills: Demonstrate effective coping skills when faced with a problem

What materials do students need? What extra resources can students use?	Necessary Materials: ● PE: Jump Rope, Timer and a Positive Attitude ● Music: Writing utensil, BINGO card (attached PDF) ● Art: Paper, pencil and something to color with (crayons, markers, or colored pencils) ● Counselor: Growth Mindset and your imagination Extra Resources: ● PE: At Home Activities - https://openphysed.org/wp-content/uploads/2018/09/ActiveHome_ActivityPacket.pdf ● Music: Guess the Sound GAME https://www.youtube.com/watch?v=n1m4h79JZso ● Art: Art for Kids Hub- https://www.youtube.com/user/ArtforKidsHub ● Counselor: https://youtu.be/Gj_btw2IHlo
What can students do if they finish early?	PE: ● Cosmic Kids Yoga - https://www.cosmickids.com/ ● Home Activities - https://wideopenschool.org/ ● Move to Learn - https://www.youtube.com/channel/UCuPUdEctalgaEexj3ZFjkiQ Music: ● BV ECH-4 COVID-19 Music Extras Site: https://sites.google.com/k12.sd.us/bvmusick4/home Art: ● Art for Kids Hub- https://www.youtube.com/user/ArtforKidsHub ● Cassie Stephens- https://www.youtube.com/channel/UCdEo82iK2lzwMqCxBuQmmrQ/featured Counselor: https://www.youtube.com/watch?v=wf5K3pP2IUQ
Who can we contact if we have questions?	<u>Brandon Elementary</u> Building Principal: Mr. Horst- Merle.Horst@k12.sd.us PE: Mr. Duncanson- Jeff.Duncanson@k12.sd.us Music: Ms. Fode- Rachael.Fode@k12.sd.us Art: Ms. Rieff- Erin.Rieff@k12.sd.us Adaptive PE: Ms. Boehrns- Dacia.Boehrns@k12.sd.us Counselor: Ms. Kolb- Vickie.Kolb@k12.sd.us <u>Robert Bennis Elementary</u> Building Principal: Ms. Hofkamp- Kristin.Hofkamp@k12.sd.us PE: Mr. Scholten- Kory.Scholten@k12.sd.us Music: Mr. Fode- Jeff.Fode@k12.sd.us Art: Ms. McNamara- Heidi.McNamara@k12.sd.us Adaptive PE: Ms. Boehrns- Dacia.Boehrns@k12.sd.us Counselor: Ms. Osheim- Tammy.Osheim@k12.sd.us <u>Fred Assam Elementary</u> Building Principal: Ms. Foster- Susan.Foster@k12.sd.us PE: Ms. Brummels- Julie.Brummels@k12.sd.us Music: Ms. Verberg- April.Verburg@k12.sd.us Art: Ms. Heeren- Jordan.Heeren@k12.sd.us Adaptive PE: Ms. Boehrns- Dacia.Boehrns@k12.sd.us Counselor: Ms. Nelson- Angie.Nelson@k12.sd.us

	Valley Springs Elementary Building Principal: Ms. Palmer- Tanya.Palmer@k12.sd.us PE: Ms. Fitzgerald- Bailey.Fitzgerald@k12.sd.us Music: Ms. Ackerman- Jodi.Ackerman@k12.sd.us Art: Ms. Kasten- Amy.Kasten@k12.sd.us Adaptive PE: Ms. Boehrns- Dacia.Boehrns@k12.sd.us Counselor: Ms. Palmer- Tanya.Palmer@k12.sd.us
<u>Notes:</u>	

Instructional materials are posted below (if applicable)

Brandon Valley School District

EC-2 Listening Bingo

Instructions:

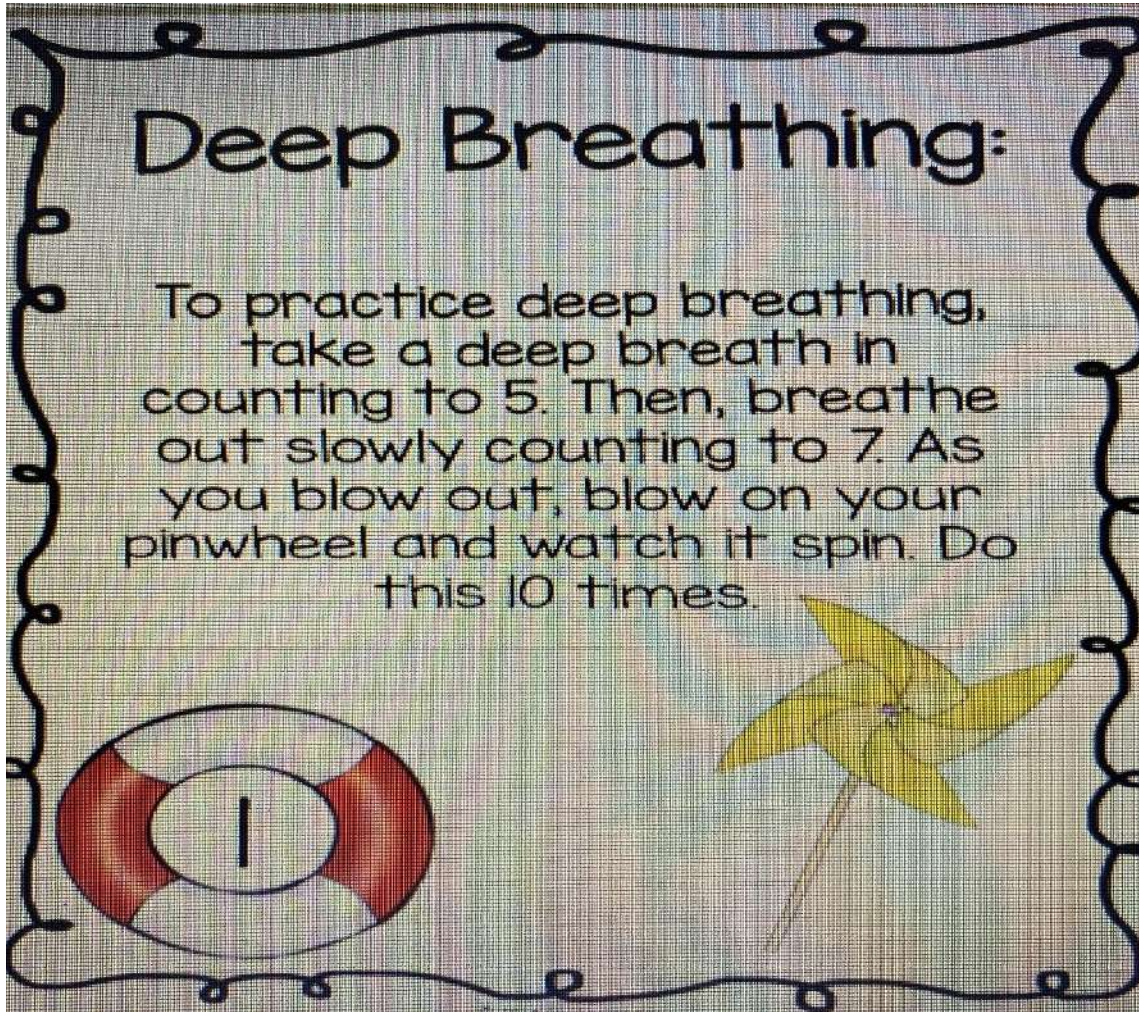
1. **Think** about the sounds all around you. **Listen.** How many different sounds do you hear right now? How do different sounds make you feel? (Example: a doorbell may make you jump. Keys rattling may make you feel excited. A fan may make you feel relaxed.)
2. **Go on a listening hunt!** Use this bingo card, and your EARS to find these sounds. When you find one, mark it with an X. When you get 5 in a row, you get a BINGO! Time yourself to find out how long it took you.
3. **Optional:** Take a picture of yourself with your completed BINGO card & email it to your music teacher.
4. **BONUS CHALLENGE:** Go for a blackout. (every single space). If you can't find a sound, think of something else to take its place & draw a picture of it next to the unfound item.



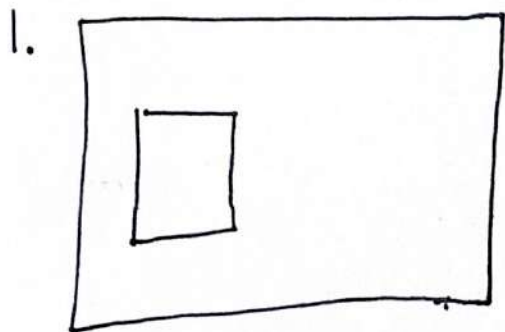
Counselor – EC-2nd Grade

Week 5: April 13 – April 17

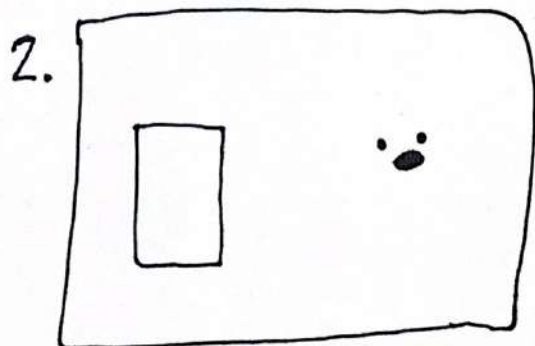
Instructions: Use your coping skill of deep breathing when you are feeling worried, sad, or angry. Follow the steps below. Use your imagination and pretend to have a pinwheel!



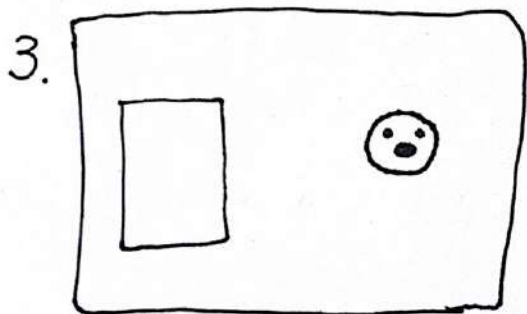
Not a Box: drawing guide



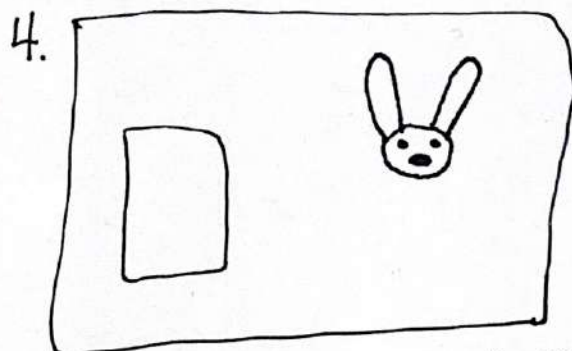
- draw a box on your paper.



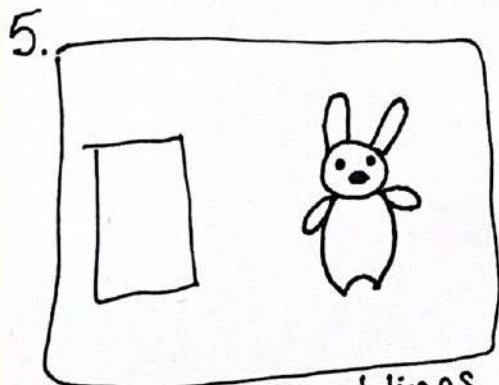
- draw a small oval (O) for a nose. Color it in.
- add 2 small dots for eyes.



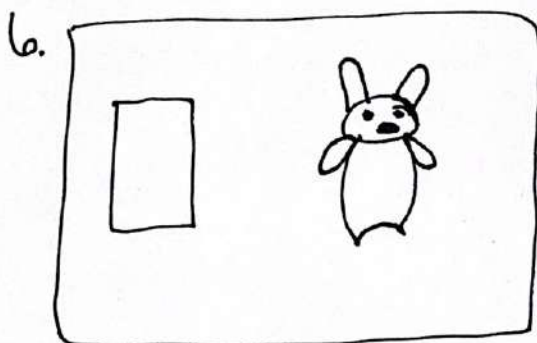
- draw a circle around the oval and the 2 dots.



- draw 2 big arched lines on top of the circle.



- draw 2 curved lines for the body, close it with a curved line.
- add 2 arms.



- use your imagination and turn the box into something AMAZING!

PE EC - 2nd

Monday (4/13):- NO SCHOOL

Friday (4/17):

***You Will Need:** A clock to time yourself with a second hand or a timer on your electrical device.

***Have FUN and do your BEST!**

- **Fitness Friday**

- **Warm-Up (2-3min) - Jump Rope Skills**

- 100 Forward and 100 Backward

- If no rope, no problem!

- What can you lie on the floor to jump over forward and backward 100x?

- Sock, cord, a strip of masking tape, etc.

- **Activity (8-10 min):**

- **Exercise Challenges:**

- **Touch all four walls in a room by:**

- Hopping (1 foot)

- Switch Legs

- Galloping

- Skipping

- Shuffling

- Walk Backwards

- Wall Sit - 1 minute

- Push ups (1 minute) - rest 2 minutes and try one more time

- Add those two numbers together. How many push ups did you do all together?

- Jumping Jacks - same as above

- How many did you perform all together?

- **Cool Down (2-3 min):**

- Go for a walk with guardians outside

- Remember to drink your water!!! You rock!!! Way to go BV students!