

EBENEZER ELEMENTARY

February 2020



Principal's Message

Dean W. Bozman, Ed.D.

Dear Parents/Guardians.

February will be another exciting and busy month at Ebenezer with several special events. This is a reminder that in addition to the printed report card a digital copy is available on Skyward in each student's portfolio. This is an opportunity to review your child's grades and progress over the first half of the school year. During the month of January, we held an assembly to kick off Kids Heart Challenge! Last year Ebenezer raised over \$54,000 and continued to rank among the top elementary schools in country! Thanks to the support of the PTE, Science Explorers shared an exciting assembly program with students and staff.

Excellent Events is held each month either by grade level or as a school-wide event. At Excellent Events we recognize students for P.R.A.I.S.E awards, shining stars, Principal's 100 Club, and birth-days. Another key ingredient to Excellent Events, is the focus on a different character trait each month. Here is a list of the character traits that have reviewed with students so far this school year:

September: Respect October: Responsibility

November: Caring December: Empathy

January: Acceptance February: Honesty

The character trait for February is Honesty. We defined Honesty as trustworthiness in what you do (actions) and say (words). Our 5th grade leadership team under the guidance of Mrs. Bickel, performed an honesty skit for our assembly. The lesson emphasized during the skit is about getting caught in your lies and to just tell the truth the first time.

Please mark your calendars to attend our PTE meeting on Wednesday, February 5, 2020 at 6:30 p.m. in the lobby conference room. Be sure to check out the list of upcoming events at Ebenezer including this year's Kids Heart Challenge on February 13th and 14th. Volunteers are needed for the annual Ebenezer Carnival, which will take place on Saturday March 7, 2020 (inclement weather date March 14, 2020). This event is a wonderful opportunity for Ebenezer students and families to enjoy a day of games and fun together.

Important Dates

February 5 PTE Meeting 6:30 PM

February II Spelling Bee 6:30 PM

February 13 Kids Heart Challenge—Kindergarten

February 14 Kids Heart Challenge—Grades I-5

February I7 No School (Snow Make-up Day)

February 20 Kindergarten Orientation 6:00 PM

February 26 Class Picture



In This Issue

- Meet our staff
- Counselor's Spotlight
- School Nurse
- District News
- Kindergarten Registration
- PTE News
- Reading News
- Kids Heart Challenge
- PSSA Testing Dates
- Principal's 100 Club Winners

Meet

Mrs. Weidner



#SMILE

Speech Teacher





Hello Ebenezer Families! My name is Lynne Weidner, and I have been the speech therapist at Ebenezer Elementary for 26 years. I have also worked at Union Canal, Cedar Crest High School and Cedar Crest Middle School. I live in Lititz, voted the "Coolest Small Town in America" in 2013. My son, Zach, is 19 years old. He is majoring in Kinesiology at Penn State Harrisburg.

#FAVORITES

- Teaching—I am very thankful for and blessed to have the opportunity to work with wonderful students and coworkers at Ebenezer each day!
- Traveling—I love the beach, Canada and Williamsburg!
- Spending time with family and friends
- If you ask my students what one of my favorite things is, they will likely say candy....and they are right:)
- Swimming
- Reading



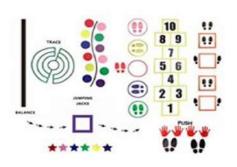
717-272-1969 ext. 2377 lweidner@clsd.k12.pa.us



School Counstlor SPOTLIGHT



Mrs. Maeve O'Donnell, MS, NCSP, ABSNP Learning Facilitator (School Psychologist/School Counselor) 717-272-1969 ext. 2308



www.schcounselor.com

modonnell@clsd.k12.pa.us

Introducing the new Sensory Walks, located in the hallway by the gym and upstairs on the ramp near the music room.

The perfect place for students to release energy and regain focus on classroom tasks.

Below is important information regarding the new sensory walks:

- Research shows that <u>movement</u> throughout the school day may help to support school skills, such as time on tasks and academics.
 - For students to acquire these academic skills they need the <u>underlying abilities</u> of appropriate <u>attention</u>, <u>behavior</u>, <u>engagement</u>, <u>comprehension</u>, and <u>memory</u>.
 - While not every child needs physical activity breaks to remain on-task, offering the breaks is shown to help many of the students, especially those who were more off task initially.
 - In a study including a group of 4th grade students, they reported that <u>after 10 minutes of activity</u> breaks once a day for 12 weeks, there was <u>clear improvement in on-task behavior</u>, especially for the students who were least on-task initially.
- Activities that include <u>proprioceptive</u>, <u>vestibular</u>, <u>deep pressure</u> and <u>visual input</u> are used based on the theory that this type of input <u>effects arousal levels</u>. These types of input have been used clinically to <u>increase alertness</u> and to <u>produce a calm state</u>, supporting the student's ability to <u>attend and learn</u>.
 - Physical activity has been hypothesized to increase levels of neurochemicals including <u>dopamine and serotonin.</u>
 - ♦ Offering the children the necessary proprioceptive and vestibular input <u>could help the child to</u> <u>refocus and attend</u> which ultimately <u>increases cognition and retention of new information</u>.
- The best time for the walk is in the <u>mid-morning</u>, after lunch, <u>after a long test or assignment</u>, after specials or anytime the children seem to need a break from their work. <u>Also good to use during PSSA testing</u>.



From the Desk of Ms. Lu, Certified School Nurse:

Reminder about school medication policy: As specified in the Elementary Student Handbook under "Health Services", please note the following:

Parent and physician signatures are required for administration of all prescription and over-the-counter medications. Medication Consent forms are available in the nurses' office or on the district website. A parent or adult designee must transport all medications to and from school including any over-the-counter medications such as Tylenol."

Please contact Ebenezer School Nurse Ms. Kim Lu at 389-1876 with any questions or comments about the medication policy.

Is my child sick?

When should I keep my child at home? A temperature elevation of 100 or more, a severe sore throat, chronic cough, sinus infection or ear pain are all reasons to keep your child home. Usually the second or third day of a respiratory infection is the most challenging.

Please do NOT send your child to school if you needed to give Tylenol to control fever. Your child is STILL considered ill.

Good hand washing techniques, lots of fluids and extra rest will help your child cope and reduce the spread of illness. Sending a water bottle with your child's name on it encourages fluid consumption. If in doubt, feel free to call me at 389-1876 and we can discuss your child's condition.

FEBRUARY IS DENTAL HEALTH MONTH

Each February, the American Dental Association sponsors National Children's Dental Health Month to raise awareness about the importance of oral health. Developing good habits at an early age and scheduling regular dental visits helps children get a good start on a lifetime of healthy teeth and gums. During February, please consider reinforcing good dental health habits with twice daily brushing!

Our school dental examinations were given Friday, January 10, 2020. If you received a notice that your child needs additional attention with a dentist, please schedule that appointment as soon as possible. Good dental health and overall health go hand in hand. If you need assistance in finding a dentist for your child, please call Ms. Lu at 717-389-1876.

Old Clothes?

If you have clothes that your child has outgrown such as **sweat pants**, **shorts**, **t-shirts**, **and belts**, please consider donating them to the nurses' office. We go through a lot of clothing each week when students' clothing becomes soiled or wet. Thanks!

WINTER RECESS

Whenever possible, the students go outside daily for recess. Unless requested by a doctor's note, all students who are eligible for recess will go outside. On days when it is extremely cold, and there is a very low wind chill factor, there will be no outside recess. Please be sure that your child is always dressed properly for the cold weather in the event that there IS outside recess. If you need winter outerwear (coat, hat, gloves), please let me know.



From the District Office:

- Feb. 3: School Board Public Work Session, 5:30 p.m., Educational Service Center (District office)
- Feb. 3-7: National School Counseling Week
- Feb. 10: School Board Regular Meeting, 5:30 p.m., CCHS, large group instruction room (LGI)
- Feb. 19: Planetarium Events Free viewing of two full-dome planetarium videos on Wednesday, Feb. 19, at the Cedar Crest High School Planetarium. Times are: 10-10:45 AM for Senior Citizens; and 7–8 PM for the general public. Each video ("Astronaut" and "Black Holes") runs for approximately 25 minutes. The videos are appropriate for all age levels and make for a great family activity. Please call ahead to RSVP by contacting Rich Fried at (717) 272-2033 ext. 5412, as space is limited. If Rich is unavailable to answer your call due to teaching duties, please leave a message and phone number at which you may be reached.
- Feb. 17: Presidents' Day No School (unless needed as a weather make-up day)
- **Feb. 20: Kindergarten Orientation** for parents/guardians of incoming kindergarten students, 6 p.m., all elementary schools. The orientation is for <u>parents</u>, only. Parents/guardians residing in CLSD with a child who will be five years of age before September 1, 2020, are asked to click on the photo link on the CLSD website to begin the Kindergarten registration process. After this information is received, a letter will be mailed with more information about registering a kindergarten age child for the 2020-21 school year.
- Cedar Crest High School's Spring Musical, "Footloose":
 - Feb. 27: CLSD Gold Card Event District residents with a CLSD Gold Card are invited to attend a free dress rehearsal of the CCHS Spring Musical, "Footloose," 6 p.m., CCHS auditorium. No reservations needed; please present CLSD Gold Card for admission. Registration for CLSD Gold cards will be available in the lobby beginning at 5 p.m. for CLSD residents age 65+.
 - Feb. 28 & 29 and March 1 7 p.m., Friday and Saturday; 2:30 p.m., Sunday. Order reserved seat tickets online after February 12: Visit www.showtix4u.com/events/cchsmusical. Ticket Prices: \$12 Adult; \$10 Senior (55+); \$6 Students. Tickets will be sent via email. Any remaining seats will be available for purchase at the door one hour prior to a performance. ABSOLUTELY NO EXCHANGES OR REFUNDS. Note: CLSD Gold Card holders only may call (717) 272-2033 to reserve one free reserved seat ticket per card holder for either Friday, Saturday or Sunday's performance.
- March 13: Spring Dinner & Dance (formerly known as the Senior, Senior Prom), "Old Hollywood," 5:30-9 p.m., CCHS café. Join the Cedar Crest Key Club for a lively evening of dinner and dancing! This free event is open to CLSD residents age 65⁺. Seating is limited, so early registration is encouraged. Registration forms available in the main office of all CLSD buildings, the District office, and on the District website: click on "Activities & Events" under the COMMUNITY tab for more info: www.clsd.k12.pa.us. Deadline for reservations is March 1!
- March 15: Deadline to apply for Falcon Foundation grants and awards to be used for educational
 and enrichment opportunities (social, cultural and athletic) taking place between June 1 and November
 30, 2020. Click on "Falcon Foundation" under the COMMUNITY tab on the district website for more info
 and to download applications: www.clsd.k12.pa.us.



Winter Recess

Whenever possible, the students go outside for daily recess. Unless requested by a doctor's note, all students who are eligible for recess (as determined by their teacher) will go outside. On days when it is extremely cold, and there is a very low wind chill factor, there will be no outside recess. Please be sure that your child is always dressed properly for the cold weather in the event that there IS outside recess. If your child is in need of a coat, hat, or gloves for the winter, please contact our School Nurse, Kim Lu at 389-1876.





Yearbook orders are still being taken online. Simply log on to ybpa.lifetouch.com and enter code: 10860419

If you have any questions or are unable to place an order online please contact:

Amanda Sanders at beaursanders@hotmail.com





Cornwall-Lebanon School District

2020-21 Kindergarten Class

Parent Orientation Night

Thursday, February 20, 2020 at 6:00 PM

Parent Orientation Night will be held at

your child's school building.

This evening is designed for parents only.



KINDERGARTEN REGISTRATION:

Parents/guardians are asked to access the online registration process via the District's home page www.clsd.k12.pa.us. In order to locate the online kindergarten registration link, hover over the departments tab at the top of the page and select student registration. Once on the student registration page, select kindergarten registration from the menu on the left. After the information from parents/guardians is received, a welcome letter will be emailed with additional information about registering a kindergarten age child for the 2020-2021 school year.

KINDERGARTEN REGISTRATION DATES WILL BE:

CORNWALL: MARCH 9 & 10 SOUTH LEBANON: MARCH 11 & 12 EBENEZER: MARCH 17 & 18 UNION CANAL: MARCH 19 & 20

KINDERGARTEN ORIENTATION:

If you have a child who will be five years of age before September 1, 2020, please plan to attend our upcoming Parent Orientation Night scheduled for Thursday, February 20, 2020, at 6:00 p.m. This orientation (for parents only) will be held at all elementary school buildings (go to the building your child will attend). At Kindergarten orientation, you will secure a date and time for registration. If you are unable to attend registration at your designated school, you may attend registration at one of the other elementary schools. If you have any questions, you may contact the district office at 717-272-2031.

PTE IMPORTANT DATES & REMINDERS:

Missy Kessler, PTE President ebpte@clsd.k12.pa.us

Are you ready for some fun? Then you won't want to miss the Ebenezer Winter Carnival, which will take place on Saturday, March 7th from 10am-2pm, snow date March 14th. Please save the date and bring your family for fun games, good food and awesome raffles! Volunteers are needed to make this event a success! A volunteer form will be sent home soon!

Important Dates:

Next PTE meeting will be Wednesday, February 5th at 6:30pm R&K order forms are to be handed in by Friday, February 7th Spring submission for Box Tops is Wednesday, February 19th HersheyPark ticket order forms are due by Friday, February 21st My Loved One and Me Dance will be held on Saturday, February 22nd, 6-8pm Winter Carnival, Saturday, March 7th, 10am-2pm (snow date March 14th)

* Ebenezer Spirit Wear will be available to order at the Winter Carnival. Payment will be due when order is placed.

Thank you for your continued support,



\$\$Falcon Foundation\$\$

Are you interested in learning something new?

Would you like to become a better musician?

Is there a skill you would like to develop in sports or art?

Do you want to improve academically?

Are you interested in science or history?

As an Ebenezer Elementary student and family,

you are eligible to apply for an award from

the Falcon Foundation.

The Falcon Foundation G rants and Awards committee is currently accepting applications for educational opportunity awards. The awards are for any student who has shown superior achievement deserving recognition or for a student displaying academic or financial need. The application deadline for summer awards is March 15^{th} .

For an application:

Go to https://www.clsd.k12.pa.us/,

Find the Community tab menu, and

Select Falcon Foundation.

Please contact Miss Baumbach (jbaumbach@clsd.k12.pa.us) if you need an application or have any questions.

Reading News

From Mrs. Cassel, Mrs. Wenrich, and Mrs. Williams

March Madness is Coming to Ebenezer!

Stay tuned for

The Tournament of Books...

Who will win the Ebenezer Book Bracket and be named

Ebenezer Book of the YEAR?



PLUS...Save the Date!

Book Bingo is Back!

Thursday, March 19th 6:00-7:00pm

Bring your family! Play bingo! Win a book! Drinks and bingo materials provided.

Bring a snack to share with your family.



Kids Heart Challenge

Thursday, February 13, 2020 - Kindergarten

Friday, February 14, 2020 – Grades 1 – 5

On Thursday, February 13 (Kindergarten) and Friday, February 14 (Grades 1-5), our school is holding a Kids Heart Challenge event (KHC). KHC is a fun event! It encourages community service and is educational. Our students will learn jump-rope skills while raising money to fund lifesaving research and educational programs!



Your child should have brought home an information sheet and collection envelope. Please sign the Release and Indemnification form (Permission Slip). 100% of our school participated last year (school record)! To participate, your child must turn in a permission slip AND collection envelope. Let's all do our part to save people's lives!

Family and friends are welcome to support your child's participation by making contributions. Your child can even raise funds online. However, we ask that children do not go door-to-door or ask strangers for donations.

Please support our event! Last year, our school raised \$54,500 for the AHA (school record)!! This TERRIFIC amount was 1st in Lebanon County, 1st in Pennsylvania, and 9th in the United States (there were more than 20,000 participating schools)!! If you have any questions, please contact me at 272-1969 x2325.

Mr. Robert Bare, PE Teacher/KHC Coordinator

2019-2020 PSSA Testing

Please do not plan trips or appointments during your child's PSSA testing window.

Dates for testing are as follows:

Grades 3, 4, 5—English Language Arts testing—April 21, 22, & 23, 2020

Grades 3, 4, 5—Math testing—April 27 & 28, 2020

Grade 4—Science testing—April 29 & 30, 2020

Birthday Invitations

Classroom teachers are able to provide parents/guardians a list of homeroom student names (first only) for occasions such as birthday party invitations and Valentine's Day Cards. If birthday invitations are distributed at school, they may only be given out to <u>ALL</u> of the students in their homeroom.

Modified Kindergarten Schedule

In the event of a 2-hour delay

To make the morning and afternoon classes of kindergarten more equitable, in the event of any two-hour delay during inclement weather, the following modified schedule for kindergarten children will be placed in effect:

AM Kindergarten 11:00 am–12:45 pm (Expected <u>arrival time</u> at home will be one hour later).

PM Kindergarten 1:45 – 3:30 pm (Expected **pick up time** will be one hour later).

Valentine's Day

The understanding and celebration of Valentine's Day with elementary students is a great way for students to show kindness and respect to fellow classmates. They can do this by sharing a small non edible or non-food treat item with their classmates. Students are not permitted to share any item that contains food. The following items Notes, Stickers, Pencils, Erasers, Any Type of School Supply, Bookmark, Notepad, or Mini Game are acceptable forms of Valentines for classmates. These items and other non-edible valentines are readily available at local stores. Board Policy no. 246 students are not permitted to share any type of treat that contains a food item.

Ensuring the safety and wellness of our students is one of the upmost priorities of each and every school within the Cornwall-Lebanon School District. Prioritizing the safety and wellness of our students and complying with policy no. 246:

Any Shared Birthday Treat must not contain a food item

Birthday Treats that are food (ex. Cupcake, Cookie, Cake, Snack bag, Candy, Crackers, Pies, Fruit Slices) Are Not Permitted to Be Brought to School and Distributed

Parents/Guardians who want to provide a birthday treat to classmates are encouraged to send in non-food items that are age level appropriate (ex. Stickers, Pencils, Erasers. Any Type of School Supply, Bookmark, Notepad, Mini Game)



Attention families! Ebenezer Elementary will be hosting a spring session of JAM sponsored by Kochenderfer United Methodist Church. The FREE after school club will be held each Wednesday from 3:30-5:00 PM starting March 4 through April 8. Parents must provide transportation home from school. Registration forms are available in the office.



Principal's 100 Club Winners

Dr. Bozman would like to congratulate these students for winning the

Principal's 100 Club

Gavin Rios Nashla Moreno-Escoto

Michael Griffith Noah Bomgardner

James Engle Michael Marrero-Rodriguez

Amy Kreider Nyalise Pichardo

Trey Gentile Marcus Robinson

CAMP INVENTION 2020

ALL NEW ACTIVITIES FOR 2020 ... even more exciting and fun!!!

Give your child a fantastic, motivating, unique, and FUN summer STEM experience!

Save \$25 off Base Fee! Register by March 31, 2020 for the early bird discount!!

Use Promo Code: ELEVATE25 for your discount online or by phone

Interested in a Falcon Foundation <u>full or partial grant for your child to attend camp</u>?

Falcon Foundation Offers Grants in Aide and Scholarship-

Deadline for spring applications this year is March 15, 2020

Go to the website at: https://www.clsd.k12.pa.us/Page/3317

and then click on APPLICATIONS to get the forms you need...

Camp Invention is an exciting and motivating adventure in creativity that immerses children in exciting, hands-on activities that reinvent summer fun. Led by local educators, kids are challenged to explore creative connections between technology, engineering, construction, architecture, innovation, math, and the many sciences.

Participants spend their time with their age/grade appropriate team problem solving, creating, thinking, and having fun during 5 different STEM activity sessions per day!

To learn more about Camp Invention go to watch us at https://www.youtube.com/watch?v=KqXfn6DvUkg

Open to all CENTRAL PENNSYLVANIA Elementary Students

July 13-17, 2020 Monday-Friday, 9:00 am -3:30 pm Held at Cornwall Elementary School for its 13th season great season!

For students <u>currently</u> in grades 1-5 for the 2019-2020 school year

Director: Chuck Kindt, Retired Principal of Cornwall School

Contact: CI2013@comcast.net

