Selfie vs Self Portrait: Digital Double Exposure Project

- Introduces self portraits
- Introduces Layers, Layer blend modes, and other basic adjustments
- Introduces scale, and move tools in last steps

Begin the lesson with a discussion of a selfie vs a self portrait. Refer to this article and see what else the class can come up with:

National Geographic Blog "Taking Back the Self Portrait"

Review different self portrait artists.

Show examples of the project: Double Exposure Portraits. Have students prepare before class by photographing/obtaining the following:

- Photograph an item, event or place that is significant to them or tells a story
- Bring in a photograph OF THEM that is meaningful or helps tell their story and have them photography a copy of the image. (Image must not be copyrighted and personal in nature)

In Class:

• Have students, in groups, photograph each other in a silhouette.

Once students have both images ready (the silhouette of themselves and the inlay image) the project is ready to be created in Photoshop.

Open both images in Photoshop

- 1. Convert the Silhouette image to black and white by choosing Image>Adjustments>Black and White and adjusting the RED and YELLOW levels until it looks appropriate.
- 2. With the second image, Select>All. And then Edit>Copy the image and have the students paste the copy onto the silhouette with Edit>Paste.
- 3. Students will now see they have TWO layers and the inlay photo is on top of the silhouette.
- 4. Make sure they have the top layer selected and choose the Layer blend to "LIGHTEN"
- 5. That's it!
- 6. Have students then adjust/customize by the following options: Scale tool, move tool, image adjustments (curves and levels), and layer blend modes(SCREEN and OVERLAY also give interesting effects.)
- 7. Finish by flattening image and saving as a JPG! (If desired)

STUDENTS MAY ALSO EXPLORE THE APPS: Diana Photo, Fused, Photo Blend, and Enlight



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