

District Track Meet - May 16

(Hosted by Cascade @ Summit High School)

Field Events Schedule:

Time / Event

11:00 AM 8th Grade Boys High Jump (East Pit)
11:00 AM 7th Grade Girls High Jump (West Pit)
11:00 AM 8th Grade Girls Long Jump
11:00 AM 7th Grade Boys Long Jump
11:00 AM 8th Grade Girls Discus Throw (In Hammer Cage)
11:00 AM 7th Grade Girls Discus Throw (On Field)
11:00 AM 8th Grade Boys Shot Put
11:00 AM 7th Grade Boys Shot Put

12:00 PM 8th Grade Girls High Jump (West Pit)
12:00 PM 7th Grade Boys High Jump (East Pit)
12:00 PM 8th Grade Boys Long Jump
12:00 PM 7th Grade Girls Long Jump
12:00 PM 8th Grade Boys Discus Throw (In Hammer Cage)
12:00 PM 7th Grade Boys Discus Throw (On Field)
12:00 PM 8th Grade Girls Shot Put
12:00 PM 7th Grade Girls Shot Put

Running Events Schedule:

Time / Event

1:00 PM 7th Grade Girls 4X100 Relay
1:05 PM 8th Grade Girls 4X100 Relay
1:10 PM 7th Grade Boys 4X100 Relay
1:15 PM 8th Grade Boys 4X100 Relay
1:25 PM 7th Grade Girls 1500M Run
1:35 PM 8th Grade Girls 1500M Run
1:45 PM 7th Grade Boys 1500M Run
1:55 PM 8th Grade Boys 1500M Run
2:05 PM 7th Grade Girls 100M Dash
2:10 PM 8th Grade Girls 100M Dash

2:15 PM 7th Grade Boys 100M Dash
2:20 PM 8th Grade Boys 100M Dash
2:30 PM 7th Grade Girls 400M Dash
2:35 PM 8th Grade Girls 400M Dash
2:40 PM 7th Grade Boys 400M Dash
2:45 PM 8th Grade Boys 400M Dash
2:55 PM 7th Grade Girls 100M Hurdles
3:00 PM 8th Grade Girls 100M Hurdles
3:10 PM 7th Grade Boys 100M Hurdles
3:15 PM 8th Grade Boys 100M Hurdles
3:25 PM 7th Grade Girls 800M Run
3:35 PM 8th Grade Girls 800M Run
3:45 PM 7th Grade Boys 800M Run
3:55 PM 8th Grade Boys 800M Run
4:05 PM 7th Grade Girls 200M Run
4:12 PM 8th Grade Girls 200M Run
4:19 PM 7th Grade Boys 200M Run
4:26 PM 8th Grade Boys 200M Run
4:35 PM 7th Grade Girls 4X200M Relay
4:40 PM 8th Grade Girls 4X200M Relay
4:45 PM 7th Grade Boys 4X200M Relay
4:50 PM 8th Grade Boys 4X200M Relay