



Westwood Public Schools: District Bulletin

Information contained in this bulletin has been approved by the Office of the Superintendent for distribution in school newsletters and/or e-mail listservs

If you wish to have something posted in this bulletin or in school newsletters, please contact Ann Brown at abrown@westwood.k12.ma.us or 781-326-7500 x1341

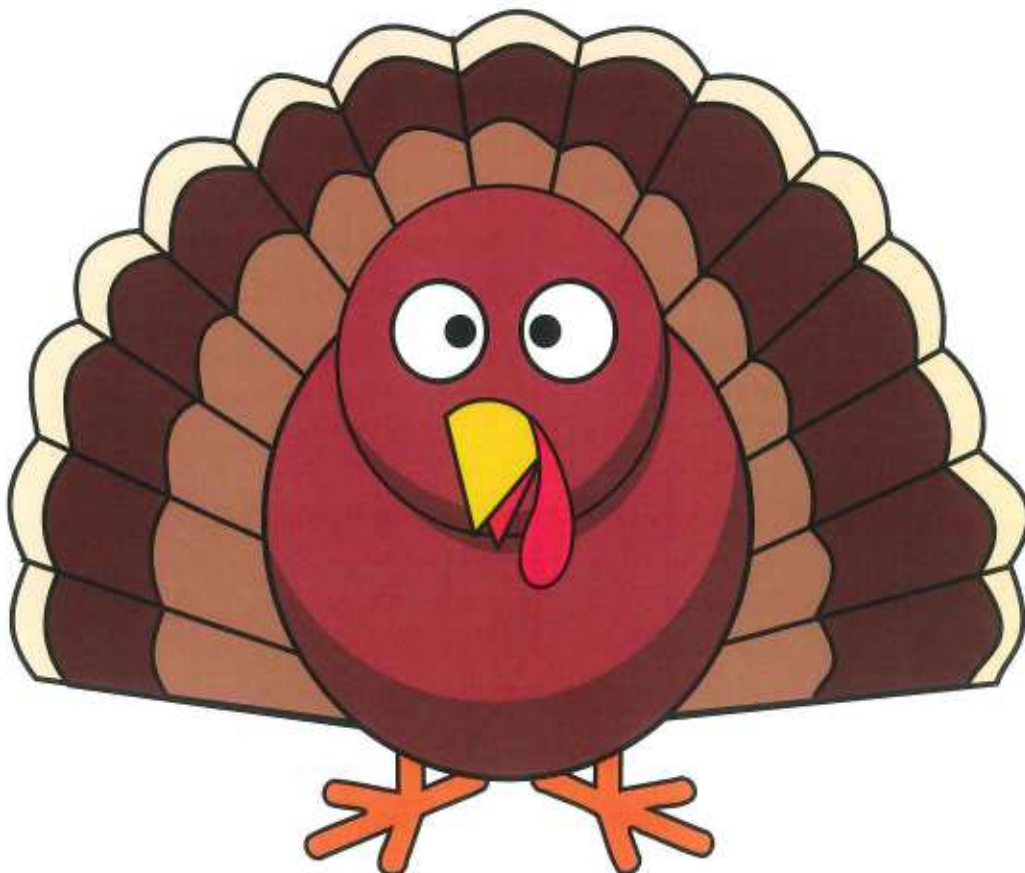
Note: School, TownHall, Recreation, Scouting and Sport's flyers will be posted a maximum of three times and flyers from outside groups or businesses one time only in the District Bulletin

SCHOOL COMMITTEE CALENDAR

The next meeting will be Wednesday, November 18, 2015

Professional Development Rooms

7:00 p.m.



Westwood Winter of SPEED



This winter we have created seasonal packages making it more economical for all athletes and families. This is a great pre-season prep for all spring sports that will keep you training right up to tryouts. Our speed training in conjunction with our patented Super Treadmill and Plyometric equipment have shown amazing results that you won't regret. **Sign up today and unlevel the playing field.**

ATHLETIC[™] REPUBLIC



GET FAST

HIGH SCHOOL AND MIDDLE SCHOOL ATHLETES

2 Days per wk \$575 | 3 Days \$775 | Unlimited \$900 | 10 Pack \$400

Juniors Acceleration (8-11 yrs old): 2 Days a week \$400

Team Training Price (Minimum 5 athletes per Westwood team)

\$200/month or \$550 up front for the winter

TIME SLOTS

Middle School & High School
1.5 hour sessions

Monday-Thursday 3:30, 5:00, 6:30
Friday 3:30, 5:00
Saturday 8:30, 10:00, 11:30

Junior Acceleration
1 hour sessions

Monday-Friday 3:30, 4:30
Friday 9:00

Dec 2 - Mar 17

- SUPER TREADMILL
- PATENTED PLYOMETRIC PROTOCOLS
- INJURY PREVENTION
- EXPLOSIVE POWER
- STRENGTH TRAINING
- SPEED AND AGILITY
- FUNDAMENTAL MOVEMENT PATTERNS (BALANCE, FLEXIBILITY)

***Register at: www.AthleticRepublicNorwood.com**

Calling all 3rd, 4th, and 5th Graders!

Join us at the

Foundation for Westwood Education's 20th Annual

SPELLING BEE

Friday, January 8, 2016

Westwood High School Auditorium

3rd grade arrival time 3:30

4th grade arrival time 5:00

5th grade arrival time 6:45

***** Registration deadline extended to November 20th, 2015 *****
at www.foundationforwestwoodeducation.org

To Register:

1. Form a team of 3 minimum or 4 maximum players from your grade.
2. Choose your team name and team parent in charge.
3. Have EACH team member register starting November 1.
4. You will need your team name, parent in charge name, and credit card information in order to complete your Spelling Bee Registration.
5. Start studying the word list at www.myspellit.com.

Registration Fee: \$25 per student (payable online only)

Any questions please contact us at: events@foundationforwestwoodeducation.org

A Fundraising Event

The Foundation for Westwood Education is a nonprofit, volunteer organization committed to supporting educational enrichment, innovation and excellence in our community. Funds raised at the Spelling Bee are returned to the schools and community in the form of educational grants.

**FOUNDATION FOR
WESTWOOD
EDUCATION**



Donate your Redeemable Cans and Bottles!!

Saturday, November 21st

9am-12 Noon

Westwood High School

(Half Circle Drive at 200 Nahatan St.)

We accept redeemable Bottles and Cans
Aluminum - Plastic - Glass

****Please bring glass bottles in cardboard boxes -
we will take them loose, but it will help us if
they are in boxes****

Proceeds Benefit the *All Night Graduation Party for the Class of 2016!!*
Thank you for your support!!!

Thurston Middle School Presents

The Hound of the Baskervilles:

A Comic Thriller Starring Shirley Holmes and Jennie Watson



Westwood High School Auditorium

Friday November 20th at 7pm

Saturday November 21st at 2pm

\$10 Adults

\$7 Students/Seniors



Westwood Connections

Connecting Adoptive Families in and around Westwood
November is National Adoption Month!

CELEBRATING ADOPTIVE FAMILIES

Saturday, November 21, 2015 @ 2:00 – 3:30PM
Westwood Senior Center, 60 Nahatan St., Westwood, MA

Children's Stories and Activities!

Parent Discussion Forum!

Resource information!

All are welcome!

Join the conversation featuring special guest Dr. Anne Coleman, Ph.D., LMHC as she shares her expertise in supporting families at any phase of the adoption journey. Dr. Coleman brings her unique perspective and sensitivity as an adopted person and an adoptive parent.

Register at <http://tinyurl.com/weccwwconn>

Sponsored by The Westwood Early Childhood Council, Coordinated Family and Community Engagement Program, Westwood Public Library, and Westwood Senior Center

For more information on this program or additional early childhood programs contact Janet Lucey, Early Childhood Coordinator, Westwood Early Childhood Office, 790 Gay St. Westwood, MA 02090 jlucey@westwood.k12.ma.us 781-461-9548

Decor and More will donate 20% of the proceeds from this shopping night to the Westwood Community Chest.

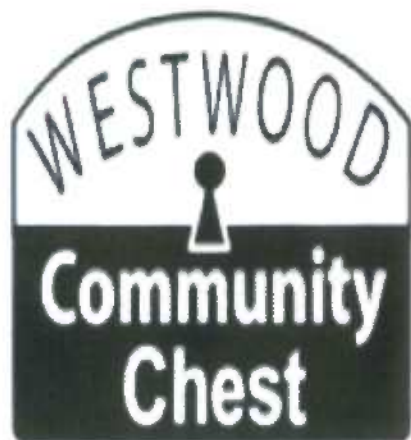
You are invited to a
Holiday Shopping Night!

decor & more

695 High Street (route 109) Westwood, MA 02090

**Tuesday, November 24th
5:30 – 8:30 PM**

Bring your friends to Decor and More (695 High St.) and enjoy a night out shopping to benefit the Westwood Community Chest! We hope to see you on Tuesday, November 24th!!



Westwood Community Chest helps individuals and families facing financial difficulties with funds for basic needs including medical expenses, utility payments, and housing payments. The organization also helps families by distributing scholarships to summer camp for school-aged kids, also known as "campershins".

NEW

Looking for Mental Health Services?

FREE

Call the William James College INTERFACE Referral Service
888-244-6843 x1411

<http://interface.williamjames.edu/>

Who:

Open to All Westwood Residents and
Employees

What:

Referrals to Mental Health Providers
and Information about Local Social
Services

When:

Available Monday - Friday
9:00 AM - 5:00 PM

What to Expect When You Call

Call:

Speak with a resource and referral
counselor about your needs

Connect:

Receive information about
potential matches within 2 weeks

Care:

Follow-up call to make sure you
have made a successful match



Funded by:
The Town of Westwood,
The Westwood Public Schools,
Youth & Family Services, Board of Health,
and the Council on Aging





Hey! Take a break
from the holiday
stress! Check out...

Adult Coloring

Some psychologists say the simple act of staying in the lines can help reduce stress and enhance focus and *creativity*. Why not give it a try?

Supplies will be provided (but feel free to bring your own!)

Thursday, December 3, starting @ 6:00 pm.

Islington Branch Library, 280 Washington Street, Westwood, MA 02090

Registration is required, please call **781-326-5914**, or stop in at the Islington Branch to sign-up!



Westwood Public Library



Westwood Young Women's Club

www.wywc.org

WINTERFEST

Sponsored By:

NB Needham Bank

Ride The Polar Express Train*

Pictures With Santa*

Santa's Workshop

Miss Janet's Dancing

Balloons, Face Painting

& More!

December 5, 2015

Westwood High School

10:00AM - 1:00PM

\$10 Admission Per Child

\$20 Maximum Family Admission

Children Under 2 Free

*Additional Fee for Santa Pictures and Train Rides



COMELLA'S
Homemade Italian Food

Roche Bros.

MESA

**MUSIC
TOGETHER**



Martha Jones PTO Fundraiser

at

Blue Orchid Chinese Cuisine

927 High St

Westwood, MA

781.320.9688



on
Wednesday December 9th

Please bring this brochure and 20% of what you
spend in the restaurant or on take-out will be donated
to the Martha Jones PTO

Blue Orchid's menu is available at
www.blueorchidwestwood.com

Dine-in • Take-out • Delivery

Shopping for Education



"I don't believe in the kind of magic in my books. But I do believe something magical can happen when you read a good book." JK Rowling

Give the gift of magic this holiday season,
patronize a local bookstore and support the
Foundation for Westwood Education
all at the same time!

December 9 and 10 (10am – 7pm)

Park Street Books & Toys

504 Main Street, Medfield

508-242-3083

Mention Westwood at checkout (no paper needed), and 20% of the proceeds from your sale will go to support the Foundation!

Books, toys, Westwood apparel and pottery studio fee included in the fundraiser.

www.foundationforwestwoodeducation.org



The Westwood Public Schools Afterschool Program at Hale



*No cliques, no walls, one group, and an expedition at the end of every day -
"End Your Day the Hale Way."*



- Available for 6th-8th Grade Students
- Two, Three & Five Day Options - \$22 Per Day
- Located at Hale's extensive outdoor campus and based at our year-round cabin, the Trading Post.
- Transportation provided from Thurston Middle School. (Parents pick up from Hale at the end of the day.)

It is like no other afterschool program you have seen - fire-building, canoeing, rock climbing, environmental studies, ropes course, mountain biking, teambuilding, fishing, sports and games, snowshoeing, sledding, forts and shelters, archery, skating... and time to get some homework done!

The WPS Afterschool Program at Hale is designed to address all the challenges of tween and early teen years by creating an accepting and welcoming community that introduces students to lifelong outdoor recreational and educational activities, a healthy lifestyle, and provides some time designated to keep up with the steady increase in homework.

To register, please contact **Janice Van Hying** at jvanhyning@westwood.k12.ma.us .
For more information, please contact **Tyler Simpson** at tsimpson@halereservation.org .

"End Your Day the Hale Way"

Still time to register for these great fall programs!

Register today for . . .

Short Wednesday programs on November 18

- **Magic Workshop Ages 6 & up**
- **Pediatric First Aid & CPR/AED Ages 15 & up**
- **Home Alone Safety Ages 8-11**
- **Blast Babysitting Safety Ages 11-15**

Driver's Ed Ages 15 & up begins Dec 9

Adventure Days Ages 3-5 on Dec 21, 22 & 23



Registration at
www.westwoodrec.com



781.461.0070

