

Westwood Public Schools: District Bulletin

Information contained in this bulletin has been approved by the Office of the Superintendent for distribution in school newsletters and/or e-mail listservs

If you wish to have something posted in this bulletin or in school newsletters, please contact Ann Brown at abrown@westwood.k12.ma.us or 781-326-7500 x1341

Note: School, TownHall, Recreation, Scouting and Sport's flyers will be posted a maximum of three times and flyers from outside groups or businesses one time only in the District Bulletin

SCHOOL COMMITTEE CALENDAR

The next meeting will be Thursday, December 17, 2015 7:00 p.m., Professional Development Rooms



Great holiday gift for your favorite Westwood gal!

Great for that special daughter, sister, mom, teacher, friend, aunt, neighbor...and only \$15! Two different Westwood bracelets- the green Wolverine paw print, and the green "W" wolverine. Pick one or pair them together for a great look! Profits go toward the Martha Jones 5th Grade Class Gift. (But you don't have to go to Martha Jones to enjoy these "Alex & Ani" type bracelets!)





Order while supplies last!

To purchase, contact:

Kathy Kelleher <u>kathykelleher37@gmail.com</u> or Lisa Yebba <u>lisayebba@yahoo.com</u>

Martha Jones 5th Grade Class thanks you for your support!

Northeast Kingdom Kids Winter Clothing Drive

Delaney Griffiths has teamed up with former Westwood student, Shannon Maloney to help the students at the St. Johnsbury School in Vermont, this is a K-8 school with 650 students. Shannon teaches 4th grade at the school.

More than 70% of students receive free and reduced lunch which means their families live under the poverty line. There is a significant portion of students that become homeless during the year, especially in the winter when their families can no longer afford to pay for heat.

They need gently used: Boots, Winter Jackets, Snow Pants, Sneakers, and any other warm clothes (sizes for children K-8)

They need new: Socks and Underpants

Donations can be dropped at 89 Dela Park Road or they can be picked up by emailing ltharrett@aol.com.

Items will be accepted through 3/1. Thank you!



Above are students wearing clothes donated from Westwood and unloading new donations.



Winter Programs

Don't let winter keep you inside.

We have something for everyone - sign up for fun today!

Note: Programs must meet minimum registration numbers one week prior to

Parent/Child & Preschool

Boppin' Babies
Creative Kids
Early Explorers
Music & Movement
Terrific Tots
Super Scientists

Youth

Karate
Art Studio
Hip Hop
Short Wed Field Trips
Soccer Clinics
Vacation Inflatable Day



Teen

Lifeguard Training
Coed Water Polo
Teen Yoga
First Aid/CPR
Drivers Education



Adult

Pilates
Cardio Blast
Ballroom Dancing
Watercolor Bootcamp
Kickboxing

Register at www.westwoodrec.com



Westwood Recreation invites you to celebrate New Year's Eve with a fireworks spectacular!



New Year's Eve Fireworks Thursday, December 31 at 7:00 PM Westwood High School



Proudly Sponsored by



Westwood Girls Youth Lacrosse

2016 Registration

Registration is now open for the 2016 Spring season. Registration is open to new and experienced female players in Grades 3-8.

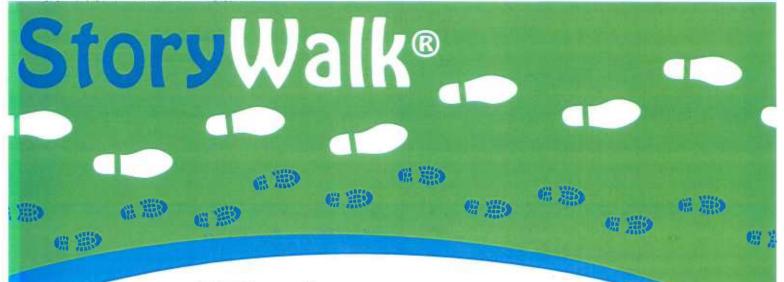
Registration is open from December 1-December 30 2015.

Late registrations will be subject to a \$50.00 late fee and space availability.

Information can be found at

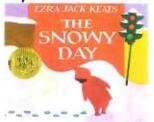
www.westwoodgirlslacrosse.org





Welcome to StoryWalk®!

Take a Stroll with your child along a trail in beautiful Hale Reservation while you read *The Snowy Day* by Ezra Jack Keats. Visit this self-directed activity at your leisure throughout December. Enjoy nature, literature, and gross motor activity with children of all ages.



Enter Hale at 80 Carby St. and follow along the road for about 1 mile. After the road bears left, you will see The Trading Post on your right and the parking lot on your left. The trail begins at the parking lot and ends at the boathouse. Co-Sponsored by Westwood Early Childhood Council and Hale Reservation.

The StoryWalk® Project was created by Anne Ferguson of Montpelier, Vermont and developed in collaboration with the Vermont Bicycle & Pedestrian Coalition and the Kellogg-Hubbard Library. The StoryWalk® Project was adapted for use in Massachusetts by the partners named below.









December Drop-In Classes

Try one of our Boot Camp or Cardio Blast classes before our next session begins in January!

Boot Camp 6am Thursday 12/10 6am and/or Thursday 12/17 6am Westwood High School Gym

Cardio Blast 9am Tuesday 12/15 Islington Community Center Sanctuary

Price is \$10 per class, no registration necessary***

Please bring a mat, weights, and water. We cater to all fitness levels.



^{***}monies raised will be used to redevelop the June Street Playground, at the junction of Highview and June streets. A neighborhood open space that is in desperate need of new equipment for the children in town.

Looking for something to do with the kids during the Winter School Break?

Come cheer on the Varsity Boys Basketball Team as they take to Bader Gymnasium for the

INAUGURAL HOLIDAY TOURNAMENT



Tuesday, December 29th

12:00 pm

Walpole vs Foxboro

2:00 pm

WESTWOOD vs Ashland

Wednesday, December 30th

12:00 pm

Consolation Game

2:00 pm

Championship Game

Concessions - including pizza, available

GO WOLVERINES!



EARLY BIRD REGISTRATION UNTIL JANUARY 31, 2016

Spring 2016 Registration Now Open Online at www.westwoodyouthsoftball.org

Who: Westwood girls in Grades 1-8

What:

- Grades 1 & 2 in town program
- Travel teams for Grades 3/4 (AAA), Grades 5/6 (Majors), Grades 7/8 (Seniors) in Metrowest Girls Softball League

When: Season begins in April 2016 and ends in June 2016

Cost: Grades 1&2 \$95 per player; Grades 3-8 \$120 per player (all costs include team shirt and hat/visor)

Register by January 31 to avoid \$25 fee increase for Grades 3-8.

More details about our spring season program and fees are available on our website. Please register by January 31, 2016, to avoid late fee. If you are interested in being a coach or assistant coach, please complete the volunteer information when you are registering your daughter online. Other volunteer opportunities are also available as posted on our website. Please contact a board member if interested.

www.westwoodyouthsoftball.org

Westwood Winter of SPEED



This winter we have created seasonal packages making it more economical for all athletes and families. This is a great pre-season prep for all spring sports that will keep you training right up to tryouts. Our speed training in conjunction with our patented Super Treadmill and Plyometric equipment have shown amazing results that you won't regret. **Sign up today and unlevel the playing field.**

ATHLETIC" REPUBLIC





CELL FAST

HIGH SCHOOL AND MIDDLE SCHOOL ATHLETES

2 Days per wk \$575 | 3 Days \$775 | Unlimited \$900 | 10 Pack \$400

Juniors Acceleration (8-11 yrs old): 2 Days a week \$400

Team Training Price (Minimum 5 athletes per Westwood team) \$200/month or \$550 up front for the winter

TIME SLOTS

Middle School & High School 1.5 hour sessions

Monday-Thursday 3:30, 5:00, 6:30 Friday 3:30, 5:00 Saturday 8:30, 10:00, 11:30 **Junior Acceleration**

1 hour sessions

Monday-Friday 3:30, 4:30 Friday 9:00

Dec 2 - Mar 17

- SUPER TREADMILL
- PATENTED PLYOMETRIC PROTOCOLS
- INJURY PREVENTION
- EXPLOSIVE POWER
- STRENGTH TRAINING
- SPEED AND AGILITY
- FUNDAMENTAL MOVEMENT PATTERNS (BALANCE, FLEXIBILITY)

Register at: www.AthleticRepublicNorwood.com



Westwood Public Schools Integrated Preschool Program Open House for 2016-2017 School Year

The Westwood Integrated Preschool will hold an Open House for the 2016-2017 School Year. Parents are welcome to visit and explore our preschool before registration begins. Please call the Preschool office to register at 781-326-7500 x5113.

January 6, 2016 Time: 9AM - 12PM

Our programs consist of an AM and PM program as well as a 5 day full day program. To be eligible to attend preschool, your child must be at least 3 yrs old prior to enrollment, and a Westwood resident. Children will continue to be accepted into the program as they turn 3, space permitting. Registration for new students will begin on January 9, 2016. Please feel free to call for a registration packet.

Westwood Integrated Preschool
200 Nahatan Street Westwood, MA 02090



Open House for Fall 2016-2017

Saturday, January 9, 2016 9:30am – 11:30am

Children must be 3 or 4 years old by September 1, 2016 for their respective programs

St. John's Nursery School is a private, non-denominational preschool and is accredited by the National Accreditation of the Education of Young Children (NAEYC). For more information please call

St. John's Nursery at (781) 329-2032.

95 Deerfield Avenue, Westwood, MA (781) 329-2032



Westwood Public Schools - Preschool Screening

Massachusetts Special Education Law states that each school district shall conduct screenings for three and four year olds. This screening is designed to review a child's development and to assist in identification of those children who should be referred for an evaluation to determine eligibility for special education services. Participation in the screening is optional.

In accordance with the law, the Westwood Public Schools will conduct screenings of children throughout the school year. Please call Jeanne Bylsma Administrative Assistant at 781-326-7500, ext. 5113 to schedule an appointment for your child.

Screening Date - Please register at least one month in advance.

February 24, 2016



The Westwood Public Schools Afterschool Program at Hale



No cliques, no walls, one group, and an expedition at the end of every day "End Your Day the Hale Way."



- Available for 6th-8th Grade Students
- Two, Three & Five Day Options -\$22 Per Day
- Located at Hale's extensive oudoor campus and based at our year-round cabin, the Trading Post.
- Transportation provided from Thurston Middle School. (Parents pick up from Hale at the end of the day.)

It is like no other afterschool program you have seen - fire-building, canoeing, rock climbing, environmental studies, ropes course, mountain biking, teambuilding, fishing, sports and games, snowshoeing, sledding, forts and shelters, archery, skating... and time to get some homework done!

The WPS Afterschool Program at Hale is designed to address all the challenges of tween and early teen years by creating an accepting and welcoming community that introduces students to lifelong outdoor recreational and educational activities, a healthy lifestyle, and provides some time designated to keep up with the steady increase in homework.

To register, please contact Janice Van Hyning at jvanhyning@westwood.k12.ma.us .
For more information, please contact Tyler Simpson at tsimpson@halereservation.org .

"End Your Day the Hale Way"



Looking for Mental Health Services?



Call the William James College INTERFACE Referral Service 888-244-6843 x1411

http://interface.williamjames.edu/

Who:

Open to All Westwood Residents and Employees

What:

Referrals to Mental Health Providers and Information about Local Social Services

When:

Available Monday - Friday 9:00 AM - 5:00 PM

What to Expect When You Call

Call:

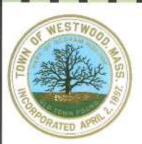
Speak with a resource and referral counselor about your needs

Connect:

Receive information about potential matches within 2 weeks

Care:

Follow-up call to make sure you have made a successful match



Funded by:

The Town of Westwood,
The Westwood Public Schools,
Youth & Family Services, Board of Health,
and the Council on Aging





Learn more about lacrosse from a former collegiate player and current official.

\$99 for 6 weeks/30 minute session (grades K-2) \$198 for 6 weeks/1 hour sessions (grades 3-5) \$198 for 6 weeks/1 hour sessions offered \$198 for 6 weeks/1 hour sessions of 6 week

Website: www.stix4chixlaxclinx.com

Email: Deb Morris at: Stix4ChixLaxClinx@gmail.com

Phone: 781-708-9052

Location: Dedham MA - Boch Hockey Center upstairs on turf



powisset happenings events - classes - dinners powisset farm - dover, ma

November

Story Hour

10:00am every Monday in Nov. through Dec. 7th. Free for everyone

Mindfulness at the Farm

Thursdays at 6:30am Members: Free

Non-members: \$5/person

Make & Take: DIY Skincare

Tuesday, Nov. 17, 6:30pm Member: \$35/person Non-member: \$40/person

Make & Take: Colonial Crafts

Wednesday, Nov. 18th, 1:00pm

Free for everyone

December

Cooking With Ancient Grains

Saturday, Dec. 5th, 11:30am Member: \$15/person Non-member: \$20/person

Baking Baklava

Sunday, Dec. 6th, 10am-12pm Members: \$25/person

Non-members \$35/person

December (cont.)

Baking With Einkorn

Tuesday, Dec. 8th, 6:30pm Members: \$25/person Non-members \$35/person

Cooking With Annie at Powisset: Holiday Cookies & Apple Cider (for kids 10+)

Saturday, Dec. 19th, 2:00pm

Member: \$40/child Non-member: \$45/child

Under the Night Sky Story Time

Tuesday, Dec. 8th, 4:30pm Free for everyone

Sylvia's Art Bar at Powisset

Thursday, Dec. 10th, 6:00pm

Member: \$50/person Non-members: \$60/person

Make & Take: Homemade Bath & Body Gifts for the Holidays

Tuesday, Dec. 15th, 6:30pm Members: \$35/person Non-members: \$40/person

January - March

Whole Grain Bread Workshop

Wednesday, Jan. 6th 6:00pm

Member: \$25/person Non-member: \$30/person

January-March (cont.)

Cookbook & Utensil Swap

Sunday, Jan. 10th: 1:00pm

Members: Free; Non-members: \$5

Movie Night

Sunday, Jan. 10th, 4:00pm Sunday, Feb. 28th, 4:00pm

Free for everyone

Fit on the Farm

Wed. Jan. 13t & Feb. 24th, 6:00p Members: \$35/person 1 class; \$60/person for both classes Non-member: \$40/person; \$70/ person for both classes

Friday Farm Dinner

Friday, Jan. 22nd, 6:00 Member: \$35/person Non-member: \$45/person

Kids: \$15/person

Cooking Grape Leaves

Sunday, Jan. 30th, 10:00am Members: \$25/person Non-members: \$30/person

Winter Walk & Warmth

Saturdays: Jan. 9, Feb. 6th and

Mar. 5th, 10:00am Members: \$5/person Non-Members: \$10/person

Program Color Key

Powisset Cooks ~ For Kids ~ Farm Dinner ~ Other Classes & Workshops



Inspiring places, statewide

The Trustees is Massachusetts' largest conservation and preservation organization and the nation's first land trust. We are a nonprofit supported by members, friends, and donors. Explore more than 100 amazing places across Massachusetts, from beaches, farms, and woodlands, to historic homes, urban gardens and more.



Yellow Fun Entertainment



Presents

Charlie & the Chocolate Factory: An Acting Workshop Experience!

Imagine for a moment: You're standing behind a curtain as the lights slowly fade. You walk across a dark stage as a hush falls over the audience. Soft music begins to play, the lights come back on, and you are magically transported into the imaginative world of Willy Wonka! You may be Violet Beauregarde, Mike Teavee, Augustus Gloop, Veruca Salt, Charlie Bucket, Grandpa Joe or Mr. Willy Wonka! It's your chance to put down the book or turn off the movie and join the fun of bringing these characters to life!

Yellow Fun Entertainment is pleased to announce its acting workshop, *Charlie & The Chocolate* Factory! Our main instructor, Josef Silvia has taught children for over twelve years in churches, after school programs, and theater companies. Josef was a student at The Priscilla Beach Theater for many years, learning the craft of acting and directing. The Priscilla Beach Theater has been educating students for over seventy years and their famous alumni include Paul Newman and Rob Reiner.

An acting workshop teaches self-discipline, teamwork, responsibility, integrity, articulation, voice projection, it builds self-esteem and enhances critical thinking while enabling creative expression. Our workshop will be 10 Saturdays, starting Jan. 23rd thru Mar. 12th, 12-3 PM. On the tenth Saturday, March 19th we will perform the show at 7 PM. Students will be required to arrive at rehearsal by 5 PM. Workshop is for students ages 6-14 and tuition is \$175 per student. Registration is open until January 23rd. All registered students are guaranteed a role in the show! *Charlie & The Chocolate Factory* will be held at the Motherbrook Arts & Community Center, 123 High Street, Dedham, MA. Please fill out the form below and send it to:

| Yellow Fun En | tertainment, | Attn: | Josef Silv | ia |
|---------------|--------------|-------|------------|----|
| 253 Lamartine | St. | | | |

Jamaica Plain, MA 02130

Phone Number: 781-915-4129



| Child Name | Age | Grade in School | |
|-----------------------------|--------------------------------|--|--|
| Does your child require any | special needs (medications, et | cc.) during class time? (We do not discriminate) | |
| Parent Name | Parent Phone # | | |
| Parent Signature | Date | | |