

## Winter & Spring Swim Lessons

Swim lessons are about more than just safety. Participants learn new skills, increase physical activity, gain a sense of achievement, and learn to work in a small group setting.

**Ages:** Preschool 3-5yrs (1:4 instructor to student ratio) School Age 6-12yrs (1:6 instructor to student ratio)

### **Evening Sessions:**

4-week session, Classes meet 2 days / week, 8 total classes Monday / Wednesday Classes: Preschool: 5:30-6:00pm

School Age: 6:15-7:00pm

Dates: Feb 12-March 7, March 19-April 11, April 23-May16

Cost: Members: \$60 Non-members: \$120

### **Saturday Morning Sessions:**

8-week session, 8 total classes

Saturday Classes: School Age: 8:15-9:00am

Preschool: 9:15-9:45am

Dates: March 24-May 12

Cost: Members: \$60 Non-members: \$120

Waterbabies:

4-week session, 4 total classes

Tuesday Class: 6:30-7:00pm Saturday Class: 10:00-10:30am

Dates: Feb 10-March 6, March 20-April 10, April 24-May 15

Cost: Members: \$10 Non-members: \$20

Winter Swim Lesson Registration is now open for members and non-members. Spring Swimming Lessons for 2018 open up for registration at 5:00am February 2nd for members and February 16th for non-members.

# Spring Swim Team 2018

Swim Team will be undergoing a few changes. More information on practice times, locations, and cost will be posted some time in February. In order to participate in swim team, the swimmer must be a YMCA member. If not a member already, ask the Welcome Center about our affordable youth memberships.

Ages: 6-19yrs



#### **Private Swim Lessons**

Private Swim Lessons are available for all ages and swimming ability! Participants will work with a swim lesson instructor to find the perfect time for your session. The classes are 30 minutes long and 4 classes are included in one program.

If you are interested in private swim lessons please stop by the Indianola YMCA and fill out a private swim lesson request form, or fill out the form which can be found on the Indianola YMCA website, and email to

Samantha.howes@dmymca.org

# **Spring Break Swim Lessons**

1 Week- 5 Days-5 Classes

Let your child join us for a special spring break session of swimming lessons.

Ages: Preschool 3-5yrs (1:4 instructor to student ratio)
School Age 6-12yrs (1:6 instructor to student ra-

tio)

Dates: March 12-16

Times: Preschool- 8:30am- 9:00am

School Age- 9:15am-10:00am

Cost: Member: \$37.50 Non-member: \$75