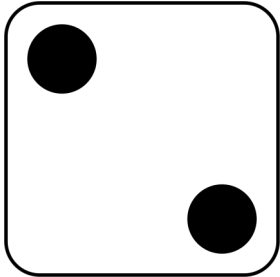
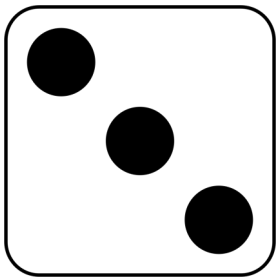


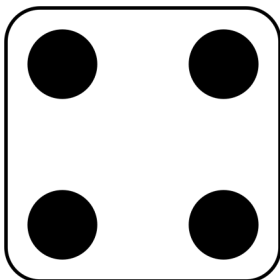
Jumping Jacks



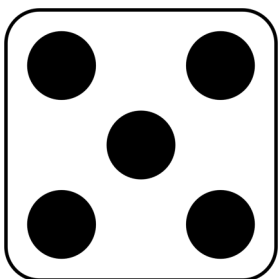
Shoulder Taps



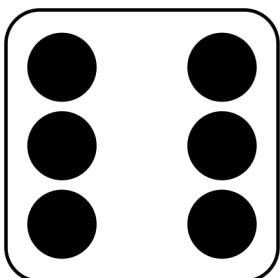
Frog Jumps



Squats



Planks



Burpees