



DEAL or NO DEAL



DEAL or NO DEAL: FITNESS EDITION



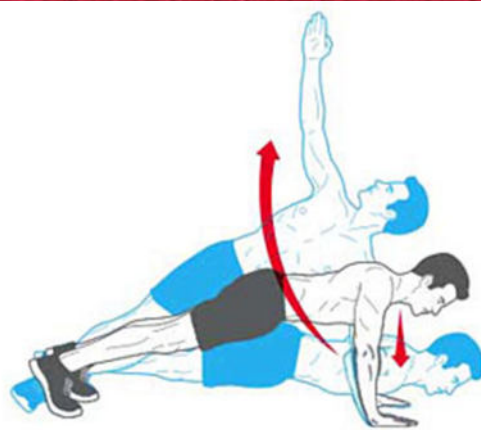
*CLICK THE CASE
TO PLAY!*

HOW TO PLAY:

1. Pick a case, any case!
2. Decide to perform that exercise (DEAL) or change the case for a different exercise chosen randomly (NO DEAL)



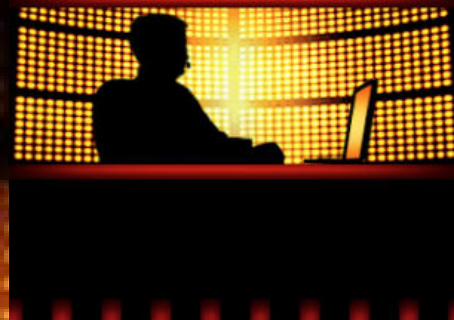
1



T PUSH-UPS

DEAL

NO DEAL



T PUSH-UPS



NEON 30 NEON

2



SPIDERMAN CLIMBERS

DEAL

NO DEAL



SPIDERMAN CLIMBERS



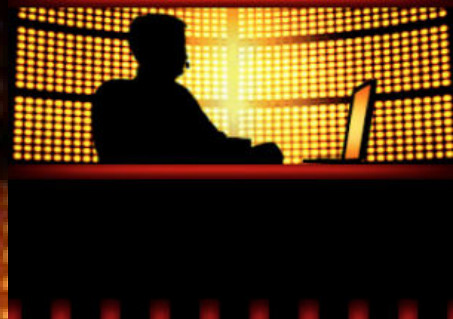
3



SQUATS

DEAL

NO DEAL



SQUATS



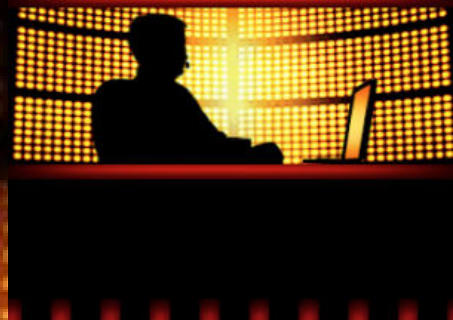
4



PUSH-UPS

DEAL

NO DEAL



PUSH-UPS



CrossFit

00:30

5



BRIDGE TAPS

DEAL

NO DEAL



BRIDGE TAPS



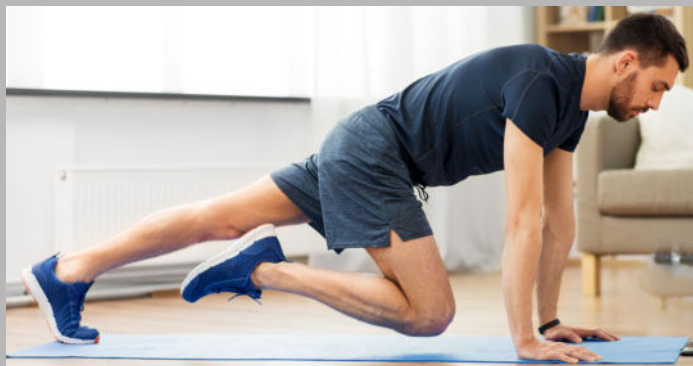
EXERCISE LIBRARY
BRIDGE TAPS



10



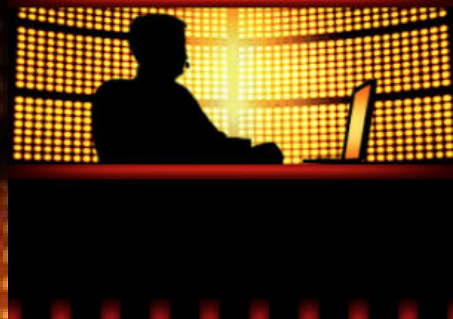
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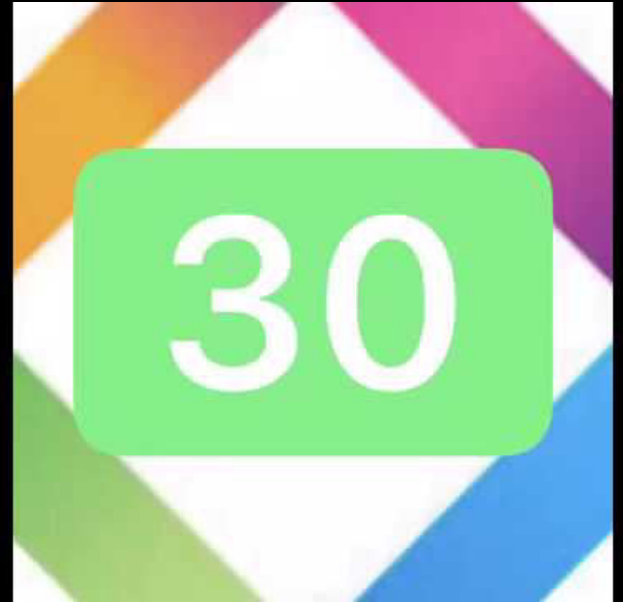
MOUNTAIN CLIMBERS

DEAL

NO DEAL



MOUNTAIN CLIMBERS



7



DEAL

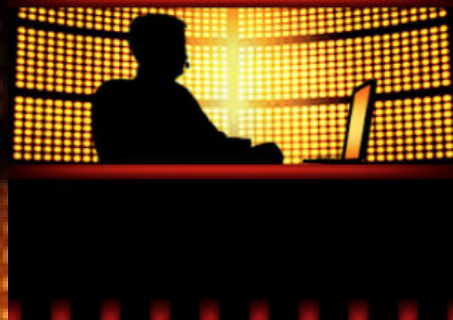
NO DEAL



Water Break



8



INVISIBLE JUMP ROPE



NEON 30 NEON

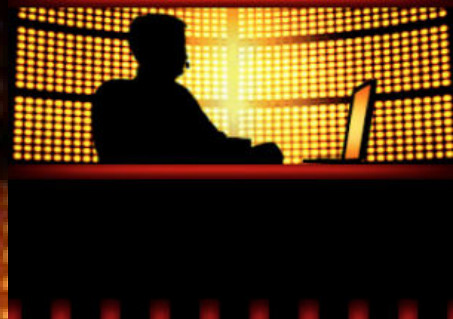
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CRUNCHES

DEAL

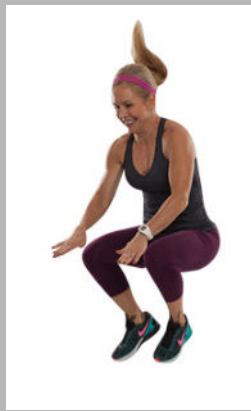
NO DEAL



CRUNCHES



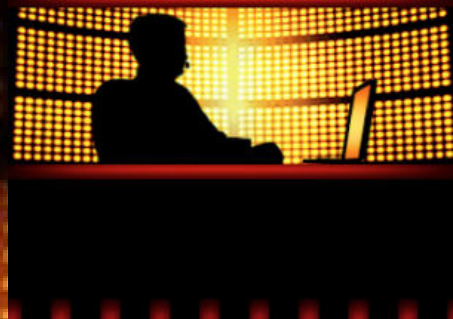
10



KNEE TUCKS

DEAL

NO DEAL



JUMPING KNEE TUCKS

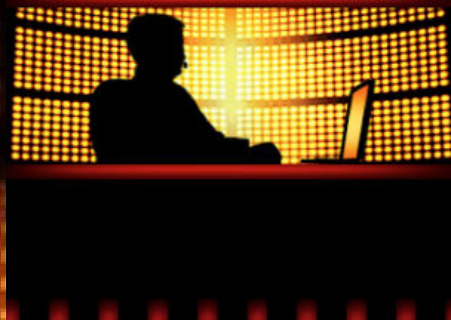


EXERCISE LIBRARY
JUMP KNEE-TUCKS



30

11



JOG IN PLACE



10



12



JUMPING JACKS

JUMPING JACKS

DEAL

NO DEAL



JUMPING JACKS



00:30

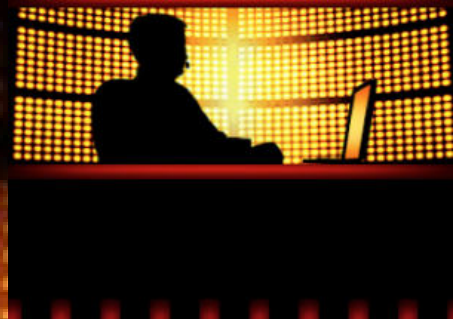
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CRAB KICKS

DEAL

NO DEAL



CRAB KICKS



14



LUNGES

DEAL

NO DEAL



LUNGES



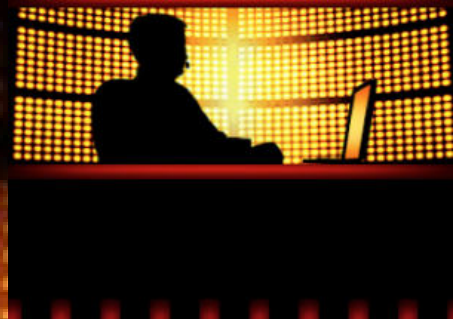
15



V UPS

DEAL

NO DEAL



ALTERNATING V UPS



NEON 30 NEON

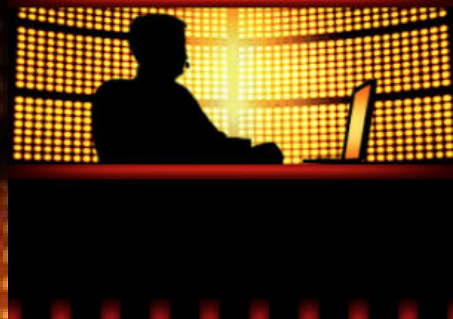
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JUMPING LUNGES

DEAL

NO DEAL



JUMPING LUNGES



**JUMPING
LUNGES**



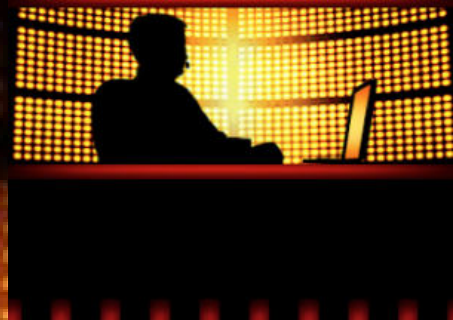
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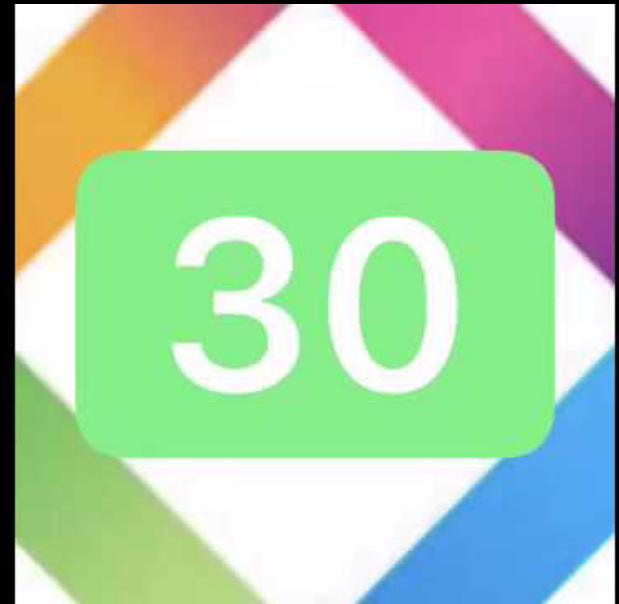
BICYCLE CRUNCHES

DEAL

NO DEAL



BICYCLE CRUNCHES



18



SKATERS

DEAL

NO DEAL



SKATERS



10



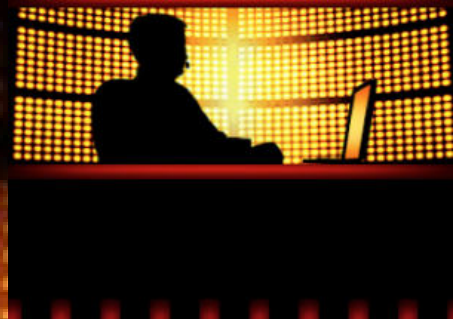
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PLANK

DEAL

NO DEAL

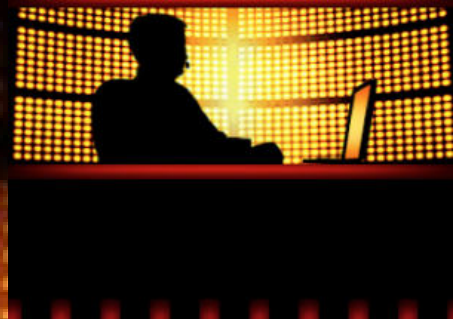


PLANK



00:30

20



STEP 1

STEP 2

SIDE LUNGES

DEAL

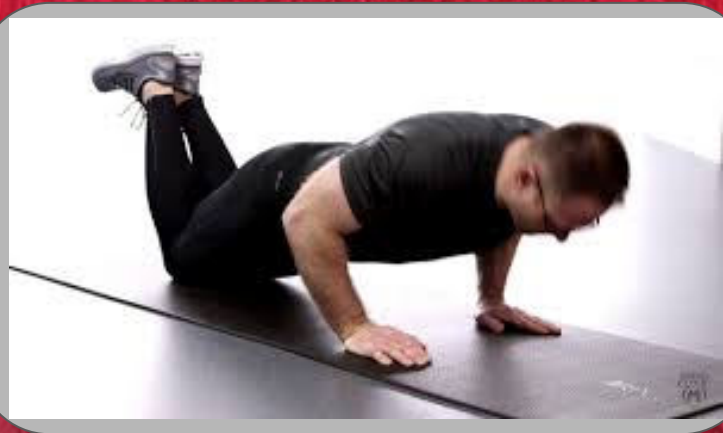
NO DEAL



SIDE LUNGES



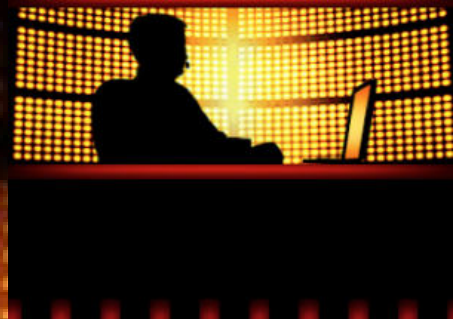
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KNEE BENT PUSH-UPS

DEAL

NO DEAL



KNEE BENT PUSH-UPS



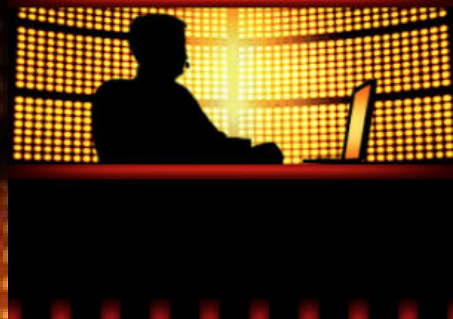
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HIGH KNEES

DEAL

NO DEAL



HIGH KNEES

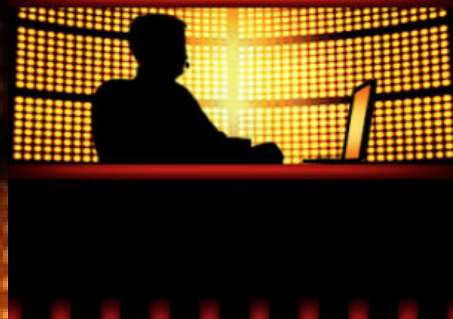


EXERCISE LIBRARY
HIGH KNEES



00:30

23



MARCHING IN PLACE



HIGH
KNEES

10



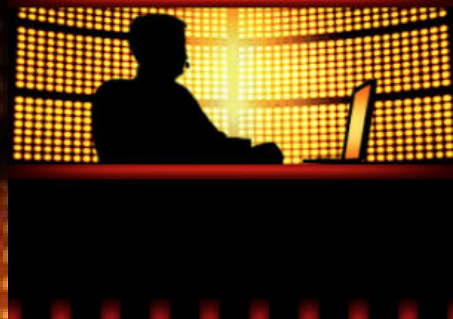
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SIT-UPS

DEAL

NO DEAL



SIT-UPS



NEON 30 NEON

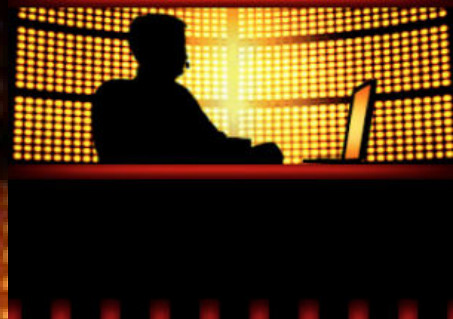
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BURPEES

DEAL

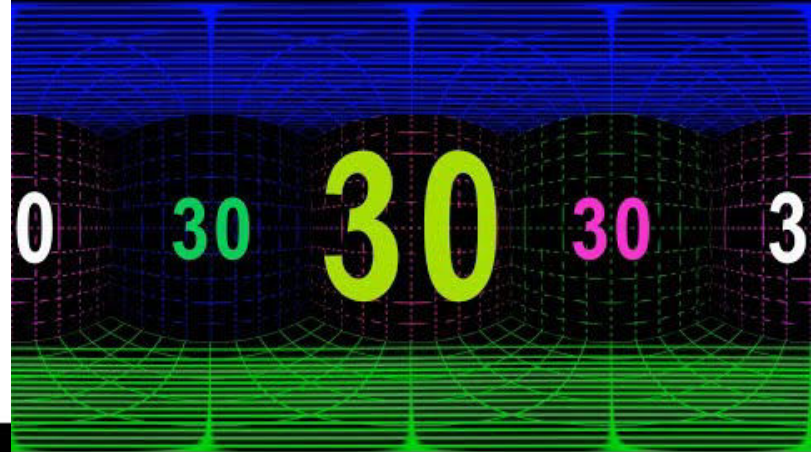
NO DEAL



BURPEES



CrossFit®



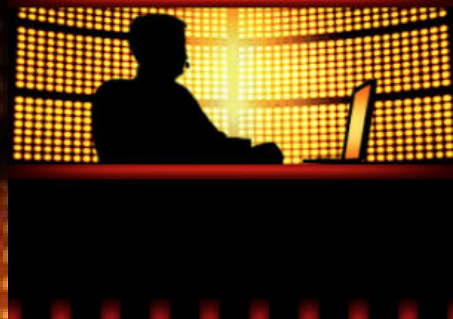
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SQUAT JUMPS

DEAL

NO DEAL



SQUAT JUMPS



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