

Dayton Public Schools Athletics Handbook



Chief of Athletics, Victoria Jones, CAA

Dr. Marvin Jones, Business Manager

Dr. David Lawrence, Superintendent

Hiwot Abraha, Treasurer

Dayton Public Schools Athletics Mission and Vision

The Dayton Public Schools Athletics Department believes that interscholastic athletics are an integral part of the total education program, with a deep history rooted in tradition. This tradition includes the development of world-class athletes, league and state tournament victories, and individual success and recognition at every level. Participation in this program gives the athlete an opportunity to continue this rich tradition.

DPS Athletics Mission Statement

To serve Dayton Public Schools student athletes, families and spectators with opportunities for interscholastic competition, development of strong character and pride in our school communities.

DPS Athletics Vision Statement

Dayton Public Schools Athletics is committed to the development of the mental, physical, social and emotional capacity of student athletes. With this commitment we aspire to provide:

- Consistent, supportive coaching from dedicated staff.
- Quality facilities for student competition.
- Academic standards and support for intellectual growth.
- Opportunities for character development.
- Community partnership and involvement.
- Celebration of athletic accomplishments.
- High expectations of athletes, coaches and fans in the spirit of friendly competition.





Athletics Administration Team

Associate Athletic Director: Deondra Wynn, RAA
Belmont High School 7-12
2615 Wayne Ave. Dayton, OH 45420
dwynn@daytonpublic.com

Associate Athletic Director: NaTwan Goddard, RAA
Stivers School For the Arts 7-12
1212 E. Fifth St. Dayton, OH 45402
Ngoddard@daytonpublic.com

Athletic Coordinator: Brandon McKinney
Paul L. Dunbar High School 9-12
1400 Albritton Dr. Dayton, OH 45417
bmckinney@daytonpublic.com

Athletic Coordinator: Antheny Petty
Thurgood Marshall Stem High School 9-12
4447 Hoover Ave. Dayton, OH 45417
adpetty@daytonpublic.com

Athletic Coordinator: Miyoshi McGee, RAA
David H. Ponitz Career Technology Center 9-12
741 Washington St. Dayton, OH 45402
mmcgee@daytonpublic.com

Athletic Coordinator: Greg Moore
Meadowdale Career Technology Center 9-12
3873 Whitestone Ct. Dayton, OH 45416
gmoore@daytonpublic.com

Coordinator of Intramurals and Athletic Partnerships:
Jesse Watts Jewatts@daytonpublic.com

Edwin Joel Brown Middle School
31 Willowwood Dr. Dayton, OH 45405
Site Coordinator: TBD

International School (RP)
4111 Oakridge Dr.
Dayton, OH 45417

Wright Brothers Middle School
1361 Huffman Ave Dayton, OH 45403
Site Coordinator: Nicole Plennert

Wogaman Middle School
920 McArthur Ave Dayton, OH 45408
Site Coordinator: TBD

Charity Adams Earley Academy
440 Shoup Mill Rd.
Dayton, OH 45415

A Message from the Athletic Office

The Dayton Public Schools Athletics Department is built on the concept of "family." We realize that it takes a community to raise a child, and everyone has a role in the holistic development of the child and can contribute to their success. Administrators, coaches, parents, and officials are all stakeholders when it comes to producing quality student-athletes. The roles of these stakeholders are defined and should be respected to create the best situation for our student-athletes. We will also embrace our core values, the 4 C's: Character, Classroom, Community, and Competition. These will be our foundational principles when modeling what a DPS student should represent.

Student-Athletes

Student-athletes are expected to live up to the standards of sportsmanship established by their school and coaches:

- Display modesty in victory and graciousness in defeat.
- Wish opponents good luck before the game and congratulate them in a sincere manner following either victory or defeat.
- Avoid excessive celebration after a play or the end of a contest. Refrain from taunting, trash talking or making derogatory remarks to your opponents.
- Learn and follow the rules of the game. Share this knowledge with parents and fans to help them have a better understanding and appreciation of the game.
- Respect their opponents and treat them the way they want to be treated.

- Respect the integrity and judgment of the game officials.
- Avoid public criticism of game officials and accept the decision of contest officials.

Coaches

- Must complete all the required credentials in order to coach at DPS and attend all required meetings and training.
- Coaches must exemplify the highest moral character, behavior and leadership; adhere to strong ethical standards.
- Practice being a good citizen.
- Set a good example for players and spectators.
- Refrain from arguments in front of the players and spectators.
- Don't make gestures that demean an official or opposing coach.
- Do not throw objects in disgust.
- Shake hands with opposing coaches and officials before and after each contest. Demand the same of your players.
- Respect the integrity and judgment of the game officials.
- Avoid public criticism of game officials and accept the decision of contest officials.

Parents

The Dayton Public Schools Athletics Department appreciates the interest and support from our parents. We believe that a comprehensive program of student activities is vital to the educational development of our students. Parents are expected to be an unwavering support of the athletics program and a valued resource in the development of our student-athletes. Our intent is to keep students and parents as informed as possible in order to assist in making their athletic experience a positive one.

All participants involved with Dayton Public Schools are responsible for promoting, teaching, enforcing and recognizing the highest standards of sportsmanship. Students, coaches, administrators and fans representing Dayton Public Schools are expected to demonstrate the highest level of sportsmanship and respect for others. We all have the opportunity to promote the ideals of sportsmanship so that our student-athletes raise the expectations of our schools, district, and community. This handbook is designed to assist stakeholders in creating a positive culture of school pride, good sportsmanship and individual growth.

Electing to participate in interscholastic athletics, helps in developing strength of character through increased responsibilities. Goal setting, problem solving, hard work and teamwork. Athletics, Academics, and community involvement are essential components in developing well-rounded individuals. Dayton Public Schools Athletics Department is committed to the task of producing quality athletes and good citizens that are prepared for life. Being a member of Dayton Public Schools Athletics program is both an honor and a privilege and our focus will always center the “Student” first and athlete second.

Every student athlete and their parent or legal guardian are responsible for reading this handbook. Students participating in athletics will be expected to abide by the rules and regulations outlined in this handbook as well as those established by the Ohio High School Athletic Association (OHSAA) and the Dayton Public Schools Student Code of Conduct.

The Dayton Public Schools Athletic Code of Conduct

Scope of the Athletic Code of Conduct

The provisions outlined in this policy shall be in effect twenty-four hours a day, seven days a week, for the duration of the student athlete’s season. The season is defined as the first day of practice and ending with the final formal contest or activity scheduled for each sport (this includes tournaments and award banquets). This policy applies to those sports that commence prior to the beginning of the school year and those that extend beyond the end of the school year. Disciplinary offenses are cumulative throughout the athlete’s years of high school participation with some disciplinary actions that carry over from one season to another.

The Athletics team working with building level staff will determine if there has been a violation of the code of conduct. The student athlete and their parent or guardian will be given written and/or verbal notification of the violations as well as the consequences that will be given.

Athletic Code of Conduct

Every student athlete is a direct representative of themselves, their families, their school and the district. Student athletes are expected to conduct themselves in a way that positively reflects on all stakeholders. The Dayton Public Schools Athletics Department recognizes that student athletes have significant influence among their school’s student body and the community at large. Student athletes have the responsibility to show wholesome character

and leadership not only during their season, but throughout the school year. Student athletes **MUST** have access to a healthy lifestyle that enables them to be in the best possible mental and physical condition. Being a member of the Dayton Public Schools' Athletics program is both an **HONOR** and a **PRIVILEGE**. Student-athletes must adhere to the district code of conduct as well.

Behavioral Standards:

1. **Code of Conduct:** Student-athletes must adhere to the district's Student Code of Conduct, demonstrating sportsmanship, respect, and integrity.
2. **Disciplinary Actions:** Violations of the code of conduct or school policies may result in disciplinary actions, including suspension or removal from the team.
3. **Substance Abuse:** Use of illegal substances, alcohol, or tobacco is strictly prohibited and will result in disciplinary actions.

Sportsmanship, Ethics, and Integrity Policy

The Dayton Public Schools Athletic Department believes that interscholastic competition involving member schools of OHSA should be governed by the basic principles of good sportsmanship. This document has been prepared to ensure that all participants have a common understanding of those basic principles. We believe that participation is as important as winning. We believe that students should be coached to play to the best of their ability and to understand that to play well is to play honorably. The promotion of sportsmanship is the obligation of all school personnel (principals, athletic directors and coaches) and is directed to the behavior of spectators, coaches and players. We, therefore, expect school administrators, coaches, coaches, athletes, cheerleaders and spectators to know and embrace the following fundamentals of sportsmanship:

- Respect should be demonstrated for athletic opponents and for their school at all times. Dayton Public Schools should treat visiting teams and their supporters as guests and accord them the consideration everyone deserves.
- Respect should be demonstrated for the officials at all times. As impartial arbiters who are trained to do their jobs to the best of their

ability, officials should be given respect and an attitude of good sportsmanship regardless of the outcome of the contest.

- Knowledge of and a proper respect for the current rules of the contest should guide the behavior of all participants. Rules are essential for a fair contest. Good sportsmanship suggests the importance of conforming to the rules.
- All participants should strive to maintain self-control at all times. The desire to win cannot be accepted as a reason for irrational behavior. All must maintain a proper perspective if the potential educational values of athletic competition are to be realized.
- All participants should learn to recognize and appreciate skill in performance regardless of school affiliation. Recognition of the good performance of an opponent is a demonstration of generosity and good will that is encouraged in all member schools.
- Dayton Public Schools believe that the ideals of good sportsmanship, ethics, and integrity should always be on display at our extra-curricular events. In the event that a fan is not acting in a proper manner we have developed the following procedure:
 - Verbal warning may be issued by the site coordinator or Associate Athletic Director /Athletic Coordinator
 - Spectator may be removed from the event
 - i. May result in suspension for additional games or remainder of season
 - ii. May also be subject to further disciplinary action, if fan is a student

Unacceptable Behavior

All student-athletes participating in athletics MUST abide by the student code of conduct. Any student-athlete that does not adhere to this code will be subject to disciplinary actions. This may include but is not limited to: removal from practices, games, and/or the team. The Dayton Public Schools administration reserves the right to deny any student-athlete the privilege of participation at any time with "just cause."

Student athletes will be subject to immediate disciplinary action for any of the following behaviors (at school, at school sponsored events, or on the way to or from school/school events):

- Possession, use, or sale of drugs, alcohol, tobacco products, drug paraphernalia or steroids.
- Willfully destroying or stealing property (athletic, personal or school property).
- An accumulation of minor infractions as outlined in the Student Code of Conduct.

(Three Level I and two Level II offenses)

- Any major infraction as outlined in the Student Code of Conduct.

(Any Level III offense)

- Disrespect to any member of the DPS community (teacher, coach, administrator, school staff member, student, bus driver).
- Major violations or accumulation of minor violations of the rules as set down by the coaching staff of an athlete's specific sport.

Equal Opportunity

Students have the right to be free from discrimination on the basis of race, color, national origin, citizenship status, ancestry, religion, sex, economic status, marital status, pregnancy, age, disability, military status or sexual orientation in all decisions affecting admissions; membership in school-sponsored organizations, clubs or activities; access to facilities; distribution of funds; academic evaluations or any other aspect of school-sponsored activities. Any limitations with regard to participation in a school-sponsored activity are based on criteria reasonably related to that specific activity. Should you encounter a problem or have a question regarding the department's non-discrimination policy please seek the assistance of a member of the athletics team.

Athlete Participation Requirements

Both the parent(s) and student-athlete(s) are required to create and complete a final forms account. FinalForms is the central location for all student-athlete athletic compliance documentation. (this does not include non-enrolled students and OHSAA transfers processing) Go to <https://dayton-oh.finalforms.com/> to create your account. Once your account is created and you've confirmed it through your email, register any children you have in the district who will play sports for Dayton Public Schools. Student-Athletes **cannot** participate until all final forms documents are completed and approved by an athletic director or athletic representative.

Any student who wishes to participate in athletics **MUST** meet the following

requirements listed in addition to any requirements made by the athletic or coaching staff in the building.

Physical Examination

Before the student's first day of practice (or prior to the student's first participation should he/she join the team after the season has started), each student must have had a physical examination within the past year and an examination form signed by a medical examiner must be on file at your school. The physical examination will suffice for all athletic participation (multiple sports) for one calendar year and a written record of the examination MUST be kept on file in the Associate Athletic Director's office. The Athletics Department will coordinate, for a nominal fee, the opportunity for all athletes to receive their physical before the beginning of each school year.

Physical examinations are valid for participation for 13 months from the date of the exam except for those that take place from May 1-June 1. Those exams are valid for one year plus through the end of the next school year's spring sports season.

Emergency Medical Form

Each student must provide their coach a signed Emergency Medical form before they are permitted to practice. This form informs the coaching and medical staff of important information regarding your student's health. It also informs them as to which medical facility your injured athlete should be taken to if an injury should occur. It allows the attending medical personnel to begin treatment in case a parent or guardian is not readily available. Parents should also state if their child has any special needs or if they are on an IEP, as it will help the coach deal with unforeseen situations. The emergency medical form will be kept on file in the Associate Athletic Director's office and the coach will carry a copy of the form to all practices and games.

Authorization Form

All students must have an "authorization form" on file in the Associate Athletic Director's office which is a written acknowledgement that they have been informed by Dayton Public Schools of the risks of athletic participation.

Concussion Information Sheet

Each student must also provide their coach a signed "Concussion Information Sheet." The signed sheet indicates to the coach that the parent and student athlete have read the sheet. The sheet is used to provide assistance to the parent and their student in recognizing signs and symptoms of a concussion. Every athlete is different and responds to a brain injury differently. Medical attention should be sought if an athlete is suspected to have a concussion. Once a concussion occurs, it is very important your athlete returns to normal activities slowly, so they do not do more damage to their brain.

Scholarship

Academic eligibility is determined by two bodies, the Dayton Board of Education and OHSAA. OHSAA has one set of standards for eligibility which are listed below, followed by the requirements of the Board of Education.

In accordance with OHSAA, a student enrolling in the seventh grade for the first time will be eligible for the first grading period regardless of the previous academic achievement. Thereafter, in order to be eligible, the student in grade seven or eight must be currently enrolled in school the immediately preceding grading period, and received passing grades during that grading period in a minimum of **four** of those subjects in which the student received grades.

In order for a student to be eligible for the first grading period upon entrance into grade 9, they must have received **passing grades in a minimum of four (4) of the classes** for which they received grades in the immediately preceding grading period. In order to maintain eligibility for grades 9-12, you must have received passing grades in a **minimum of five (5) one credit courses or the equivalent**, in the immediately **preceding grading period**. **Overall percentage can be used to determine eligibility in special circumstances.**

Summer school, College Credit Plus and other educational options (e.g. work permitted after the conclusion of the grading period) may not be used to bring a student into compliance with scholarship bylaws, nor can they be used to compensate for lack of courses taken in the preceding grading period. Those taking postsecondary school

courses, including College Credit Plus, must comply with OHSAA scholarship regulations.

Semester or yearly grades have no effect on OHSAA eligibility (although they could, depending upon the district's official grading periods). OHSAA eligibility is dependent upon grades received in the immediately preceding grading period.

The **eligibility or ineligibility** of a student continues until the start of **the fifth school day** of the next grading period, at which time the grades from the immediately preceding grading period become effective (exceptions can be considered during school breaks). After establishing ninth-grade eligibility, you are permitted only **eight (8) semesters** of athletic eligibility. The semesters are taken in order of attendance once ninth-grade eligibility has been established. Semesters are counted toward eligibility whether you **participate in interscholastic athletics or not**.

Academic Eligibility

OHSAA Requirement - In order to be eligible, a high school student must pass **five one-credit or equivalency courses**. The five courses may be a combination of high school, CTE courses and college courses and must be used towards graduation. Middle school students must **pass four of the attempted classes** from the prior grading period. In addition to the OHSAA requirements student athletes must also meet the district's following requirements.

In accordance with Dayton Board of Education policy, as a condition for the privilege of participating in interscholastic extracurricular activities, a student must have attained a minimum grade-point average of **1.0 on a 4.0 grading scale**. Student-athletes with a grade-point average of a 1.0 - 1.99 must be enrolled in their school's Athletic Academic Intervention Program (AAIP). Students in the AAIP will be required to attend study tables for a minimum of one-hour Monday-Thursday. The first missed study table session will result in a warning, the second and any subsequent missed sessions will be handled on a case-by-case basis. After 3 missed sessions in the same quarter, a student can be ruled ineligible to compete for the rest of the sports season.

District Academic & Attendance Progress Monitoring - Starting

three weeks after the beginning of each season student academic progress will be monitored every week through updated reports. After week three of the start of each quarter, student athletes must meet OHSA minimum requirements (passing 4 (MS) or 5 (HS), in all classes each week. If a student does not meet the OHSA requirements, they will have one week to meet the requirements. If at the time of the next report, the student is still below OHSA requirements, (s)he is ruled ineligible for that week's game(s) until they can prove they meet the requirements. Grade sheets can be presented at any time, by the end of the school day, including the day of competition. Coaches will be alerted when student-athletes have **3 or more unexcused absences** in a week during progress monitoring.

Attendance and Athletic Participation

In order to practice or participate in an interscholastic contest on a school day, an athlete **MUST** be present for at least **half of the school day** on which the contest occurs. If a student is absent on Friday due to an illness, the athlete must present a doctor's note in order to participate in a Saturday contest. If no note is given the athlete **MUST** miss a practice or contest. The student should be present at the practice or contest but not able to participate. The athletic director or athletics representative assigned to the building may make exceptions involving extenuating circumstances.

Dual Credit Courses

Dayton Public Schools Athletic Department acknowledges that many student athletes may be enrolled in College Credit Plus Courses or Dual credit Courses. The Department supports any program that presents opportunities that promotes educational advancement. In order to accommodate these educational opportunities, the Ohio State High School Athletic Association (OHSA) has created a form that will allow student athletes that are enrolled in these courses an opportunity to participate in athletics and remain compliant. Any student athlete that is enrolled in a College Credit Plus course must submit a CCP/Non-Enrollment form to the athletic department to verify eligibility. (See form in the forms section)

Participation by Ineligible Student-Athletes

A student who is determined to be ineligible in accordance with

Dayton Board of Education or OHSAA policy, shall be ineligible to participate in any interscholastic sports contests, shall not be dressed in full uniform for any such contests and shall not participate in pre-game warmups during the student's period of ineligibility.

Age and semesters

In accordance with OHSAA policy and regulations, once a student attains the age of 20, the student will no longer be eligible for interscholastic athletic competition notwithstanding, where the 20th birthday falls in relation to the sports season.

If a student enrolled in grade 7 or 8 attains the age of 15 before August 1, the student shall be ineligible to participate in 7th and 8th grade interscholastic athletics for the school year commencing in that calendar year.

Each student is permitted up to eight semesters of high school athletic participation opportunity, and each 7-8th grade student is permitted up to four semesters of 7-8th grade athletic participation opportunity whether the student is able to or chooses to participate in interscholastic athletics or not. Once the semesters are completed no student can participate in interscholastic athletics.

Transfer Policy

Student athletes who transfer from one school to another must be cleared by Dayton Public Schools Athletic Department before they participate in any school athletic event. This includes practices, meetings and games. This applies to students that transfer from other districts and students that transfer within the district. Any student that does not adhere to this policy may be subject to disqualification from all athletic participation. Any student that transfers from Dayton Public Schools to Dayton Public Schools will have to sit out **50 percent (second half) plus the tournament**. Unless they meet an OHSAA exception. This includes change of residency and prior DPS participation. Non-enrolled students must adhere to this rule as well. In the event that you have an unforeseen circumstance you do have the option to seek guidance by our district's superintendent and the chief of athletics. However, if it is a OHSAA rule or bylaw there is nothing the district can do to assist in the matter.

Transfer process:

- Coaches will identify all transfers on their rosters and alert the Associate Athletic Directors and/Athletic Coordinators.
- The coach and or Associate Athletic Director/Athletic Coordinators will request a current report card and/or preceding report card from the parent of the potential participating student (cannot participate if grades are not acceptable).
- The Associate Athletic Director/Athletic Coordinator will have the parent (s) and/or guardian complete an internal transfer form.
- The Associate Athletic Director/Athletic Coordinator will submit the report card and internal transfer form to the Chief of Athletics to determine what the next steps are going to be.
- The Chief of Athletics will determine what type of transfer and/or if there is an exception that can be met.

Once all documentation and forms are completed the Chief of Athletics or designee will send final documents to OHSAA for a final ruling (house visits may take place with some transfers).

Non-Enrolled Students

Non-enrolled students are students who attend community (also referred to as charter schools, many of which are digital/online schools) or STEM schools sponsored by a school district (which, as explained above, are different than non-traditional/specialty schools), as well as those students who are home educated or attend a non-public school that does not offer a specific sport. These students are permitted to participate only in the district of residence of their parents as per Ohio law. Students who receive their education through one of the aforementioned means, and who live within a multiple high school district, have the same option as a student who attends a non-traditional/specialty school, and all these students will be assigned to participate in sports at a member high school in accordance with these same business rules (regardless of whether that member school is poor performing). Non-enrolled students are expected to adhere to all Dayton Public Schools policies and procedures.

Non- Enrolled Process:

- The coach will identify all non-enrolled students and submit those names to the Associate Athletic Directors/Athletic Coordinators (including summer workouts).
- The coach and/or Associate Athletic Director/Athletic Coordinators will request a current report card and/or preceding report card from the parent of the potential participating student (cannot participate if grades are not acceptable).
- The coach and/or Associate Athletic Director/Athletic Coordinators will give the parent (s) and/or guardian the appropriate documents for processing the non-enrolled student.

Once the grades are verified and all required forms are gathered the parent can schedule an appointment with Ms. Tolliver at jtolliver@daytonpublic.com or 937.542.4070 to determine what school their child will be assigned to and to complete the final process.

A non-enrolled student cannot participate in any activities until this process is completed.*

Transportation

- All athletes are expected to travel to and from the contest in a district bus or van when the district provides transportation. In special circumstances a parent, legal guardian or coach may provide transportation when the alternative student transportation form is on file with the coach and/or athletic office. Head Coaches are required to travel to and from the contests with their team in a district bus or van. In special situations, exceptions may be made with prior approval from an AD and/or AC or the Chief of Athletics.
- If a coach plans to transport students he or she must provide proof of insurance (current) to the athletic department. In addition, must have a permission slip on file for all students

that will be transported. Students should never transport students or staff in their personal vehicles. Coaches should never permit students to drive their personal vehicles.

Uniforms

- Uniforms and equipment are the property of Dayton Public Schools Athletics Department and MUST be returned at the season's end. The cost of any missing apparel and/or equipment will be added to the student's cumulative file.
- If someone donates apparel or equipment or anything for the program it is property of the athletic department and must stay with the respective program. This includes donations from the coaches and staff.

Coaches Communication Expectations

- Follow the appropriate chain of command: Athletic Director and/or Athletic Coordinator, Chief of Athletics and Principal, and Business Manager.
- 14 legal duties are expected: duty to plan, duty to supervise, duty to select and train coaches, duty to provide proper technique instruction specific to your sport, duty to warn regarding all the risks related to participation in athletics, duty to provide a safe playing environment, duty to ensure athletes are wearing the appropriate protective equipment, duty to evaluate conditioning, duty evaluate injury, duty to matching and equating athletes, duty to provide medical assistance within your role, duty of emergency response plan, duty of safe transportation, and duty of sport-related disclosures.
- Must demonstrate effective communication with students, parents, staff, supervisors and stakeholders.
- Create handbooks that outline their program's expectations.
- Provide calendars for students and parents concerning their schedules, parent meetings, recognitions, banquets, awards, etc...
- Assess the situation and then immediately contact your AD/AC and/or Chief of Athletics, site coordinator (those that apply), building principal, and parent (whichever order you deem necessary at that time). Your athletics representatives and building administrators should always be contacted every time while the situation/concern is actively occurring (real-time).
- An email outlining the situation is expected providing

feedback/summary concerning the current status and/or follow-up related to the situation. Please include all mentioned above in this correspondence.

- If your situation is a medical related concern please follow-up with our athletic trainer to see what the next steps are moving forward before allowing the student to participate (must be cleared).
- SPORTS YOU and Final Forms are the primary source of communication. Your cell phone should be used when necessary. Group chats with your cellular devices are not permitted.

Parent and Student Communication

Follow the appropriate chain of command when communicating

- ☐ Coach
- ☐ Athletic Director and/or Athletic Coordinator
- ☐ Principal and Chief of Athletics
- ☐ Business Manager

Permit 24 to 48 hours before approaching the coach for a meeting after a game, event, etc...

Check and review final forms, sportsYou, parent square, and social media for athletics correspondences and communications.

Special Circumstances and Appeals:

1. **Hardship Cases:** Policies for handling special circumstances, such as medical or family hardships, will be developed to address exceptions to eligibility rules.
2. **Appeals Process:** An appeals process will be established for student-athletes to contest eligibility determinations, ensuring fair and timely review.
 - a. Chain of Command
 - Level I - AD, AC, or Principal
 - Level II - Chief of Athletics
 - Level III - Business Manager
 - Level IV - Board of Education
 - **Enforcement:**
1. **Violation Consequences:** Violations of this policy may result in suspension or removal from athletic participation.

2. **Compliance Monitoring:** Regularly monitor compliance with eligibility policies, and take corrective actions when necessary.

Review and Amendment:

This policy shall be reviewed periodically to ensure its effectiveness and relevance. Amendments may be made as necessary with input from relevant stakeholders, including students, faculty, and administrators.

Approval: This policy is approved by Dayton Public Schools and shall take effect immediately upon approval.

COACH HIRING PROCESS

1. Complete application for desired coaching position on the DPS website
 - a. <https://www.dps.k12.oh.us/careers/>
2. Apply for one of the three Pupil Activity permits (most common is a 3-yr)

A copy of the PAP certificate will have to be emailed to the Athletic Department

District IRN Code: Dayton City

<https://ohid.ohio.gov/wps/portal/gov/ohid/login>

Apply for one of the three, most common for coaches is a three-year permit:

A. A three-year permit if you hold:

- No other educator credential; or
- An educator credential *other than* one of those listed under B or C.

B. A four-year permit if you hold:

- A four-year resident educator license; or
- A four-year alternative resident educator license.

C. **A five-year permit if you hold:**

- A five-year professional license; or
- A five-year senior professional license; or
- A five-year lead professional license.

3. Complete a background check

1. Appointment will be made after confirmation of coaching position
2. Schedule your appointment through the link below

[Background Check Scheduler](#)

Office of Safety & Security, 136 S. Ludlow St. (Free parking available behind 115 S. Ludlow St.)

Phone Number: 937-542-7000

WHEN: Monday through Friday (7:30 a.m.-4:00 p.m.)

COST: The Ohio Bureau of Criminal Identification background check is \$22, and the FBI background check is \$25.25. The cost for both is \$47.25.

The only form of payment accepted is payroll deduction or money order, made payable to Dayton Public Schools. Cash is no longer accepted.

4. We are utilizing the Coaches Tool Chest for our certificate process. These are the steps you'll need to follow to set up your Coaches Tool Chest account. This will provide one certificate that will encompass your CPR, First Aid, Concussions, Lindsay's Law, and Fundamentals of Coaching. Once you complete all training please send a copy of your certificates to the Associate Director/Athletic Coordinator for your building and the athletic department secretary.

Step 1: Go to www.coachestoolchest.com/subscribe to create an account and pay the yearly subscription fee (\$49.00).

Step 2: Log in at www.coachestoolchest.com/certification-test/ and begin the test.

Stop and start the test at your convenience.

Step 3: Study any areas you did not pass utilizing the coursework section at www.coachestoolchest.com/resources/ and retake failed sections until all sections are passed.

Step 4: Send your completed Coaches' Tool Chest certificate to your Athletic Director/Athletic Coordinator and the administrative assistants.

1. New Hires Only:

The same day you come in for your background check, you can also bring in the following items to Lara Sarver in Human Resources:

- Forms of Identification | We will need to verify your IDs with either: (1) your US Passport, *or* (2) your Driver's License *AND* your Social Security Card.
- We'll need you to bring with you a voided check for your direct deposit verification OR you can respond here to me with a Bank Verification Letter. This is a letter you can request from your bank (for your new employer/direct deposit).
- In addition you will be required to attend the athletics New Hire orientation. This is in addition to the mandatory coaches meetings and/or training.

ATTIRE

DPS coaches/staff should present themselves in a manner that represents the district in a professional manner at all times. At no time should coaches wear clothing with the name or logo of other high schools. Depending on the sport and situation polos and khakis are the minimum expectation as it relates to professional attire. In addition, jeans are not acceptable unless there is prior approval from the supervisor. Coach should wear practice clothing that is functional but not sloppy, ripped, torn or immodest.

Coaches should be sure that student-athletes are dressed in an appropriate manner for practice, travel, games, events etc... Student-athletes should wear practice clothing that is functional but not sloppy, ripped torn or immodest.

END OF SEASON REPORT

Each Head Coach should submit an end of the year report at the conclusion of the season. This report should be submitted when the coach is evaluated by the Athletic Director and should contain the following:

- Roster of athletes, including the # of years of participation
- Season record, including schedule and results of all contests
- Evaluation of the season
- Evaluation of the coaching staff
- Recommendations for next season, including any schedule changes
- Budget requests and/or concerns
- Statistics for all Varsity team members and team related statistics

PROFESSIONAL DEVELOPMENT

Each coach is required to complete 9 hours of professional development per year. The areas of focus are: student health and safety (3hrs), coaching skills and techniques (3hrs) , and ethics and sportsmanship (3hrs). Please turn in documentation to your AD for credit. Here are some options you could consider when approaching professional development: DPS Athletics Chalk Talk Series, Attend recommended sports specific conference, Ex. OIAAA, NIAAA, OATCCC ETC... approved virtual conferences can be accepted, attend professional local/state clinics and seminars. Staff are always encouraged to complete classes through desired colleges, universities and other accredited resources.

EVALUATION OF PERSONNEL AND PROGRAM

All athletic personnel are subject to yearly evaluation by the Athletic Director(s). At the preseason coaches meeting, the Athletic Director(s) will explain the evaluation process with all coaches, as well as discuss goals and expectations for the coaches. Following the season, the Athletic Director/Coordinator(s) and Head Varsity Coach will meet and complete the evaluation form for Head Coaches. The Head Coaches will also complete an evaluation for each Assistant Coach in that program and submit them to the Athletic Director/Coordinator (s) prior to their evaluation. Copies of the evaluation will be made available to the coaches in a timely fashion.

Aside from performance, the Head Coaches will also be evaluated on the following areas within their program: success, potential for success, number of participants, inventory, community service, professional development and impact on the school and community.

FACILITIES EXPECTATIONS

All athletic facilities are available to use for all student-athletes at DPS, when supervised by an employee of DPS. The facilities use will be scheduled by the Athletic Director and/or Athletic Coordinator. All reservations must be entered into the FMX system (this includes in season sports).

Our facilities must be closely supervised by the coach assigned to the activity. At no time should the facilities be opened without an adult supervisor in the room. Safety of the students during training is of the utmost importance at all times. When teams are finished with their workouts, all equipment should be placed in its appropriate areas and removed from the floor for cleaning. It is the coach's responsibility to see that the room is clean, orderly and locked.

FUNDRAISING/ DONATIONS

Teachers and Coaches **MAY NOT** solicit funds for their programs or activities in the name of DPS from specific individuals or companies outside of the school, which include but are not limited to alumni, parents, etc. Unauthorized solicitations by the coach are strictly prohibited. All fundraising requests must be on the appropriate form, requiring signatures from the principal, athletics business specialist, and the superintendent. The fundraiser cannot take place until these steps are completed.

There will be fundraising opportunities open to all teams throughout the school year at Welcome Stadium. Each team will have an opportunity to make additional funds with this fundraiser. Interested teams must sign up ahead of time with the concessions manager. These funds will be available in the current school year.

Donations are permissible in athletics. There is a required form that needs to be completed when receiving donations. Once this form has been completed it must be processed with the athletics business manager for approval. If you as the coach/staff member purchase something for your program it is considered a donation. Please keep in mind reimbursements are not permissible per the district policy.

COMMUNITY SERVICE

- All players are required to complete 10 hours of community service per year.
- We will recognize the team that will serve our community the most.
- There is a document that needs to be completed in order to receive credit.
- Please share your pictures with your respective AD so we can post your service on social media.

PRACTICES

Practices are the responsibility of the head coach. The Head Coach should have a written plan that emphasizes skill development, technique, strategy and safety. These plans should be discussed with assistant coaches at all levels for the formation of a program that builds from the freshmen through varsity. All practices must be held in places designated by DPS as practice sites. For off site practices they must be approved by the chief of athletics and the principal before proceeding. All practices should start on time and end on time. We require student-athletes to be on time for practices therefore we must also end on time. Keeping to practice times makes for a professional appearance and parents will appreciate your diligence to keeping to a time schedule.

Your responsibility as a coach begins when the student-athlete is dressing for practices or games and ends when the last student-athlete has left the property (DPS or other site). It is the responsibility of the head coach to assign personnel to supervise the locker room and ensure that the last student-athlete has been properly sent on his/her way home. Coaches and/or supervisors should never leave practices or events before the students.

Practices are not permitted on Sunday unless you have a Monday competition. In addition, when the district is closed practices are discouraged. If you plan to practice during this time it must be pre-approved by the athletics administration.

MEALS AND LODGING

The scheduling of all contests that may require travel to the point where team meals and lodging must be provided must be approved by the Athletic Director/Athletic Coordinator.

Payments for meals and lodging will be provided for as an approved budget item, through the Athletic Department depending on the event. Ex. state track meet

Only the students and coaches that are participating in these events will be covered for any additional expenses.

Budget monies used for lodging or team meals must be requested through the Athletic Office one month prior to the date needed.

Receipts and change from expenses incurred must be turned into the business office on the first school day after returning from the contest.

All coaches on these trips are responsible for the well-being of the student-athletes throughout the trip (i.e. from the time the student-athlete leaves DPS to the time they return to DPS).

SCHEDULING

Head Coaches should work with the Athletic Director(s) to ensure that their programs schedules are completed in a timely manner. Schedules should be completed by June 1st of the previous school year for all fall and winter sports teams. Spring sports teams should complete their schedule by February 1st.

All contests should meet the regulations set by OHSAA. Non-league contests should have OHSAA contracts. Schedule changes must go through the Athletic Office after the initial schedules are completed. This includes changes in time, date, location, site or opponent. If it is not approved by the athletic department then it is not official.

No contests can be played on the following dates: Thanksgiving, Christmas, New Year's Day, Holy Thursday, Good Friday and Easter. Every attempt should be made to schedule around exams in the winter.

All competitions should be scheduled in the **90 min radius**. All exceptions must be approved by the Chief of Athletics.

School Sponsored Tournaments

1. Any interscholastic tournament sponsored by DPS must be pre-approved and coordinated through the Athletic Director(s).
2. All expenses and gate receipts should go through the Athletic Office.
3. Holiday competitions must be pre-approved by the Principal and Chief of Athletics.

CANCELLATIONS OF COMPETITIONS

Coaches, principals, site coordinators cannot cancel competitions. Only athletic administrators are responsible for the cancellation of competitions for various reasons.

When the district is closed the chief of athletics will connect and collaborate with the central office to determine if athletic events are canceled or not. Once the decision is made the chief of athletics will alert all involved and impacted. Please keep in mind that there may be cases when the district is closed and athletic events are in session.

Summer Camps and Special Events

DPS will sponsor up to **\$500.00** towards summer camps for each team. If you do not take advantage of this offer it does not roll over and cannot be transferred. These funds can be used for teams and individual camps.

You must make sure the vendor for the camps are in the system and verified with the athletics budget specialist ahead of time. In addition, you must meet the deadline to submit your request for camps to your Athletic Director/Athletic Coordinator.

Transportation is provided for camps if you request it in a timely manner. Vans are available for camps as well.

Coaches and students are expected to attend and support special events. Ex. All-Star event, cheer competition, Who's in the Jersey, Success looks like me, etc...

EMERGENCY PROCEDURES

In the event of a medical emergency (where medical professionals are needed), please use the following procedure:

- 1. CALL 911** - Be prepared to give the following information to the dispatcher:
 - a. Nature of the injury: Head, Neck, Internal injury
 - b. Status of the athlete:
 - o Conscious or unconscious
 - o Breathing or not breathing
 - o Bleeding or not bleeding
 - c. Location: Which practice/playing area are you using (gym, specific field)
 - a. Send someone to meet the ambulance and guide them to your location.

2. DO NOT MOVE THE ATHLETE UNLESS IT IS ABSOLUTELY NECESSARY

Other recommendations during an emergency situation:

1. Try to use an assistant coach or adult in all phases of the emergency procedure
2. Have someone, preferably an adult, meet the ambulance and guide them through an indoor facility or to an unfamiliar outdoor facility.
3. Have an emergency action plan. This is especially useful when someone unfamiliar with the procedure is making the call.
4. Know the location of the nearest accessible phone for the facility you are at and always have a quarter with you.
5. An adult should go with the athlete to the hospital if the athlete's parent/guardian is not available
6. Make sure all student-athletes have completed Final Forms including Parent signatures and emergency contact information.
7. Keep calm, get the situation under control by making all of the necessary emergency procedures assignments.

GENERAL INFORMATION

INDIVIDUAL TEAM POLICY - Those coaches who wish to establish team rules, policies and disciplines that extend beyond those in the student handbook must have them pre-approved by the Athletic Director(s). Once they have been approved, a copy of these policies should be on file in the Athletic Office.

CUT POLICY - In all sports that require "cutting" student-athletes, procedures for selecting a squad should include:

- Having in writing the procedure he/she follows to determine cuts.
- Present this procedure to the parents prior to the tryouts.
- Ensure that all student-athletes who are cut have an opportunity to meet, one on one with the coach involved, to discuss the reasons for his/her release. It is strongly suggested that when there are different levels of cuts the coaches should make the "last" cut by meeting with the student-athletes rather than posting a list.

OVERNIGHTS - All in-season and out-of-season trips which would require an overnight stay by the student-athletes must be pre-approved by the Athletic Director/Athletic Coordinator (s). This would include scheduled interscholastic competitions as well as team camps. All pertinent information regarding the trip

must be on file in the Athletic Office prior to the trip. Final decision will require the approval of the principal and the chief of athletics.

NEW UNIFORMS

- The approval of uniform purchases will be based on the condition and appearance of the uniforms for each team. Every attempt will be made by the Athletic Office to purchase new uniforms for the varsity teams in a 3-year cycle.
- Uniforms must be in the school colors and in the event a different color is considered it must be approved by the Athletic Director/ Athletic Coordinator and align with OHSA rules and regulations.
- The uniform must be approved by the Athletic Director(s), with all school logos approved by the Athletic Director(s). This includes uniforms or apparel that was donated to the program.
- All items purchased through the team's budget must be approved by the Athletic Director(s). Coaches will be financially responsible for any purchase without proper approval.
- Team apparel beyond uniforms must also follow these same procedures. All team t-shirts, warm-ups, practice shirts, etc. (along with team mottos, etc.) must be approved by the Athletic Director(s) prior to purchase. These items should reflect the main colors. Coaches will be financially responsible for any purchase without proper approval.
- Within one week of the conclusion of the season, the Head Coach is responsible for collecting, recording and storing the uniforms. The Head Coach will give a list to the Athletic Director(s) with those student-athletes with outstanding items. It is the responsibility of the head coach to ensure all equipment, uniforms etc... are returned back to the district. Additional penalties could take place with the coach if this is not adhered to.
-

ADDRESSING PARENTAL CONCERNS

On occasion, an athlete or his/her parents may have a concern relating to the sport that the athlete participates in or about some other aspect of the DPS athletic program. We are a professional organization/district and the expectation for coaches, parents and student-athletes is to treat each other in a manner consistent with the districts and athletics code of conduct. While it may not always be possible to resolve every concern to everyone's complete satisfaction, it is possible to respectfully listen to each other. We do encourage all involved to adhere to the chain of command when addressing situations.

SPORTS RELATED INJURY POLICY

It is the Athletic Department's concern that the athlete's health and welfare is a top priority and that competition or practice should never jeopardize his/her physical well-being. Each coach is certified in the care and prevention of injuries. Along with this, the school provides a Certified Athletic Trainer from Premier Health to oversee any immediate care an athlete might need.

1. Prior to the start of any official practices, each athlete is required to have complete the following:
 - a. A completed OHSAA physical examination form dated within 13 months prior to the dates of athletic participation. (i.e., a student physical dated July 1, 2024 is valid through August 1, 2025)
 - b. Complete and sign all forms within Final Forms, including Emergency medical authorization, medical waiver, concussion, sudden cardiac arrest and all others.
2. Initial care of an injury will be dependent upon its severity:
 - a. Major injuries - in the case of those injuries that need immediate doctor's care, an emergency ambulance will be called and the athlete will be transported to the nearest emergency care center. It is the coach's and/or Certified Athletic Trainer's responsibility to make sure the parent/guardian is immediately notified as to the nature of the injury and the location of the emergency treatment.
 - b. Head Trauma/Concussions: in the event of head injuries, the coach or Certified Athletic Trainer will notify the parent/guardian of the potential for a concussion. The student-athlete must then be cleared by a medical personnel (i.e. Doctor or Certified Athletic Trainer) to return to any activity in that sport. Also, the coach, Certified Athletic Trainer or parent/guardian must contact the Athletic Director via email regarding the potential head injury as soon as possible. The Athletic Director will notify the Guidance Department so that the student's teachers are aware of the potential head injury for the following school day(s).
 - c. Minor injuries - Muscle strains, bruises and sprains are common occurrences in sports. Oftentimes these types of injuries go unnoticed by the coach or Certified Athletic Trainer. It is the athlete's responsibility to notify immediately the supervising coach whenever the injury occurs, no matter how minor the athlete may feel the injury is. The coach will then consult with the Certified Athletic Trainer who will assess and treat the injury. It should be noted that some injuries occur while the athlete is not in practice or competing. Any injury sustained while not under the supervision of a coach (home accidents, etc.) is to be reported to the coach immediately upon return to practice.

3. Follow-up: It is the coach and Certified Athletic Trainer's responsibility to monitor daily the progress of an injured athlete. Once a doctor has seen an athlete, it is solely the doctor's decision as to what participation restrictions are required. Once an athlete sees a doctor outside of the Cleveland Clinic system, the athlete will be prohibited from participation until that doctor gives clearance in writing to the coach. It is the parent/guardian's responsibility to notify the coach immediately when their son/daughter is being treated by any physician other than those provided by the Cleveland Clinic. In the case of minor injuries, the athlete may be cleared to continue practicing or competing by the most qualified adult present (i.e., Doctor, Certified Athletic Trainer, Head Coach). This decision will be based on the individual's expertise and opinion that the athlete will not further jeopardize his/her health by participating. Communications by the athlete as to severity of pain, lack of mobility, etc. are essential to this decision-making process.
4. For those injuries which will affect the student-athlete's academic work, parents are asked to notify their student's guidance counselor via email about the injury as soon as possible. The guidance counselor will assist the student-athlete with his/her return to the classroom and assist with any accommodations that he/she will need until he/she is healthy.
5. Rehabilitation: Nearly all athletic injuries require some form of rehabilitation. It is the athlete's responsibility to follow through with any such program assigned to him/her by the Doctor or Certified Athletic Trainer.
6. Insurance: the parent/guardian's health insurance carrier should first pay injuries requiring hospital treatment or doctor's care. Any bills for acute injuries not covered by the family's insurance can be submitted through the school's secondary insurance plan. In order to process the secondary insurance claim, parents are asked to contact the school's athletics business manager shortly after the initial injury. All claims must be completed and filed within 30 days of the initial injury.

CO-CURRICULAR ACTIVITIES & DUAL PARTICIPATION

As a general rule, student-athletes are limited to participating in one sport per season. In extreme cases where possible, a student-athlete can be given permission to compete in two different sports. Permission for such competition must be given by the student's parents and the Head Coaches involved in each sport, as well as the Athletic Director/Athletic Coordinator (s).

Student-athletes who are participating in a sport should not be attending any specialized physical fitness programs, open gyms, camps, etc. sponsored by an off-season sport without permission from the in-season Head Coach and Athletic

Director/Athletic Coordinator(s). Head Coaches should encourage their student-athletes to participate on other DPS sports teams, where applicable. We do support and encourage multi-sports athletes.

DROPPING OR TRANSFERRING SPORTS

Athletes who are members of a sports team (a part of the official roster) are not permitted to drop the sport to participate in another school sponsored sport whether in or out of season without permission from both coaches and the Athletic Director. If you were not on the other team's roster prior to wanting to change you will not be permitted to play on that team. In the event a student athlete drops a class it can impact their eligibility. Please check with your athletic administrator before dropping classes.

AWARDS

With the help of the Athletic Department and principals and/or parent representative, Head Coaches will plan a sports award night at the end of the season. It is expected that all coaches & student-athletes will attend the award night. Coaches have the responsibility to ensure that each team member is properly recognized. Coaches and student-athletes should be dressed in business casual attire (at minimum) for this night. Food, drinks and awards are ordered through the Athletic Department for the award night.

The athletic department is responsible for purchasing these awards: Team MVP, Most Improved, DPS Award (sportsmanship/leadership), and Academic Award.

All other awards/nominations for all athletic awards are selected and processed by the head coach.

- League Awards: All-Academic (required 3.3 gpa to be considered), All-City, First & Second Team (based on number of competitors), Player of the Year, and Coach of the Year.
- Varsity Awards
 - Year 1 - Letter & Class Number
 - Year 2 - Patch
 - Year 3 - Chevron
 - Year 4 - Plaque

This does not include awards considered outside of the district. These awards and nominations are directed and processed by the head coach. Ex. Southwest district, All-Ohio, All-Star, etc...

SIGNING DAYS

Coaches who have students that are going to participate in signing days must make their AD aware of this occasion. In addition, it is the responsibility of the coach to ensure that the students have the appropriate documentation when approaching the signing ceremony. This information should be shared with the building and athletics administration. Once this information is received the AD will assist with the logistics concerning the ceremony.

HAZING

Ohio Revised Code (Section 2903.31)

(1) "Hazing" means doing any act or coercing another, including the victim, to do any act of initiation into any student or other organization or any act to continue or reinstate membership in or affiliation with any student or other organization that causes or creates a substantial risk of causing mental or physical harm to any person, including coercing another to consume alcohol or a drug of abuse, as defined in section [3719.011](#) of the Revised Code.

(2) "Organization" includes a national or international organization with which a fraternity or sorority is affiliated.

(B)(1) No person shall recklessly participate in the hazing of another.

(2) No administrator, employee, faculty member, teacher, consultant, alumnus, or volunteer of any organization, including any primary, secondary, or post-secondary school or any other educational institution, public or private, shall recklessly permit the hazing of any person associated with the organization.

(C)(1) No person shall recklessly participate in the hazing of another when the hazing includes coerced consumption of alcohol or drugs of abuse resulting in serious physical harm to the other person.

(2) No administrator, employee, faculty member, teacher, consultant, alumnus, or volunteer of any organization, including any primary, secondary, or post-secondary school or any other educational institution, public or private, shall recklessly permit the hazing of any person associated with the organization when the hazing includes

coerced consumption of alcohol or drugs of abuse resulting in serious physical harm to that person.

(D) Whoever violates this section is guilty of hazing. A violation of division (B)(1) or (2) of this section is a misdemeanor of the second degree. A violation of division (C)(1) or (2) of this section is a felony of the third degree.

DPS SPORTS OFFERINGS

FALL SPORTS	WINTER SPORTS	SPRING SPORTS
Football	Boys Basketball	Boys Volleyball
Cross Country Girls & Boys	Girls Basketball	Baseball
Girls Volleyball	Indoor Track Girls & Boys	Softball
Soccer Girls & Boys	Cheerleading	Track & Field Girls & Boys
Girls Tennis	Swimming	Boys Tennis
Golf Girls & Boys	Wrestling Girls & Boys	Girls Flag Football (Club Sport)
Cheerleading	Bowling Girls & Boys	
Offerings can vary by school and grade level		

Club Sports Participation: Students who participate in club sports have minimum requirements to participate. If a club sports student would like to participate in OHSAA-sponsored sports, they will need to adhere to both OHSAA and district requirements in order to participate.

Cautionary Statements

Wrestling Cautionary Statement

Wrestling requires student-athletes to possess technique, strength, quickness and flexibility. Wrestling provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through conditioning workouts to improve technique, strength, quickness and flexibility. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be kept clean and sanitary
- Student-athletes should wear proper protective gear, braces and/or other supportive equipment for all practices and matches
- Student-athletes should eat and drink properly to maximize their efforts at practices and games, plus to maintain their desired weight throughout the season
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms
- Student-athletes should wear protective equipment when appropriate and should not alter any equipment from its original design.

Travel to practice/contest site

- Perform warm up and cool downs as directed by the coaches
- Have proper footwear at all times. Be prepared to have footwear for the mat, weight room, gym, locker room and school building at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Wrestling

- Student-athletes should use proper technique when wrestling to minimize the chances of injury which could be serious in nature
- Student-athletes could make contact with the mat, walls, gym floor, score table or bleachers which could result in bodily injury
- Head injuries can occur while wrestling. Players should use proper technique when playing and be aware of their surroundings during practices and competition
- Players who develop any concussion symptoms, including but not limited to headache, dizziness, confusion or lack of consciousness due to a direct hit or multiple hits to the head should inform their coach and/or Head Athletic Trainer immediately.

- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games
- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Players should notify their coach, Head Athletic Trainer or student athletic trainers about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of wrestling, injuries will occur during the season.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Wrestling program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Volleyball Cautionary Statement

Volleyball requires student-athletes to possess technique, strength, quickness and flexibility. Volleyball provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through conditioning workouts to improve technique, strength, quickness and flexibility. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be kept clean and sanitary
- Student-athletes should wear proper protective knee pads, braces and/or other supportive equipment for all practices and matches
- Student-athletes should eat and drink properly to maximize their efforts at practices and games
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential

- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms
- Student-athletes should wear protective equipment when appropriate and should not alter any equipment from its original design.

Travel to practice/contest site

- Perform warm up and cool downs as directed by the coaches
- Have proper footwear at all times. Be prepared to have footwear for the court, weight room, gym, locker room and school building at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Volleyball

- Student-athletes should use proper technique when playing volleyball to minimize the chances of injury.
- Student-athletes may make contact with other players, gym floor, net, poles, ref stand, wall and/or bleachers during practice or competition which could result in serious bodily injury
- Head injuries can occur while playing volleyball. Players should use proper technique when playing and be aware of their surroundings during practices and matches
- Players who develop any concussion symptoms, including but not limited to headache, dizziness, confusion or lack of consciousness due to a direct hit or multiple hits to the head should inform their coach and/or Head Athletic Trainer immediately.
- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games
- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Players should notify their coach, Head Athletic Trainer or student athletic trainers about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of volleyball, injuries will occur during the season.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Volleyball program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Indoor Track Cautionary Statement

Indoor Track requires student-athletes to possess speed, strength, endurance and flexibility. Track & Field provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through conditioning workouts to improve speed, strength, endurance and quickness. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be appropriate to match the weather conditions at all times
- Student-athletes should eat and drink properly to maximize their efforts at practices and meets
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms

Travel to practice/contest site

- Be alert to weather conditions and dress appropriately to match the conditions
- Perform warm up and cool downs as directed by the coaches
- Be alert to surface conditions both inside the building and outside on the running surface
- Have proper footwear at all times. Be prepared to have footwear for the running surfaces, locker room and school building at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Track & Field

- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games
- Student-athletes should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness.

The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary

- Student-athletes should be aware of their surroundings in and around the track and throwing areas
- Student-athletes participating in pole vault should follow proper technique to minimize the chances of injury
- Student-athletes should notify their coach or Head Athletic Trainer about any medical issues which could arise during team activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of track & field and the spring sports season, injuries and inclement weather will occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.
- Coaches and/or the Head Athletic Trainer will monitor weather conditions during practices and/or games and will make the appropriate decisions when to seek shelter due to inclement weather.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Outdoor Track & Field program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Outdoor Track & Field Cautionary Statement

Outdoor Track & Field requires student-athletes to possess speed, strength, endurance and flexibility. Track & Field provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through conditioning workouts to improve speed, strength, endurance and quickness. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be appropriate to match the weather conditions at all times
- Student-athletes should eat and drink properly to maximize their efforts at practices and meets

- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms

Travel to practice/contest site

- Be alert to weather conditions and dress appropriately to match the conditions
- Perform warm up and cool downs as directed by the coaches
- Be alert to surface conditions both inside the building and outside on the running surface
- Have proper footwear at all times. Be prepared to have footwear for the running surfaces, locker room and school building at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Track & Field

- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games
- Student-athletes should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Student-athletes should be aware of their surroundings in and around the track and throwing areas
- Student-athletes participating in pole vault should follow proper technique to minimize the chances of injury
- Student-athletes should notify their coach or Head Athletic Trainer about any medical issues which could arise during team activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of track & field and the spring sports season, injuries and inclement weather will occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.
- Coaches and/or the Head Athletic Trainer will monitor weather conditions during practices and/or games and will make the appropriate decisions when to seek shelter due to inclement weather.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Outdoor Track & Field program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Tennis Cautionary Statement

Tennis requires student-athletes to possess skill, technique and conditioning. Tennis provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through workouts to improve skill, technique and conditioning. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be appropriate to match the weather conditions at all times
- Student-athletes should eat and drink properly to maximize their efforts at practices and games
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms

Travel to practice/contest site

- Be alert to weather conditions and dress appropriately to match the conditions
- Perform warm up and cool downs as directed by the coaches
- Be alert to surface conditions both inside the building and outside on the playing surface
- Have proper footwear at all times. Be prepared to have footwear for the courts, weight room, gym, locker room and school building at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Tennis

- Players should be aware of their surroundings on the tennis courts at all times
- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games

- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Players should notify their coach, Head Athletic Trainer or student athletic trainers about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of tennis and the fall sports season, injuries and inclement weather will occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.
- Coaches and/or the Head Athletic Trainer will monitor weather conditions during practices and/or games and will make the appropriate decisions when to seek shelter due to inclement weather.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Tennis program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Swimming Cautionary Statement

Swimming requires student-athletes to possess skill, technique and conditioning. Swimming provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through workouts to improve skill, technique and conditioning. Injuries can occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing should fit properly and allow for maximum physical activity.
- Student-athletes should have proper training equipment, towels and swimwear to all practices
- Student-athletes should eat and drink properly to maximize their efforts at practices and games

- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms

Travel to practice/contest site

- Perform warm up and cool downs as directed by the coaches
- Be alert to surface conditions on the pool deck and the areas within the swimming facility
- Have proper footwear at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Swimming

- Swimmers should follow the pool facility rules at all times
- Swimmers should be aware of the dangers of swimming including but not limited to drowning
- Swimmers must behave appropriately on the pool deck and in the locker rooms
- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Players should notify their coach or Head Athletic Trainer about any medical issues which could arise during swim activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of swimming, injuries could occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Swimming program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Softball Cautionary Statement

Softball requires student-athletes to possess speed, strength, technique and agility. Softball provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through conditioning workouts to improve strength, skills, techniques and agility. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be kept clean and sanitary
- Clothing should be appropriate to match the weather conditions at all times
- Student-athletes should wear protective equipment for every practice and contest unless otherwise indicated by the daily practice schedule
- Student-athletes should eat and drink properly to maximize their efforts at practices and games
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms
- Student-athletes should wear protective equipment when appropriate and should not alter any equipment from its original design.

Travel to practice/contest site

- Be alert to weather conditions and dress appropriately to match the conditions
- Perform warm up and cool downs as directed by the coaches
- Be alert to surface conditions both inside the building and outside on the playing surface
- Have proper footwear at all times. Be prepared to have footwear for the fields, cages, weight room, gym, locker room and school building at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Softball

- All protective equipment required by rule must be worn at practices and competitions
- Helmets must be worn by batters, base runners and catchers
- On Deck hitters should use the designated area with complete attention on the pitcher and batter, using their bat and only a bat ring when taking practice swings
- Batting practice, infield/outfield drills and pitching practices must be done in designated areas at the designated times under the direction of the coaches
- Players must recognize the possibility of being hit by a thrown or batted ball which could cause varying degrees of injury

- Head injuries can occur while playing softball. Players who develop any concussion symptoms, including but not limited to headache, dizziness, confusion or lack of consciousness due to a direct hit or multiple hits to the head should inform their coach and/or Head Athletic Trainer immediately.
- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Players in the dugout and team bench areas must be alert to foul balls or overthrows
- Players should always look before entering the batting cage to avoid entering during live pitching and hitting
- Players should be aware of their surroundings when taking practice swings and/or when other players are taking practice swings
- Catchers must always wear protective gear
- Weight room training will have separate and specific standards and progressions designed to enhance each players strength and conditioning
- Players should notify their coach, Head Athletic Trainer or student athletic trainers about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of softball and the spring sports season, injuries and inclement weather will occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.
- Coaches and/or the Head Athletic Trainer will monitor weather conditions during practices and/or games and will make the appropriate decisions when to seek shelter due to inclement weather.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Softball program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Soccer Cautionary Statement

Soccer requires student-athletes to possess speed, strength, agility and flexibility. Soccer provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through conditioning workouts to improve strength, stability, endurance and quickness. We would caution you that soccer is a physical sport with much contact. Injuries can and will occur during

the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be kept clean and sanitary
- Clothing should be appropriate to match the weather conditions at all times
- Student-athletes should eat and drink properly to maximize their efforts at practices and games
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms
- Student-athletes should wear protective equipment when appropriate and should not alter any equipment from its original design.

Travel to practice/contest site

- Be alert to weather conditions and dress appropriately to match the conditions
- Perform warm up and cool downs as directed by the coaches
- Be alert to surface conditions both inside the building and outside on the training surface
- Have proper footwear at all times. Be prepared to have footwear for the fields, weight room, gym, locker room and school building at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Soccer

- Head injuries can occur while playing soccer. Players should use proper technique when heading the ball to avoid head injuries.
- Players who develop any concussion symptoms, including but not limited to headache, dizziness, confusion or lack of consciousness due to a direct hit or multiple hits to the head should inform their coach and/or Head Athletic Trainer immediately.
- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games
- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Weight room training will have separate and specific standards and progressions designed to enhance each players strength and conditioning

- Players should notify their coach, Head Athletic Trainer or student athletic trainers about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of soccer and the fall sports season, injuries and inclement weather will occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.
- Coaches and/or the Head Athletic Trainer will monitor weather conditions during practices and/or games and will make the appropriate decisions when to seek shelter due to inclement weather.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Soccer program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Golf Cautionary Statement

Golf requires student-athletes to possess skill, technique and conditioning. Golf provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through workouts to improve skill, technique and conditioning. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be appropriate to match the weather conditions at all times
- Golfers should wear proper golf attire: polo, shorts/slacks (no jeans), socks and golf shoes. Pullovers and jackets should be available at all times due to changes in weather
- Student-athletes should eat and drink properly to maximize their efforts at practices and games
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential

- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms

Travel to practice/contest site

- Be alert to weather conditions and dress appropriately to match the conditions
- Perform warm up and cool downs as directed by the coaches
- Be alert to surface conditions both inside the building and outside on the playing surface
- Have proper footwear at all times.
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Golf

- Players should be aware of the backswings of other golfers at all times
- Players should be aware of other golfers on the course and notify others when shots are hit in their general direction
- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games
- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Players should notify their coach, Head Athletic Trainer or student athletic trainers about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of golf and the fall sports season, injuries and inclement weather will occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.
- Coaches and/or the Head Athletic Trainer will monitor weather conditions during practices and/or games and will make the appropriate decisions when to seek shelter due to inclement weather.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Golf program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Football Cautionary Statement

Football requires student-athletes to possess speed, strength, agility and flexibility. Football provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through weight room and conditioning workouts to improve strength, stability, endurance and quickness. We would caution you that football is a physical sport with much contact. Injuries can and will occur during the season with varying degrees of severity including life threatening injury if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the strength and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be kept clean and sanitary
- Clothing should be appropriate to match the weather conditions at all times
- Student-athletes should eat and drink properly to maximize their efforts at practices and games
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms
- Student-athletes should wear protective equipment when appropriate and should not alter any equipment from its original design.

Travel to practice/contest site

- Be alert to weather conditions and dress appropriately to match the conditions
- Perform warm up as directed by the coaches
- Be alert to surface conditions both inside the building and outside on the training surface
- Have proper footwear at all times. Be prepared to have footwear for the fields, weight room, gym, locker room and school building at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Football

- Head injuries can occur while playing football. Players should not hit with their head down at any time, as this could lead to serious injuries including paralysis and/or death. Leading with the head is also dangerous and should be avoided by players.

- Players who develop any concussion symptoms, including but not limited to headache, dizziness, confusion or lack of consciousness due to a direct hit or multiple hits to the head should inform their coach and/or Head Athletic Trainer immediately.
- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games
- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Weight room training will have separate and specific standards and progressions designed to enhance each players strength and conditioning throughout the season
- Players should notify their coach, Head Athletic Trainer or student athletic trainers about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of football and the fall sports season, injuries and inclement weather will occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.
- Coaches and/or the Head Athletic Trainer will monitor weather conditions during practices and/or games and will make the appropriate decisions when to seek shelter due to inclement weather.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Football program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Cross Country Cautionary Statement

Cross Country requires student-athletes to possess speed, strength, endurance and flexibility. Cross Country provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through conditioning workouts to improve speed, strength, endurance and quickness. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be appropriate to match the weather conditions at all times
- Student-athletes should eat and drink properly to maximize their efforts at practices and meets
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms

Travel to practice/contest site

- Be alert to weather conditions and dress appropriately to match the conditions
- Perform warm up and cool downs as directed by the coaches
- Be alert to surface conditions both inside the building and outside on the running surface
- Have proper footwear at all times. Be prepared to have footwear for the running surfaces, locker room and school building at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Cross Country

- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games
- Student-athletes should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Student-athletes should notify their coach or Head Athletic Trainer about any medical issues which could arise during team activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of cross country and the fall sports season, injuries and inclement weather will occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.
- Coaches and/or the Head Athletic Trainer will monitor weather conditions during practices and/or games and will make the appropriate decisions when to seek shelter due to inclement weather.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Cross Country program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Cheerleading Cautionary Statement

Cheerleading requires student-athletes to possess strength, agility and flexibility. Cheerleading provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through conditioning workouts to improve strength, stability, agility and flexibility. We would caution you that cheerleading is a physically demanding sport. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be appropriate to match the weather conditions at all times
- Student-athletes should eat and drink properly to maximize their efforts at practices and games
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms
- Student-athletes should wear protective equipment when appropriate and should not alter any equipment from its original design.

Travel to practice/contest site

- Be alert to weather conditions and dress appropriately to match the conditions
- Perform warm up and cool downs as directed by the coaches
- Be alert to surface conditions both inside the building and outside on the training surface
- Have proper footwear at all times. Be prepared to have footwear for the fields, gym, locker room and school building at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Cheerleading

- Cheerleaders should follow all safety protocols while practicing and performing
- Cheerleaders should be aware of the other cheerleaders around them while performing and stunting
- Stunts and routines should be practiced in a progression from simple to complex
- Always use proper spotting techniques when performing balancing and tumbling maneuvers
- Cheerleaders who develop any concussion symptoms, including but not limited to headache, dizziness, confusion or lack of consciousness due to a direct hit or multiple hits to the head should inform their coach and/or Head Athletic Trainer immediately.
- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games
- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Players should notify their coach, Head Athletic Trainer or student athletic trainers about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of cheerleading and the fall sports season, injuries and inclement weather will occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.
- Coaches and/or the Head Athletic Trainer will monitor weather conditions during practices and/or games and will make the appropriate decisions when to seek shelter due to inclement weather.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Cheerleading program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Bowling Cautionary Statement

Bowling requires student-athletes to possess skill, technique and conditioning. Bowling provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through workouts to improve skill, technique and conditioning. Injuries can occur during the season with

varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Bowlers should wear proper bowling attire and bowling shoes at practice and competitions
- Student-athletes should eat and drink properly to maximize their efforts at practices and games
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms

Travel to practice/contest site

- Perform warm up and cool downs as directed by the coaches
- Be alert to surface conditions on the bowling lanes and within the bowling alley
- Have proper footwear at all times.
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Bowling

- Players should follow proper etiquette on the bowling lanes at all times
- Players should only use their own equipment
- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Players should notify their coach or Head Athletic Trainer about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of bowling, injuries could occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Bowling program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Basketball Cautionary Statement

Basketball requires student-athletes to possess technique, strength, quickness and flexibility. Basketball provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through conditioning workouts to improve technique, strength, quickness and flexibility. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be kept clean and sanitary
- Student-athletes should wear proper protective pads, braces and/or other supportive equipment for all practices and matches
- Student-athletes should eat and drink properly to maximize their efforts at practices and games
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms
- Student-athletes should wear protective equipment when appropriate and should not alter any equipment from its original design.

Travel to practice/contest site

- Perform warm up and cool downs as directed by the coaches
- Have proper footwear at all times. Be prepared to have footwear for the court, weight room, gym, locker room and school building at all times
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Basketball

- Student-athletes should use proper technique when playing basketball to minimize the chances of injury.

- Student-athletes may make contact with other players, gym floor, score table, wall and/or bleachers during practice or competition which could result in serious bodily injury
- Head injuries can occur while playing basketball. Players should use proper technique when playing and be aware of their surroundings during practices and competition
- Players who develop any concussion symptoms, including but not limited to headache, dizziness, confusion or lack of consciousness due to a direct hit or multiple hits to the head should inform their coach and/or Head Athletic Trainer immediately.
- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games
- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Players should notify their coach, Head Athletic Trainer or student athletic trainers about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of basketball, injuries will occur during the season.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Basketball program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Baseball Cautionary Statement

Baseball requires student-athletes to possess speed, strength, technique and agility. Baseball provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through conditioning workouts to improve strength, skills, techniques and agility. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity:

- Clothing and shoes should fit properly and allow for maximum physical activity.

- Clothing should be kept clean and sanitary
- Clothing should be appropriate to match the weather conditions at all times
- Student-athletes should wear protective equipment for every practice and contest unless otherwise indicated by the daily practice schedule
- Student-athletes should eat and drink properly to maximize their efforts at practices and games
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms
- Student-athletes should wear protective equipment when appropriate and should not alter any equipment from its original design.

Travel to practice/contest site:

- Be alert to weather conditions and dress appropriately to match the conditions
- Perform warm-ups and cool-downs as directed by the coaches
- Be alert to surface conditions both inside the building and outside on the playing surface
- Have proper footwear at all times. Be prepared to have footwear for the fields, cages, weight room, gym, locker room, and school building at all times
- Allow for enough time to arrive before the start of practice, pre-game activities, or bus departure

Hazards Specific to Baseball:

- All protective equipment required by rule must be worn at practices and competitions
- Helmets must be worn by batters, base runners, and catchers
- On deck hitters should use the designated area with complete attention on the pitcher and batter, using their bat and only a bat ring when taking practice swings
- Batting practice, infield/outfield drills, and pitching practices must be done in designated areas at the designated times under the direction of the coaches
- Players must recognize the possibility of being hit by a thrown or batted ball which could cause varying degrees of injury
- Head injuries can occur while playing baseball. Players who develop any concussion symptoms, including but not limited to headache, dizziness, confusion, or lack of consciousness due to a direct hit or multiple hits to the head should inform their coach and/or Head Athletic Trainer immediately.
- Players should notify their coach and/or Head Athletic Trainer about injuries that hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Players in the dugout and team bench areas must be alert to foul balls or overthrows

- Players should always look before entering the batting cage to avoid entering during live pitching and hitting
- Players should be aware of their surroundings when taking practice swings and/or when other players are taking practice swings
- Catchers must always wear protective gear
- Weight room training will have separate and specific standards and progressions designed to enhance each players strength and conditioning
- Players should notify their coach, Head Athletic Trainer or student athletic trainers about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of baseball and the spring sports season, injuries and inclement weather will occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.
- Coaches and/or the Head Athletic Trainer will monitor weather conditions during practices and/or games and will make the appropriate decisions when to seek shelter due to inclement weather.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Baseball program at Dayton Public Schools.

Student-athlete's signature:

Date:

Parent/Guardian's signature:

Date:

Golf Cautionary Statement

Golf requires student-athletes to possess skill, technique and conditioning. Golf provides all student-athletes a competitive atmosphere where they can demonstrate athletic skills in a variety of ways. We offer opportunities to develop the total student-athlete through workouts to improve skill, technique and conditioning. Injuries can and will occur during the season with varying degrees of severity if the student-athlete does not follow the proper technique taught. Student-athletes should commit to the training and conditioning program to help minimize the possibility of injury.

Preparation for Activity

- Clothing and shoes should fit properly and allow for maximum physical activity.
- Clothing should be appropriate to match the weather conditions at all times
- Golfers should wear proper golf attire: polo, shorts/slacks (no jeans), socks and golf shoes. Pullovers and jackets should be available at all times due to changes in weather

- Student-athletes should eat and drink properly to maximize their efforts at practices and games
- Student-athletes should work with the Head Athletic Trainer for treatment regarding injuries, rehabilitation and preventative maintenance so they can perform to their potential
- There should be no horseplay, rough-housing, hazing or initiations throughout the season
- All student-athletes must have a current sports physical on file with the AD office and all forms signed in Final Forms

Travel to practice/contest site

- Be alert to weather conditions and dress appropriately to match the conditions
- Perform warm up and cool downs as directed by the coaches
- Be alert to surface conditions both inside the building and outside on the playing surface
- Have proper footwear at all times.
- Allow for enough time to arrive prior to the start of practice, pre-game activities or bus departure

Hazards specific to Golf

- Players should be aware of the backswings of other golfers at all times
- Players should be aware of other golfers on the course and notify others when shots are hit in their general direction
- Be alert to hydration symptoms including but not limited to dry mouth, inability to cool down, dizziness or light headed. Student-athletes should drink the recommended amount of water each day and during practices or games
- Players should notify their coach and/or Head Athletic Trainer about injuries which hinder performance including but not limited to sprains, strains, pain or soreness. The Head Athletic Trainer will recommend course of treatment for the player and/or refer to orthopedic doctor if necessary
- Players should notify their coach, Head Athletic Trainer or student athletic trainers about any medical issues which could arise during football activities including but not limited to asthma, allergies, diabetes or other conditions.

Emergencies

Due to the nature of golf and the fall sports season, injuries and inclement weather will occur.

- All injuries should be reported to a coach and/or Head Athletic Trainer. The Head Athletic Trainer will notify the parents if the injury requires special attention from a doctor or requires a lengthy rehabilitation plan.
- Coaches and/or the Head Athletic Trainer will monitor weather conditions during practices and/or games and will make the appropriate decisions when to seek shelter due to inclement weather.

We agree that we have read, understand and agree to the cautions and responsibilities required to participate in the Golf program at Dayton Public Schools.

Student-athlete's signature:
Parent/Guardian's signature:

Date:
Date:

