

# Lunch Menu Suggestion

I think we should eliminate \_\_\_\_\_  
from our menu at school because it is not a healthy food choice.

Instead, I think we should add \_\_\_\_\_  
to the menu because it would be a healthier alternative.

Thank you.

Sincerely,

Activity 6.7 Lunch Menu Suggestion Cards

From NASPE, 2011, *Physical Best activity guide: Middle and high school levels*, 3rd edition (Champaign, IL: Human Kinetics).



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