

CORNWALL CONNECTIONS

February Newsletter 2025

Message from Mr. Artz

As we are into the month of February, we are in the midst of several months of instructional time segueing into the Pennsylvania System of School Assessment (PSSA) for grades 3 – 5. During this time, tremendous academic growth occurs as concepts are continually built upon to create new and deeper understanding. This is also the time of year when teachers get to observe and experience the “AH HA” and “light bulb” moments from their students.

As we have concluded Cornwall Reads, I want to thank all families for participating in reading “Wish” by Barbara O’Conner. Students participated in our daily trivia, enjoyed a school wide assembly and experienced service dog visits from K-PETS. Again, this does not happen without the financial contributions from our PTO and incredible amounts of planning, preparation and implementation from our reading team (Mrs. Forker, Mrs. Smith, Mrs. Zimmerman, Mrs. Allwein and Mrs. Blouch).

In January we had our Winter SOAR Fest Day. Students were able to experience a didgeridoo assembly, hot chocolate station, snowball throwing, blanket making and snowflake building. Thank you to all our parents and teachers who made this day possible. Also, thank you to everyone who donated material for our service blanket project. We were able to make 66 blankets that went to Children and Youth, Spangcrest, LCCM, Church of the Good Shepherd and Cedarhaven. It was a fun day filled with joy and excitement.

During the month of February our Kids Heat Challenge is underway with our culminating activity Thursday, February 13, 2025. If you have any questions about Kids Heat Challenge please contact Mr. Szajda.

As weather conditions fluctuate, please be aware of your child’s attire on a daily basis and take precautions with warm clothing when needed. Furthermore, please make necessary child care arrangements to prepare for any possible school delays or closings due to weather.

Thank you and have a Fabulous February



Upcoming Events

- Feb. 3-7: National School Counseling Week
- Feb. 5: Spring Title I Parent & Family Engagement Meeting, 9:15 AM; held at Union Canal Elementary School
- Feb. 10: School Board Public Work Session, CCHS LGI, 5:30 p.m.; Check website for info and a link to view the Livestream meeting or to register to attend in person.
- Feb. 11: CCMS/CCHS Orchestra Pops Concert, 7 PM, CCMS Cafe.
- Feb. 14: All CLSD Schools will be In Session as a weather make-up day for the closure on Jan. 6, 2025.
- Feb. 17: Presidents' Day - No School (unless needed as a weather make-up day)
- Feb. 18: (Tuesday) School Board Regular Meeting, CCHS LGI, 5:30 p.m.; Check website for info and a link to view the Livestream meeting or to register to attend in person.
- Feb. 21: Deadline to Register for the CLSD Spring Dinner & Dance on March 7!
- CCHS Spring Musical, "The Lightning Thief: The Percy Jackson Musical": Order reserved seat tickets online via this link: <https://cur8.com/22778/project/128737> or purchase tickets at the door. Ticket window opens in CCHS auditorium lobby one hour prior to each performance.
 - Feb. 27: Free Dress Rehearsal for CLSD Gold Card holders, 6 PM - No reservations needed; must present CLSD Gold Card for admission. (Do not use the online ticketing site for this event as no tickets are needed.) Senior citizen residents of the District may sign up for a CLSD Gold Card in the District office or in the CCHS auditorium lobby prior to the dress rehearsal.
 - Feb. 28-March 2: Performances for the general public:
 - Heroes Cast -> Feb. 28, 7 PM and March 1, 2:30 PM; Half-Bloods Cast -> March 1, 7 PM and March 2, 2:30 PM
- March 5: Future Educator Open House, 6 PM, CCMS Auditorium - See article in this newsletter!
- March 7: CLSD Gold Card Event-Spring Dinner & Dance, CCHS Café, Free. Reservations required by Feb. 21, 2025.



Cornwall Elementary PTO Newsletter

The PTO supports so many fun activities and opportunities for our kids. Check out news of our recent and upcoming activities at this link: [CornwallPTO](https://www.cornwallpto.org/)



Director of Food & Nutrition Services
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Cornwall-Lebanon School District

February, 2025 Elementary Breakfast & Lunch Menu

Meal Prices:

Breakfast: FREE

Lunch: \$2.71
Reduced Price Lunch: FREE

Contact the Food Service Office to learn more about Free & Reduced Price School Meals in our District

MENU SUBJECT TO CHANGE

BREAKFAST CORNER

Grab N Go Entree*

MONDAY: Muffin Loaf with Yogurt Parfait
TUESDAY: Egg & Cheese Wrap
WEDNESDAY: Pillsbury Fudeli OR Cinni Mini
THURSDAY: Sausage, Egg, and Cheese Pancake Sandwich
FRIDAY: Assorted Donuts

Assorted Cereal Offered Daily

Breakfast Meal choice includes fruit, juice, and milk.

*All breakfast items are Whole Grain and Reduced Sugar

DAILY ALTERNATIVE:

Mondays

Grilled Cheese Sandwich

Tuesdays, Wednesdays, and Thursdays

YOGO - Tru Yogurt, Muffin Loaf, Goldfish, String Cheese

Fridays

Turkey & Cheese Sandwich

Choice of Protein, Lettuce, Assorted Vegetables

Fresh Fruit and a Grain

FALCON SIDES:
Fresh fruits and raw vegetables are offered daily with any meal choice

MILK CHOICES:

1% White Milk

Fat Free Chocolate Milk - Fat Free Strawberry

A LA CARTE OPTIONS*

Assorted Hershey's Ice Cream - Assorted Baked Chips

Fresh Baked WG Cookies sold every Tuesday!

*All snacks are Smart Snack Compliant.

Student must have money in account to purchase A La Carte.
A La Carte items are those items sold separately, not part of a meal.

CAFE NEWS!

ONLINE PAYMENTS VIA SKYWARD: <https://www.cslod.k12.pa.us/>

CASH/CHECK PAYMENTS MAY BE BROUGHT TO YOUR STUDENT'S HOMEROOM TEACHER.
PLEASE PUT IN ENVELOPE WITH NAME AND PIN ON FRONT

Complete a Free & Reduced Price School Meals Application to see if you qualify!

Breakfast Free for All

MONDAY

2/3/2025

Lunch Entrée:
Chicken Nuggets
Ranch Style Potatoes
Steamed Carrots

TUESDAY

2/4/2025

Lunch Entrée:
Doritos Walking Taco
Lettuce, Cheese, Tomato
Black Beans, Salsa, Sour Cream

WEDNESDAY

2/5/2025

Lunch Entrée:
Hot Ham & Cheese (NO pork)
Assorted Baked Chips
Fresh Vegetable Cup

THURSDAY

2/6/2025

Lunch Entrée:
Crispy Chicken Alfredo with Rotini
Garlic Breadstick
Steamed Broccoli

FRIDAY

2/7/2025

Lunch Entrée:
Big Daddy's Pizza - Cheese OR Pep
Strawberry Spinach Salad
Fruit Juice Slushie

2/10/2025

Lunch Entrée:
Popcorn Chicken
Macaroni & Cheese
Steamed Broccoli

2/11/2025

Lunch Entrée:
ALL Beef Hot Dog
Vegetarian Baked Beans
Ants on a Log Kit

2/12/2025

Lunch Entrée:
Meatballs with Garlic Knot
Marinara Dipping Sauce
Ranch Style Green Beans

2/13/2025

Breakfast for Lunch:
Dutch Waffle with Yogurt Cup
Hash Browns
Fresh Broccoli Dunkers

2/14/2025

Lunch Entrée:
Pizza Crunchers with Dipping Cup
Fresh Garden Salad
Paradise Punch

2/17/2025

Lunch Entrée:
Soft OR Hard Shell Beefy Tacos
Lettuce, Cheese, Tomato
Black Beans, Salsa, Sour Cream

2/18/2025

Lunch Entrée:
Baked Turkey Sandwich
Assorted Chee Mix
Fresh Cucumber Dunkers

2/19/2025

Lunch Entrée:
Corn Dog Nuggies
Ranch Style Green Beans
Steamed Corn

2/20/2025

Lunch Entrée:
Stuffed Cheesy Breadsticks
Fresh Garden Salad
Paradise Punch
Marinara Cup

2/24/2025

Lunch Entrée:
Sweet Orange Chicken
Stir Fried Rice
Vegetable Blend

2/25/2025

Lunch Entrée:
Cheeseburger
Vegetarian Baked Beans
Ants on a Log Kit

2/26/2025

Lunch Entrée:
Spaghetti with Meatballs
Garlic Breadsticks
Ranch Style Green Beans

2/27/2025

Falcon Feast
Popcorn Chicken
Mashed Potatoes with Gravy
Steamed Corn

2/28/2025

Lunch Entrée:
Big Daddy's Pizza - Cheese OR Pep
Strawberry Spinach Salad
Fruit Juice Slushie

CORNWALL-LEBANON SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

The Falcon Lunch Meal Deal

Choose ONE Entrée

Main Entrée
Daily Alternative
Salad Bar

Choose up to 2 fruits

Fresh Fruit
Daily Fruit

Choose up to 2 Vegetables

Daily Vegetable
Assorted Vegetable Cup

Add Your Favorite Milk

Don't forget!
Food of local food bank is always
available and ready to be added to your meal

The Falcon Breakfast

BREAKFAST ENTRÉE

FRUIT AND JUICE

ADD YOUR FAVORITE MILK

CORNWALL-LEBANON SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

The Falcon Lunch Meal Deal

Choose ONE Entree
Main Entrée
Daily Alternative
Salad Bar



Choose up to 2 fruits
Fresh Fruit
Daily Fruit
Add Your Favorite Milk



Choose up to 2 vegetables
Daily Vegetable
Assorted Vegetable Cup



The Falcon Breakfast

BREAKFAST ENTREE FRUIT AND JUICE
ADD YOUR FAVORITE MILK



Message from the Nurse

Did you know February is called, National Heart Health Month? Heart disease is one of the leading causes of death for adult men and women in the United States. During this special month, help children understand the importance of the actions they can take to live heart healthy. Here are six ways to take a stand against heart disease in February, and all year long.

1. Dress in Red. National Wear Red Day is one of the easiest ways to raise awareness for heart health — all you have to do is dress in red on Friday, Feb 7th.
2. Get your Blood pressure checked
3. Stay active
4. Eat healthy, a lot of fruit and vegetables
5. Visit the American Heart Association <https://www.heart.org/>



February is National Dental Health Month

Lifelong habits begin at home. Make dental health part of your daily routine and share these reminders with whole family:

- v Brush your teeth twice a day with fluoride toothpaste, especially after breakfast and before bedtime. Drinking water after eating also helps to clear your teeth of food particles
- v Floss every day. An adult should help children under the age of eight to floss. Older children should be ready to floss on their own.
- v Limit the number of times you eat snacks, especially the sticky ones and long-lasting ones.
- v Visit a dentist regularly for a routine checkup and a cleaning
- v Protect your teeth by wearing a mouth guard when playing sports.
- v Do not forget to change your toothbrush regularly, and after an illness.

v Sweet snack facts:

Eating snacks with sugar may cause cavities. Every time you eat sugar, plaque in your mouth mixes with the sugar make acid. The acid hurts the teeth and causes decay over time. This can be painful! The School nurse can help you find a dental home for your family.

Students in need of a school physical exam for KG or 1st grade will be receiving them on March 6th with Dr. Yocum. This exam is a visual inspection only. No vaccines will be done in the school. A Parent signature is required for your child to be seen by the school Physician. If you would like to be present for this exam, please contact the school nurse.

Students in need of a school dental exam for KG or 3rd grade will be receiving them on April 25th with Dr. Clift. This exam is a visual inspection only. No cleaning or repairs will be done. A Parent signature is required for your child to be seen by the school dentist. If you would like to be present for this exam, please contact the school nurse.



Message from the Nurse



ATTENTION parents with an RN/LPN/MD active license. Time to start planning for spring field trips. If you are able to volunteer on field trips in the spring, as the medical professional for the class trip, please reach out to your child's teacher to start planning for requirements:

- a. This individual needs to have an RN, LPN or MD license that is current.
- b. They must be approved as a district volunteer
- c. They need to submit a copy of their medical license and proof of current CPR card to building nurse as soon as they agree to cover the field trip. This is the responsibility of the individual arranging the trip to make sure documents are provided to building nurse.
- d. Building nurse will reach out and arrange date and time or phone conversation to discuss medical needs of the students and possible mediations for the trip.

CLSD website for sick children symptoms under the health services tab:

<https://www.clsd.k12.pa.us/cornwall-lebanon-school-district/departments/health-services/sick-child-symptoms/>

"Please be aware that we encourage students to stay in class when possible. The nurses do not routinely notify parents of minor illness or injury. If you, as a parent or guardian are called by the school nurse, please pick up your child in a timely manner. The nurse will only call home if she feels the child really needs to leave school. Parents will be notified by the school nurse in the event of any illness or injury that may require outside medical attention or if students are being sent home due to illness/injury."

Parents can see nurse office visits on skyward. It is on the Family Access tab. Go to Health Info tab on left side and click Display Options. That will show you all your child's office visits & treatments in the health room.

Please contact the health office if your child has a new medical concern. Please be sure to keep your e-mail address up to date, along with the primary phone number. Non-urgent messages may be emailed to mjohnson@clsd.k12.pa.us.



From the District Office:

Did you know?

•CLSD and CCHS Key Club students and advisors host an annual Spring Dinner & Dance for senior citizen residents of the District. This reserved seating event is free to all CLSD residents age 65 and above. The event is Friday, March 7, 2025. This year's theme is "Under The Sea." Deadline for reservations is February 21, 2025. Check the CLSD website for details. Reservation forms also are available in all building offices and the District office.

•Information about any School Closings or Delays will be posted to the District Home page: www.clsd.k12.pa.us and also to the Cornwall-Lebanon School District Facebook page and "X" (@CLSD_Schools). Be sure to update your weather emergency contact information under the Skylert tab on the parent portal and be sure your device permits (does not block) calls from these phone numbers: (717) 272-2031 and (717) 272-2036.

•Parents/guardians residing in the CLSD with a child who will be five years of age before September 1, 2025, are asked to click on the photo link on the CLSD website to begin the full day Kindergarten enrollment process. After this initial information is received, a letter will be mailed with more information about registering a kindergarten age child to begin school in the 2025-26 school year.

•Have you visited the online CLSD Community Bulletin Board recently? Items are constantly being added or updated. Click under the COMMUNITY tab on the CLSD website for info about opportunities to participate in athletics, family activities, community offerings, events and more: <https://www.clsd.k12.pa.us/cornwall-lebanon-school-district/community/community-bulletin-board/>

