

Junior High PE Units
March 2013

Unit	Grade 6	Grade 7	Grade 8
Basketball	X	X	X
Climbing Unit	X	X	X
Competitive Games	X	X	X
Cooperative Games	X	X	X
Disc Golf	X	X	X
Fitness Circuit Training	X	X	X
Floor Hockey	X	X	X
Golf	X	X	X
Lacrosse	X	X	X
Movement/Motor Skills	X	X	X
Personal and Social Skills	X	X	X
Physical Fitness and Knowledge	X	X	X
Pickleball	X	X	X
Recreational Lawn Games	X	X	X
Soccer	X	X	X
Tennis	X	X	X
Volleyball	X	X	X
Wiffleball	X	X	X