

IS A STUDENT AT RISK?

You are a Gatekeeper and your role in identifying students at risk is important. Remember that they confided in you for a reason and staying calm and empathetic is important. Use non-judgmental language to initiate more information.

HIGH RISK

Student has voiced intent or a specific plan about suicide, has engaged in self-harm or self-harming-statements and/or has access to lethal means.

If imminent danger is present, notify administration and/or call 911.

MODERATE RISK

Student may express direct or indirect statements about death or killing oneself, withdrawal, sleep disturbance, sudden mood changes and reckless behavior.

LOW RISK

Take every warning sign seriously! Student may: express sadness, helplessness, worthlessness in verbal or written (art) expression and/or have marked changes in behavior.

ACT WITH URGENCY

- DO NOT LEAVE STUDENT UNSUPERVISED
- Let student know that you care and cannot keep this information confidential
- Escort student to school counselor, if student will not go with you have school counselor come to you.
- Communicate all of your knowledge to school counselor
- You may be asked to remain during assessment
- Mental Health Team members will follow protocol from SAU 19 Suicide Intervention manual

ACT NOW

- Keep student under supervision
- Support and validate student
- Notify school counselor immediately, if they are unavailable notify admin or mental health team
- School counselor or Mental Health team member will conduct assessment
- School counselor will advise on next steps for you

ACT PROMPTLY

- Promptly notify school counselor of concern
- Communicate all of your knowledge to school counselor/ mental health team member
- School counselor will advise on next steps for you

Mental Health Team

School Counselors
School Psychologist
Emotional/Behavioral Specialist
Building Admin

- **DO NOT COMMUNICATE Private Health information.** The Mental Health team/admin will:
 - o share any needed information with necessary staff
 - o consult with you as needed
 - o initiate parent contact and paperwork

Next Steps:

- Debrief with all present members and present member of Mental Health Team
- Be supportive to student upon reentry while maintaining confidentiality
- Engage in reentry as necessary
- Post- event self-care
 - o LifeResources EAP at 800.759.8122

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CRISIS TEXT LINE |

Text HELLO to 741741

Free, 24/7, Confidential

NATIONAL
SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org