

CRISIS IN RUSSIA
NOTES

I. Smoking Tobacco

A. Russia

- 1. overall usage 45%**
 - a) men 62%**
 - b) women 13%**
 - c) 35 yrs. & under 47%**
 - d) 36-50 yrs. 43%**
 - e) 50+ yrs. 21%**

B. United States

- 1. 18+ yrs. 23.3%**

II. Population

A. Overall population 143.6 million

B. Mortality rate 15.3/1,000 in 2002

C. Birth rate lowest in world 9.4/1,000 in 2002

D. Current death rate exceeds birth rate by 70%

E. 1988 women had 2.2 children

F. today women have 1.2 children

III. Infant mortality

A. 1991 - 17.8/1,000

B. 2001 – 20.1/1,000

C. deaths within 1st week counted as miscarriages not as “infant mortality” – violates World Health Organization practices

IV. Life Expectancy in Russia

A. Men 58.6 yrs.

B. Women 72.1 yrs.

V. Alcohol Usage in Russia

A. 1,500-2,000 per 100,000 regular basis

1. some say 3-4x's number above

B. per capita consumption is highest in world

C. moonshine (illegal alcohol)- samogon

1. alcohol poisoning (Vodka) 37, 824 in 2001

- a) 2000 killed 33, 979

VI. Drug Usage in Russia

A. Heroin = cheap, comes from Central Asia

1. drug users = 2-5 million
2. drug addicts = 1.5 – 4 million
3. 20x's increase in 10 yrs.

4. share needles & **blood**

B. HIV & AIDS

1. Tough to estimate # infected
 - a) 206,000 registered
 - b) est. (6-10x's) number above is actual #
 - c) spreading into the mainstream

VII. Glimmer of Hope

A. 2002 is 3rd yr. of economic growth

B. educated and skilled workforce

C. lots of scientists

D. self-destructive habits could be corrected by leadership, money for public health programs, & correcting public health programs