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# Medford Lakes School District Covid-19

2021-2022 School Year

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## Authors

Medford Lakes School District Nurses

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### QUESTIONS AND ANSWERS

#### Definitions

Isolation	Quarantine	Symptomatic
Stay home for a total of 5 days from onset of symptoms (Day 0). Wear a tightly fitted mask when around others at home and in public (indoors and outdoors) for an <b><u>additional 5 days</u></b> .	Stay home for 5 days from the last known exposure. Wear a tightly fitted mask when around others at home and in public (indoors and outdoors) for an <b><u>additional 5 days</u></b> .	Stay home until a <b><u>Negative PCR</u></b> test result is obtained. All household members must quarantine until negative results are received. (Do not send students to school until negative results are obtained.)

**\*\* Vaccinated individuals should contact the School Nurse for additional guidance. \*\***

#### ❏ Question 1

When does my child need to stay home and/or be sent home from school?

#### ❏ Answer 1

**2 of the following:**  
Fever >100\*  
Headache  
Body Aches  
Chills  
Sore throat  
Nausea  
Vomiting/Diarrhea  
Congestion/Runny Nose  
Fatigue

**OR**

**1 of the following:**  
New Cough  
Shortness of Breath  
Difficulty Breathing  
Loss of Taste or Smell

**OR**

Been within less than  
3ft of someone  
diagnosed with  
COVID-19 for a  
cumulative 15 minutes  
or more over a 24 hour  
period

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### ❏ Question 2

When can my child return to school after exhibiting Covid-like symptoms?

### ❏ Answer 2

<p><b>NO COVID-19 TEST</b></p> <p>May return after 5 days and follow specific mask protocols for an additional 5 days</p> <p><b>AND</b></p> <p>At least 24 hours fever free without taking medication</p> <p><b>AND</b></p> <p>Symptoms have improved</p>	<p><b>NEGATIVE COVID-19 TEST</b></p> <p>At least 24 hours fever free without medication</p> <p><b>AND</b></p> <p>Respiratory symptoms have improved</p>	<p><b>POSITIVE COVID-19 TEST</b></p> <p>May return after 5 days with reduced symptoms</p> <p>Following an additional 5 days with specific mask protocols.</p>
<p>Without a submitted positive test result, the 90 day rule of not needing to quarantine <b>will not</b> apply to your child.</p>		<p>Please note, if your child is unable follow the mask protocols, they may be subject to quarantining for the full 10 days at home.</p>

### ❏ Question 3

What Covid tests are being accepted?

### ❏ Answer 3

Currently we are accepting rapid Antigen tests overseen by a healthcare professional and/or a PCR test. **\*\*Note: Over the counter at home tests cannot be accepted at this time\*\***

### ❏ Question 3

What are the mask protocols?

### ❏ Answer 3

When identified as a close contact, regardless of vaccination status, masks must be worn in all indoor/outdoor settings and the student should remain socially distanced (6ft or more) during mask breaks and meals.

- Note: The school nurse will work closely with staff and parents to develop solutions for lunch distancing in case by case scenarios

### ❏ Question 4

If a household member has Covid symptoms, who should quarantine?

### ❏ Answer 4

All household members should quarantine at home until the individual with symptoms has a negative Covid test result.

### ❏ Question 5

If there is a positive Covid-19 case in my child's school, what details can school personnel provide parents?

### ❏ Answer 5

Due to privacy laws, no identifying information will be provided.

### ❏ Question 6

If my child's school does have a positive Covid-19 case, what factors are used to determine who will be required to quarantine?

### ❏ Answer 6

- When a positive Covid-19 case is identified in your child's school, contact tracing will be initiated by the school nurse, Kelley Stenton, in conjunction with Jen Heicklen in accordance with the Burlington County Health Department Guidelines.
- Further instructions will be provided to the parents of the identified exposed student(s) by the school.

### ❏ Question 7

What constitutes an exposure?

### ❏ Answer 7

#### WHAT IS AN EXPOSURE?

Less than 3ft apart for a total of 15 minutes or more during a 24 hour period.

### ❏ Question 8

What is the protocol if 1 of my children has been directly exposed to Covid-19 in an in school setting or an outside of school setting, but the others have not?

### ❏ Answer 8

Siblings of the identified exposed child do not have to quarantine unless they have been directly exposed to the Covid positive individual.

### ❏ Question 9

If my child is quarantined or isolated due to Covid exposure or positive test results, how will learning be conducted?

### ❏ Answer 9

All affected individuals will be set up with live stream learning.

### ❏ Question 10

Who should I contact with any health related questions regarding my child?

### ❏ Answer 10

<b>Nokomos School Nurse</b> Monica Shallow 609-654-0991 x504	<b>Neeta School Nurse</b> Kelley Stenton 609-654-5155 x203
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