

Lisbon Regional School
COVID-19 Student Health Agreement

Pledge overview:

As our Lisbon Regional School community reconvenes for the 2020-2021 school year, the health and safety of all students, faculty, and staff is of paramount importance. The COVID -19 virus is a significant health challenge and it is impossible to know who will develop significant and life-threatening symptoms and who will not. All of us will need to work together to keep ourselves and the entire community safe.

We know how excited students are to be back in school and we share in that excitement. We also know how much you value being part of this special community, and how seriously you and everyone here takes their responsibilities to each other. This year, those responsibilities have particular importance. Our actions can help prevent a friend, a faculty member, or another member of the community from exposure to the virus. Individual behavior and choices play a significant role in slowing and stopping the spread of COVID-19. Physical distancing, use of face coverings, and good hygiene are critical to resume in-person instruction and the completion of a strong and successful 2020-2021 school year.

By contrast, if we do not follow the rules outlined below, the transmission of the disease to another person is far more likely. Additionally, if we do not follow the rules, it will make it more likely that the school will be forced to return to the remote learning experience that defined the end of the last academic year. If we pull together and if we all play our part, we hope to have a safe and healthy school year.

In order to have a successful school year, **ALL** students must agree to follow a set of expectations to minimize the spread of COVID-19 by signing this Student Health Agreement. These standards are recommended by medical and public health professionals and meet or exceed federal and state guidelines. All students who plan to return to school for in-person instruction must commit to the expectations below. Please discuss these agreements and the rationale with your parents or guardians before signing.

Sincerely,

Lisbon Regional School Administration

Student Health Agreement

Behavioral Expectations

- I will wear a face covering that covers my nose and mouth when in school, except when mask breaks are given or when eating. **Two-ply masks are required.** Students may not use bandanas or gators for a face covering.
- I agree to sanitize my hands with soap and water or hand sanitizer thoroughly and frequently throughout the day.
- I agree to maintain a physical distance of six feet from other people in communal spaces on and off school grounds during school related events.
- I agree to stay to the right in the hallways, maintaining a physical distance of 6 feet from others. (There will be tape in the hallway as a divider).
- I agree to walk immediately to my next class during passing times. I agree there will be no stopping in the hallways during transitions and I will wait until everyone in the classroom I am entering has left the room. Teachers will assign bathroom breaks to avoid overcrowding the bathrooms (no stopping for bathroom during transitions unless there is an emergency). Students will have staggered dismissals for lunch and exiting at the end of the day.
- I understand that lockers will not be used this year and it is my responsibility to keep my personal belongings with me at all times.
- I agree to clean my desk area regularly and disinfect surfaces that may carry the virus.
- I agree to having my temperature taken and will honestly answer the questions asked of me each day. I will follow all instructions given to me by any staff member.
- I agree to follow all rules and regulations outlined by the bus company (if applicable) as well as the custodial and cafeteria staff.

Personal Care

- I agree to participate in the education and awareness orientation the week of August 31st.
- I agree that I will monitor myself daily for symptoms of COVID-19 including taking my temperature. I agree to contact my local health center if I have COVID-19 symptoms.
- If I am not feeling well, I will not attend school and parents will contact the office. **Parents may excuse a child if they are not feeling well due to COVID-19 symptoms.**
- If testing positive for COVID-19, I agree to be tested again upon my return to school and will quarantine until the results are returned.

Evolving conditions

Recognizing that the COVID-19 situation evolves rapidly, Lisbon Regional School may have to adjust guidelines quickly. Updates will be e-mailed directly to all students and parents if there is a significant change in protocols.

Quarantine, isolation, and contact tracing

- Contact tracing is a vital technique to detect and isolate COVID-19 cases. It is the identification of people who may have been exposed to the virus. It is critical that students respond accurately to any questions asked in regards to potential contacts to contain the virus. Understanding the importance of contact tracing, I agree to respond quickly and accurately to any contact tracing requests that I receive in order to protect the health and safety of other community members.
- Quarantine and isolation are important mitigation efforts that can help reduce the spread of COVID-19. Both terms refer to separating someone from the rest of the community for a time because that person may have been infected with the virus (quarantine) or has symptoms of COVID-19 and/or has a positive COVID-19 test (isolation).
- I agree to isolate if I test positive or have symptoms for COVID-19, as instructed by the school until picked up by a parent.
- I agree to quarantine for 14 days if I am identified as a contact of anyone who has been determined to be positive for COVID-19.
- I agree to quarantine if I have been tested for COVID-19 and am awaiting results of that test.

Violation of the agreement

Compliance with these expectations is **non-negotiable**. Students who have concerns about adhering to the expectations above should not plan to return to school for in-person learning. If a student violates any of these expectations while at school, they will be given one warning and then sent home if further infractions occur.

- I understand that as a consequence of failing to uphold these standards, I may be subject to disciplinary procedures, including being asked to leave school immediately.

Pledge of commitment

- I agree to the expectations outlined in the COVID-19 Student Health Agreement in support of in-person classes at Lisbon Regional School for the 2020-2021 school year.
- I understand my decisions and behaviors potentially impact the health and safety of all members of the community, including my fellow students, employees of LRS, and my own well-being.
- I understand I may be asked to leave school and may face disciplinary consequences if it is determined I did not uphold the expectations outlined above.
- I have discussed these agreements with my parents or guardians.

Student Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

This agreement was developed based on work done by Gettysburg College and Cornell University in conjunction with the New Hampshire K-12 Back to School Guidance publication from the New Hampshire Department of Education..