

# *Comprehensive Sexual Health Education Instructional Materials Review*

## Positive Prevention PLUS (Elementary)

**Year Published/Revised:** 2017

**Publisher:** Positive Prevention PLUS

**Website:** <https://positivepreventionplus.com/>

**Full or Supplemental:** Full

**Grade Level:** Elementary (4-6)

**Student Population:** General

**Duration/Number of Lessons:** Seven lessons

**Format and Features:** Teacher, student and parent materials, print and downloadable materials; Student workbooks available in Spanish and English

**Evidence-based/informed:** Evidence-based

**National Standards Alignment:** National Health Education, National Sexuality Education Standards; Social Emotional Learning strategies

**Consistent with WA Health Education Standards?** Yes

**Consistent with WA Comprehensive Sexual Health Education Act?** Yes

**Consistent with AIDS Omnibus Act?** Yes

**Inclusive Materials/Strategies:** Yes

**Bias Free Materials:** Yes



Washington Office of Superintendent of  
**PUBLIC INSTRUCTION**

## Primary Subject Areas and Topics Required by Law:

- ☒ Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- ☒ Growth and Development/Puberty
- ☒ Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- ☒ Prevention (general)
  - ☒ HIV/AIDS Prevention
  - ☐ Pregnancy Prevention
  - ☒ STD Prevention
  - ☐ Health Care and Prevention Resources
- ☒ Healthy Relationships (general)
  - ☐ Affirmative Consent
  - ☐ Bystander Training
  - ☒ Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
  - ☒ The development of meaningful relationships and avoidance of exploitative relationships
  - ☒ Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

## Reviewer Comments:

### *Reviewer 114*

I found this to be an exceptionally well-designed curriculum with excellent teacher resources. The curriculum was inclusive to diverse genders and sexualities, comprehensive in scope, and up to date. The relationship examples were relevant and engaging.

Additional materials are provided to adapt curriculum for diverse student abilities.

This is a well-designed, inclusive and easy to follow comprehensive curriculum. It does a great job leading the teacher through the curriculum and providing ample resources for teacher development. Activities are relevant and meet state standards. Very high quality.

### *Reviewer 105*

The curriculum as a whole is solid in content though I wouldn't use the videos or slides and would re-write the worksheets to make them more inclusive. Everything is provided in pdf/locked form so you would have to re-create from scratch. Slides conflated sex and gender, but the lesson plan was accurate.

Teacher notes in the margins are helpful. Many of the supplemental resources are directed at teaching older students than grades 4-6.

Images of bodies are normative. The bullying lesson strongly focuses on avoiding harm and only



has a small mention of not causing harm. Confusing that sexting was included in the examples of sexual abuse. You would want to update scenarios to be more relevant. Curriculum frequently reinforces gender roles.

*Reviewer 110*

I think there's a lot of great lessons in this curriculum. The way it is set up would cut down on teacher prep time quite a bit. However, I couldn't preview the PowerPoint presentations, so I don't know how inclusive or representative the images are in those presentations. There is not a lesson dedicated to gender identity, but they do address it in other lessons in the high school and middle school curriculum. I also appreciate that there is a different curriculum targeting toward special populations.

*Accuracy Analysis Reviewer 125*

p. 207 in Elem: glossary term Abortion should be better described as "...most often performed in the first trimester" (92% of abortions are performed < 13 weeks); 28 weeks is misleading

p. 212 Elem: glossary term Feminine take out "especially delicacy or prettiness"

p. 213 Elem: glossary term Gynecologist change to "in the diseases and routine physical care of the reproductive system of females"

p. 215 Elem: glossary term IUD change to "A small plastic T shaped device that is placed inside the uterus to prevent pregnancy" Also glossary term Latex Barrier add "and prevent STI/HIV"

p. 216 Elem: glossary term Masculine take out "especially strength and aggressiveness"

p. 217 Elem: glossary term OTC take out "physician" (as other health providers are able to write prescriptions)

p. 221 Elem: glossary term STI - looks like HPC should be changed to HPV?

p. 223 Elem: glossary term Tubal Ligation should read , "...tubes are cut, tied, or blocked..."

Upper Elem curriculum:

p.15 video link to story is no longer available - needs updated link.

p. 198 and p. 203 CDC Express Your Health Activity Book - link needs update, not sure that book is still available

p. 102 Web MD link was updated in 2019 entitled "All About Menstruation" also Proctor & Gamble link leads to main page so delete educators and parents in the link. Not able to find parent resources

p.152 The Canadian AIDS Information link is not available

p. 168 delete "activity#1" to get to the page for National Center for Environmental Health; also FDA Kids and Teens page is a bad link. Are you meaning to connect to the Food Safety for Kids & Teens page?

Overall loved the comprehensiveness of the curriculum that was evidence-based and provided a lot of good resources.

*Accuracy Analysis Reviewer 124*

Focused on medical inaccuracies- none found.

