### What is Covid-19?

- Coronavirus (COVID-19) is a contagious virus that can be passed from one person to another by...
- Direct contact (within 6ft) with someone who is sick
- Sneezing, coughing or talking (droplets)
- Touching a surface infected with the virus and then touching your eyes, nose or mouth



### **Coronavirus Explained by a Superhero**



This Photo by Unknown author is licensed under CC BY-SA

What can we do to help prevent the spread of Covid-19?

- Wash hands frequently with soap and water for at least 20 seconds
- Use hand sanitizer when you can't wash your hands
- Cough or sneeze into your elbow
- Social distance (6ft) whenever possible
- Avoid touching your face with unwashed hands
- Wear your mask (unless you are unable to for medical reasons)
- Stay home if you are feeling sick and avoid being around others who are sick



- It is important to leave our masks on when we are in the school building and on the school bus.
- Masks help prevent the spread of germs.
- Masks should cover both our nose and mouths.
- Your mask should remain on your face anytime you are in the building unless you are eating. Your mask can come off when you are outside but try to keep a safe distance when interacting with peers.



Some students can't wear a mask for medical reasons or sensory concerns.

We need to be kind and respectful to all students.

It is a teacher's job to enforce who needs to wear a mask.

# Donning and Doffing Face Masks

https://www.youtube.com/watch?v=o k7VBV3czw



## Social Distancing



<u>s Photo</u> by Unknown author is licensed under <u>CC</u>

- Try to stay at least 6 feet away from others, whenever possible.
- This is especially important when we cannot wear a mask (recess and while eating)
- How far is 6 feet?
  - A standard couch or sofa
  - The width of a car
  - The size of an average man wearing a top hat
  - 2 golden retrievers standing nose to tail
  - The length of the LM logo in the front office





Things might look a little different this year, but we can still make it a great school year!

#### We Can't.....

- Hug, high-five, fist bump
- Gather in big groups (Assemblies)
- See each other's smiles when wearing a mask

#### But we can....

- Air high-five, thumbs up
- Get to know our peers and build strong relationships
- Say hello, ask how someone's day is going, give compliments