

## **COURSE DESCRIPTIONS**

### Electives 9-12

#### **FINE ARTS**

Art History .....(36 Lesson) 1.0 Credits

This course combines two 1-semester courses (Art History: Ancient to Gothic and Art History: Renaissance to Modern) into a single year-long course. The course begins with a general discussion of art and the place of art in the development of human civilization. It introduces man's earliest reflective art form—cave paintings—and moves forward in time through the art of early civilizations of the Middle East, Rome and Greece, India, China, and Japan. The second semester of Art History begins with a study of the Renaissance period in European art, and continues through the rich Baroque and Rococo periods in Europe, followed by studying the impact of Romanticism on art and the development of Impressionism. Late 19th and early 20th century developments, from Surrealism to Cubism, are explored.

Art in World Cultures.....(18 Lesson) 0.5 Credits

Who is the greatest artist of all time? Is it Leonardo daVinci? Claude Monet? Michelangelo? Pablo Picasso? Is the greatest artist of all time someone whose name has been lost to history? Students will learn about some of the greatest artists while also creating art of your own, including digital art. Students explore the basic principles and elements of art, learn how to critique art, and examine some of the traditional art of the Americas, Africa, and Oceania in addition to the development of Western art.

Music Appreciation.....(18 Lesson) 0.5 Credits

This course will provide students with an aesthetic and historical perspective of music, covering a variety of styles and developments from the Middle Ages through the 21st Century. Students will acquire basic knowledge and listening skills, making future music experiences more informed and satisfying.

#### **BUSINESS/TECHNOLOGY**

Accounting-Corporation.....(36 Lesson) 1.0 Credits

Students navigate learning paths based on their level of readiness. This course covers the following topics: basic terminology, basic transactions and financial statements, journal entries, adjusting entries, closing process and financial statements, and merchandising accounting.

#### Accounting-Sole Proprietorship.....(36 Lesson) 1.0 Credits

Students navigate learning paths based on their level of readiness. This course covers the following topics: basic terminology, basic transactions and financial statements, journal entries, adjusting entries, closing process and financial statements, and merchandising accounting.

#### Financial Literacy.....(36 Lesson) 1.0 Credits

Topics of Personal Finance are covered including: checking accounts, bank statement reconciliation, cost of home ownership, interest, mortgages, stocks and bonds, insurance, budgets, banking, and managing money.

#### International Business.....(18 Lesson) 0.5 Credits

This course is designed to help students develop the appreciation, knowledge, skills, and abilities needed to live and work in a global marketplace. It takes a global view on business, investigating why and how companies go international and are more interconnected.

#### Keyboarding.....(36 Lesson) 1.0 Credits

This course is great for beginners or experienced typists that need to quickly improve their speed and accuracy 10-20 wpm. Speed and accuracy are emphasized on short timing drills. Lessons cover alphabetic and punctuation keys. The majority of timing drills are 15-second, with 30-second, 1-minute, and 2-minute timing drills.

#### Learning in a Digital World.....(18 Lesson) 0.5 Credits

In Learning in a Digital World you will get the tools to navigate this exciting and always changing world. Learn about real-world issues and how to solve real-world problems through interactive and hands-on assignments. Discover what it means to be a responsible digital citizen, expand your digital literacy, and become a successful online student. Consider the best ways to find, create, and share information, learn to maximize information and communication technologies, and explore digital content creation, from emails and blogs to social media, videos, and podcasts. 855-246-4223 (Aim-4ACE) 25

**Life Skills: Navigating Adulthood** What do you want out of life? How do you achieve your dreams for the future? These can Grades 9-12 be difficult questions to answer, but with the right tools, they don't have to be. This course .5 credit will encourage you to learn more about yourself and help you to prepare for the future. You will explore

goal setting, decision making, and surviving college and career. You will also discover how to become a valuable contributing member of society. Now is the time to take action. It's your life, make it count.

#### Marketing I.....(18 Lesson) 0.5 Credits

Students will learn about the role of marketing in business in addition to the basics of business management, customer service, and economics. Furthermore, students will examine how to identify target markets, perform market research, and develop successful marketing strategies. Finally, the legal and ethical considerations of business and marketing are discussed along with the impact of government on business.

#### Marketing II.....(18 Lesson) 0.5 Credits

Engage with the marketing mix by studying understanding branding, advertising, promotion strategies, and more. Learn about effective sales techniques and discover employment opportunities to pursue a career in this exciting field!

#### Microsoft Excel.....(18 Lesson) 0.5 Credits

Discover the real world uses of Microsoft Excel and its impact upon business, academic, and personal applications. Move from inserting and manipulating data, to working with tables, charts, graphs, and calculations.

#### Microsoft Word.....(18 Lesson) 0.5 Credits

Learn to effectively and efficiently use one of the most common tools of business, school, and personal correspondence – Microsoft Word! You will learn not only how to create word-processing documents like letters and reports, but how to style them using fonts, colors and editing tools. Discover how to format documents, create tables, use bullets and numbering, and insert images.

#### Personal & Family Finance.....(18 Lesson) 0.5 Credits

How do our personal financial habits affect our financial future? How can we make smart decisions with our money in the areas of saving, spending, and investing? This course introduces students to basic financial habits such as setting financial goals, budgeting, and creating financial plans.

Social Media.....(18 Lesson) 0.5 Credits

Have a Facebook account? What about Twitter? Whether you've already dipped your toes Grades in the waters of social media or are still standing on the shore wondering what to make of it all, learning how to interact on various social media platforms is crucial in order to survive and thrive in this age of digital communication. In this course, students will learn the ins and outs of social media platforms such as Facebook, Twitter, Pinterest, Google+, and more.

## **HEALTH/PE**

Advanced PE.....(18 Lesson) 0.5 Credits

This course guides students through an in-depth examination of the effects of exercise on the body. Students learn how to exercise efficiently and properly, while participating in physical activities and applying principles they've learned. Basic anatomy, biomechanics, physiology, and sports nutrition are all integral parts of this course.

Fitness Fundamentals I.....(18 Lesson) 0.5 Credits

This course is designed to provide students with the basic skills and information needed to begin a personalized exercise program and maintain an active and healthy lifestyle. Students participate in pre- and post-fitness assessments in which they measure and analyze their own levels of fitness based on the five components of physical fitness: muscular strength, endurance, cardiovascular fitness, flexibility, and body composition.

Fitness Fundamentals II.....(18 Lesson) 0.5 Credits

This course takes a more in-depth look at the five components of physical fitness touched on in Fitness Fundamentals I: muscular strength, endurance, cardiovascular health, flexibility, and body composition. This course allows students to discover new interests as they experiment with a variety of exercises in a non-competitive atmosphere.

Health.....(18 Lesson) 0.5 Credits

This course presents students with a clear look at the health issues facing humanity today. Students evaluate their own level of health and examine areas of health risks, nutritional needs, exercise, drugs, self-care, environment, and safety. This is a hands-

on course where students learn to take charge of their own health by practicing preventative health habits.

Physical Education with Health.....(36 Lesson) 1.0 Credits

Students choose their own physical education activities while completing lessons and activities about health. Some of the topics covered include: peer and family relationships, drug and alcohol abuse, AIDS, diet, and time management.

## **WELLNESS**

Exercise Science.....(18 Lesson) 0.5 Credits

This course guides students through an in-depth examination of the effects of exercise on the body. Students learn how to exercise efficiently and properly, as well as how to motivate themselves and others. Basic anatomy, biomechanics, and physiology will serve as a foundation for students to build effective exercise programs. The study of nutrition and human behavior is also an integral part of the course to enhance the student comprehension of this multifaceted subject.

Flexibility Training.....(18 Lesson) 0.5 Credits

This course focuses on the often-neglected fitness component of flexibility. Students establish their fitness level, set goals, and design their own flexibility training program. They study muscular anatomy and learn specific exercises to stretch each muscle or muscle group. Students focus on proper posture and technique while training. They also gain an understanding of how to apply the FITT principles to flexibility training. This course explores aspects of static, isometric, and dynamic stretching, as well as touches upon aspects of yoga and Pilates.

Health and Personal Wellness.....(18 Lesson) 0.5 Credits

This comprehensive health course provides students with essential knowledge and decision-making skills for a healthy lifestyle. Students analyze aspects of emotional, social, and physical health and how these realms of health influence each other. Students apply principles of health and wellness to their own lives.

Health: Life Management.....(18 Lesson) 0.5 Credits

You'll explore lifestyle factors that can influence your health, from how you interact with others to how best to make decisions about your health care. You'll also have the opportunity to create a plan for improving your health, and you'll learn how to create a healthy environment with family and friends to help you achieve your health goals.

## **CAREER EXPLORATION/LIFE EXPERIENCE**

ACT Prep.....(18 Lesson) 0.5 Credits

This course will introduce students to the ACT test. Students will be provided an overview of the test as well as test tips to help them succeed.

Life Management.....(18 Lesson) 0.5 Credits

Skills Life Management provides students with an opportunity to look at their lives in terms of self-examination, self-actualization, community involvement, personal health, money management skills, college planning, resource and time management, and career options. The course stresses a reflective, as well as an analytical, approach to life skills and includes journal writing as an integral element of the course.