



Zipper

Challenges

Trusting
Others

Working
Together

Holding Pool
Noodle
Properly

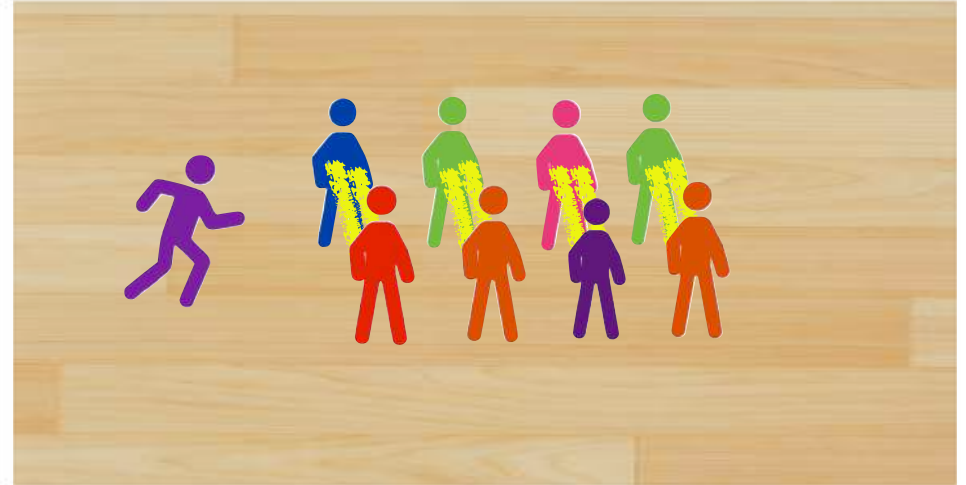


Rules of Play

- The goal is to build trust by having players run one at a time through two lines of players each holding a pool noodle
- Form groups of 8 to 12 students
- Give each player a large pool noodle and ask the group to line up in two lines facing each other, one or two paces apart, holding their pool noodles so that they stick out from their belly.
- Explain to students that the space between the two lines should look like a zipper
- Select a player from the group and their task is to run through the zipper
- As the running player approaches the noodles, players lift the noodles like a zipper opening (it will look a bit like a wave)

Variations and Progressions

- Car Wash: Players don't lift the noodles as other players run by, but keep them out for the runner to hit. The next player in line can start running after the first player has past the first couple of noodles



Game Info

Equipment

1 Large pool noodle per player

Safety

Advise student to not stand too close together when forming the zipper for other players to run through

Discussion

Why is trust important when playing this game?

Why is it important for the “zippers” to work together?

How should you hold the pool noodle so it is easier to lift up?