



# World Cup

Challenges

Speed Vs  
Control

Teamwork

Communication

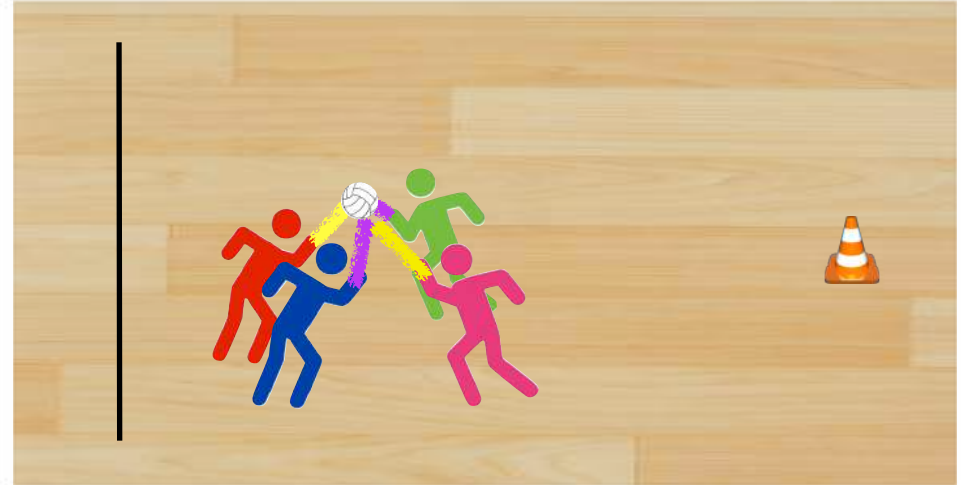


## Rules of Play

- The goal is to carry a ball as far as possible as a team using pool noodles.
- Divide students into teams of 6-8 people
- Give every player a large pool noodle and give every team a large ball (volleyball or gatorball)
- Set a starting line and a turnaround point for each team
- The teams stand on the starting line and work together to lift the ball with the noodles - no one may touch the ball with their hands
- Once the ball is over their heads the team must move as a group to the turnaround point and back to the starting line without dropping the ball.
- If the ball falls, the entire team returns to the beginning and starts over
- The first team to make it to the turnaround point and back wins

## Variations and Progressions

- Each team sees how far it can travel in a specified time
- Use a lighter beach ball if teams are having trouble carrying a volleyball or gatorball



## Game Info

### Equipment

One large noodle per player, One large gator ball, volleyball or beach ball per team

### Safety

Make sure teams are spread out far enough so no teams accidentally bump into each other when moving

## Discussion

*Is it better to walk as fast as possible or slow and controlled?*

*How can your team work together to carry the ball?*

*What is the best way to communicate instructions in the team?*